

Kendall Cross

By Bob McPhee

Maine State Editor

There are a few individuals who's sheer presence has the ability to capture the attention of every one, Kendall Cross certainly was able to communicate the importance of developing a strategy early on in a quest to achieve success in athletics and throughout life.

That was the point of emphasis conveyed when the Olympic champion shared his insights during a private clinic Friday night at Scarborough High School on November 21. Cross, a 1996 Gold Medal winner at the Atlanta Olympics, also conducted a clinic on Saturday at Noble High School, prior to the annual Maine Amateur

Wrestling Alliance Takedown Tournament. "I don't care what your (path) is in life," Cross said. "Wrestling is a microseism of life because in order to be successful, there will be (adversity) along the way. When you are out on the mat, it's just you against your opponent, but there's so much more that goes in to it. In the beginning, it's