

Coach and Wrestler - Perfect Partners

By Carol and Patrick Milkovich

2x NCAA Champion and
Distinguished Member of the National Wrestling Hall of Fame



How much more successful could your wrestling team be if the coach and all the wrestlers fit the description of "perfect partners"? How many times does our team not fit that term, and what does it cost us

when we cannot work effectively together and support each other? Throughout my long wrestling career, I have been on both ends of that partnership, and I have learned quite a bit about what makes a coach and his wrestlers become perfect

partners.

The coach needs to exemplify everything that he wants his team to be. It should be apparent to anyone involved with him that he possesses and exhibits the same high standards of excellence, expecta-