

Team Excel Impacts Colorado Wrestling

Over the past ten years, the Team Excel wrestling organization has continued to grow, having a profound impact on Colorado wrestling. Steve Knight, Head Coach and Executive Director of Excel Wrestling commented, "Absolutely, Colorado wrestling is coming on strong. If our organization has played a

part in that, I'm appreciative that we were given the opportunity. It's all about the kids and their futures, that's where we put our focus."

When Knight says "kids", he's really referring to all levels of the Team Excel organization. Team Excel happens to be one of the only wrestling operations nationwide that impacts the lives of ath-

letes at every stage from youth to the Olympic level. The Team Excel senior level team trains at the US Olympic Center in Colorado Springs, CO. The youth and high school programs run year round in both North and South Denver with a summer program in Estes Park, CO.

Part of the reason Knight's wrestlers have stepped it up is because of their com-