



Girls Wrestling Girls in Washington State

By Jim Meyerhoff

In the state of Washington over the past ten years, a few girls have been members of school wrestling teams. In most cases they have wrestled the boys. During the 2002-2003 school year 156 girls were members of high school wrestling teams. There have also been a few girls-only tournaments to give the girls

the opportunity to wrestle other girls.

In order to encourage girls to participate in wrestling, the WIAA Executive Board approved a girls Invitational Tournament in conjunction with the 2004 Mat Classic XVI, the Washington State High School Wrestling Championships annually held in the Tacoma Dome.

In order to participate in the girls invitational event, a girl must have been a member of her high school team during the 2003-2004 wrestling season and must have had a minimum of four matches wrestled. Participation was by application only. Seventy girls registered and 68 girls showed up to wrestle. They weighed-in on