



Cornell University's "Team Concepts Camp"

By Tim Monahan

Back in the spring I was approached by a friend who asked if I would be interested in attending a team camp during the summer with him and his wrestling team. I asked where they were going and he said

that they would be attending Cornell University's 'Team Concepts Camp'.

When I heard this I jumped at the opportunity to witness wrestling instruction from one of the truly outstanding wrestlers in the United States, Cornell

Head Coach Rob Koll.

Minisink Valley Warrior Head Coach Kevin Gallagher took 22 wrestlers to Cornell and allowed me to accompany them.

Needless to say, the week of June 29th