



Best 2004 High School Sophomores & Freshmen

By Dan Fickel
National Editor

Editor's Note: Here are rankings of the nation's best 2004 high school sophomores and freshmen. Several factors were considered in determining these rankings. They include: (1) accomplishments at the state high school championships (folkstyle) (2) National Junior Freestyle and Greco-Roman success (3) Cadet National placement (4) performances at prestigious high school tournaments (5) information from coaches and parents (6) state from which nominees hail. Weights are projected and subject to change. An update will be forthcoming. Please send credentials, projected weights for this season, and color head-shot photos of any listed or deserving wrestlers to: Dan Fickel, Wrestling USA Magazine, 10757 Woodrun Drive, Strongsville, OH 44136. E-Mail: dfickel@msn.com Fax: (440) 878-1150.



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T.J. Sebolt



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John Mangini



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Aaron Hart



103
Zach Sanders



103
Kellen Russell



103
Shawn Harris



103
Alex Cournoyer



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Lou Ruggirello

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1. T.J. Sebolt, 10, (Centerville, IA)
2. John Mangini, 9, (Hillsborough, NJ)
3. Aaron Hart, 10, (St. Paris Graham, OH)
4. Jimmy Kennedy, 10, (Grant, IL)
5. Jimmy Conroy, 10, (South Plainfield, NJ)
6. Zach Sanders, 9, (Wabasha-Kellogg, MN)
7. Matt Ortega, 9, (Rio Rancho, NM)
8. Kellen Russell, 9, (Blair Academy, NJ)
9. Shawn Harris, 9, (St. Edward, OH)
10. Ian Moser, 10, (Caesar Rodney, DE)
11. Alex Cournoyer, 10, (Suffield Academy, CT)
12. Lou Ruggirello, 10, (Valley Central, NY)
13. Walker Faison, 10, (Cox, VA)
14. Matt Rosen, 10, (Great Bridge, VA)
15. Caleb Flores, 10, (Northview, CA)
16. Scott O'Donnell, 9, (Oak Park, MO)
17. Jimmy Artis, 10, (Milford, DE)
18. Matthew Kyler, 10, (Clearfield, PA)
19. Connor McDonald, 9, (Sussex Central, DE)
20. Luke Silver, 9, (Bishop Lynch, TX)
21. Pat McCaffrey, 9, (Lombard Montini, IL)
22. Brian Connelly, 10, (Lake Catholic, OH)
23. Justin Paulsen, 10, (Calvary Chapel, CA)
24. Casey Smith, 9, (Wasatch, UT)
25. Tommy Abbott, 10, (St. Mark's, DE)
26. Jake Blake, 10, (Hadley-Luzerne, NY)