



Best 2004 High School Sophomore & Freshmen

By Dan Fickel
National Editor

Editor's Note: Here are rankings of the nation's best 2004 high school sophomores and freshmen. Several factors were considered in determining these rankings. They include: (1) accomplishments at the state high school championships (folkstyle) (2) National Junior Freestyle and Greco-Roman success (3) Cadet National placement (4) performances at prestigious high school tournaments (5) information from coaches and parents (6) state from which nominees hail. **Weights are projected and subject to change.** An update will be forthcoming. **Please send credentials, projected weights for this season, and color head-shot photos of any listed or deserving wrestlers to:** Dan Fickel, Wrestling USA Magazine, 10757 Woodrun Drive, Strongsville, OH 44136
E-Mail: dfickel@msn.com Fax: (440) 878-1150



2003 Asics/Vaughan Cadet National Wrestling Championships. Freestyle 84 lb. match. Conner McDonald, Delaware, won by a technical fall over Nick Shumate, Kansas, 11-0, 1:04. Photo by G. Wyatt Schultz.

103

1. Lance Palmer, 10, (St. Edward, OH)
2. Henry Cejudo, 10, (Maryvale, AZ)
3. T.J. Sebolt, 10, (Centerville, IA)
4. Ben Ashmore, 10, (Bishop Lynch, TX)
5. Aaron Hart, 10, (St. Paris Graham, OH)
6. Jimmy Kennedy, 10, (Grant, IL)
7. Jimmy Conroy, 10, (South Plainfield, NJ)
8. Mike Thorn, 10, (St. Michael-Albertville, MN)
9. Zach Sanders, 9, (Wabasha-Kellogg, MN)
10. Matt Rosen, 10, (Great Bridge, VA)
11. Caleb Flores, 10, (Northview, CA)
12. Lou Ruggirello, 10, (Valley Central, NY)
13. Scott O'Donnell, 9, (Oak Park, MO)
14. Jimmy Artis, 10, (Milford, DE)
15. Derek Moyer, 10, (Oskaloosa, IA)
16. Greg Cannon, 10, (Cascia Hall, OK)
17. Kellen McKim, 10, (Omaha Skutt, NE)
18. Matthew Kyler, 10, (Clearfield, PA)
19. Jason Fairley, 10, (Clarkston, WA)