

came from Channel Island H.S. in Southern California. It was during the first season at Poway where the recently retired Dr. Munday showed up in the wrestling room and introduced himself to Coach Branstetter. It didn't take very long; he proceeded to demonstrate several wrestling moves and holds to the wrestlers. "He never left" Branstetter said. "He has always been there over the years to support the wrestling program. Whether it was for new uniforms, a new scale or to sponsor a kid to a national wrestling tournament, 'Doc' was always there for us."

It was this first meeting twenty-five years ago where they started a life long friendship and a common passion for the sport of wrestling. Each believed that wrestling molds young men of character. Throughout these many great years, Dr. Munday was always very supportive of the Poway program; yet, Branstetter was more than surprised when Dr. Munday approached him in the early part of 2001, and wanted to do something "substantial" for the program and donate \$1 million dollars to the wrestling foundation. Dr. Munday's vision of a training facility that would attract and support young people as they develop their wrestling skills has become a reality with his generous donation.

Prior to Dr. Munday's retirement in the Poway area in 1978, he had a successful medical career in New York City, and wrestled at the University of Missouri from 1927-1931, where he competed in the 115 pound weight class. He has always said that wrestling had a positive, long lasting effect on him, one that he believes Branstetter also instills in his wrestlers at Poway High School. Moreover, Dr. Munday believes many things, such as honesty, loyalty, good sportsmanship, courage, and respect for authority is all key ideals to developing young people into productive adults and good citizens.

The construction for the \$1.35 million dollar facility (bearing Dr. Munday's name) began in August 2001 and was completed in March 2002. The dedication ceremony was held on April 28, 2002. Many were in attendance, which included Dr. Munday, his wife and son as well as a few hundred friends and supporters of Poway wrestling. Additional monies needed to complete the facility above Dr. Munday's gift were raised and contributed by Poway families, City of Poway, and the Poway Unified School District. The process to design and construct the facility took twelve months, which is 50% less than similar school facilities built in California. All who participated in the design and construction helped accelerate the process to insure Dr. Munday could see his vision come true.



The following is what Coach Branstetter has amassed the past twenty-five years.

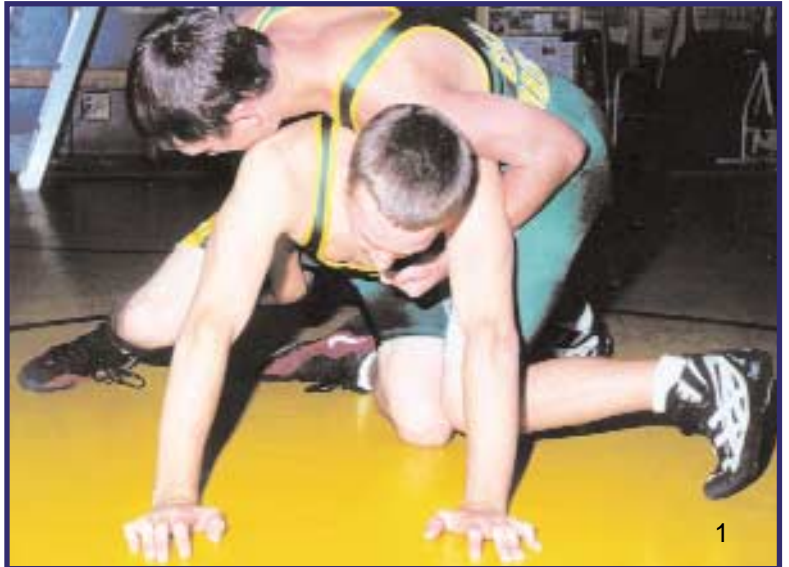
- 2 California H.S. State Team Champions 1986 & 1999 (one division)
- 13 times placing top 5 team finish at California State H.S. Championships (one division)
- Dual meet record: 291-4-1 (including 157 straight dual meet victories) (1973-1992)
- 21 straight CIF Division Championships (1982 - Present)
- 19 CIF Masters Championships
- 24 League Championships, including 23 straight (1978 - 2000)
- 126 Individual CIF Division Champions
- 70 Individual CIF Masters Champions
- 57 Individual California H.S. State Placers (one division)
- 4 Individual California State H.S. Champs (Shane Roselle '88; Brody Barrios '99 & '00; Fred Wong '00 and Paul Baird '02)

Coach Branstetter has received many awards himself over the years and they include:

- 2001 National Wrestling Coach of the Year - National Federation of State High School Associations
- 1998 National Coach of the Year - National High School Coaches Association
- 1997 Inducted into National Wrestling Hall of Fame (Stillwater, OK) - Lifetime Service Award
- 8 times voted San Diego Coaches Association "Coach of the Year"
- North County Times "Coach of the Decade" - (1980-1990)
- 1993 Coach of the Year - California Coaches Association



The Top



1-The opponent has jumped up into a spiral ride. The offensive man has braced his back into the opponent, stepped up his right leg.