

Coaching and Competing

By J.R. Ogden, Cedar Rapids, (Iowa) Gazette

Greg Strobel likes making his coaching life a little tougher. As a matter of fact, he insists on it. In his eighth season as wrestling coach at Lehigh University in Bethlehem, Pennsylvania, Strobel likes to have assistant coaches who

are still competing.

He even makes it a point when looking for an assistant, "it makes it harder on me," he said with a laugh.

Strobel, who utilizes top-ranked 264.5 pound U.S freestyler Kerry McCoy as a volunteer assistant, is not alone. Many college

wrestling coaches have assistants who still compete nationally and internationally.

All but two of the top-rated U.S. Senior freestyle wrestlers are college assistants. Cael Sanderson, who wrapped up an unbeaten career with his fourth NCAA title last March, isn't a wrestling assistant, but