

Michael Martin: Like father, like son

By Paul White

For years he has been considered "The Golden Child" of Virginia wrestling, a young man with athletic bloodlines so impeccable that success seemed preordained from his first day on a mat.

But Michael Martin didn't leave anything to chance. He soaked up technical expertise to the point where he now can show even his coach a new move or two.

He developed his mind to the point where he could block out the pain of his

most severe injury to engineer four of his greatest victories.

He attacked weightlifting with a maniacal zeal so that if his slick moves didn't get you, his rib crunching strength would. Martin, a four-time state champion and the