

## **BODPOD® Approved for 2003-04 NCAA Wrestling Season**

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**O**n February 20, 2003, the NCAA Committee on Competitive Safeguards and Medical Aspects of Sports approved the use of air displacement plethysmography using the BOD POD® for assessing the body compo-

sition of male collegiate wrestlers. The committee agreed the technique met established criteria for acceptable body composition measurement for the NCAA Wrestling Weight Certification Program, and was recommended to the NCAA Wrestling Committee as an option for male

wrestlers. This approval is in effect beginning with the 2003-2004 fiscal year and includes all college divisions under NCAA supervision.

The BOD POD Body Composition Tracking System joins a small group of NCAA-approved body composition meas-