

Good Backups are Like Money in the Bank

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How many times have you seen a starter on any team replaced by his back-up, and it changes the whole outcome of the contest? How many times have you seen a back-up man replace a starter, and there is very lit-

tle difference in performance? Virtually everyone wants to be the #1 man at his position. Besides themselves, who cares about the #2 or #3 men on the depth chart? I have witnessed many times in my athletic career just how critical the #2 and #3

man are to a team's success. The strength of any team lies in the strength of their second and third stringers.

Many times teams don't understand how important the reserves' role is. Maybe the coaches don't emphasize their value.