



...On the "ME" in Team

By William Welker

We have often heard the expression -- "There is no 'I' in team." Well, there is an "M" and "E" in team, and that spells "me." Leave it to Bill Welker to add a different twist to an old accepted adage. So let us now look again at the flip side of the

"we are team" coin.

I do believe there is a "me" in team dynamics. To begin with, when individuals first commit themselves to any athletic contest, they do so for the "me" purpose of making a name for themselves in that sport. Is that wrong? No.

We all have an ego that says "achieve!" Anyone who says differently is just unwilling to face the realities of human behavior. Consider the following.

Many of my readers have participated in sports. This means they were involved in many, many practice sessions, competing