



**Coaching Education -
"Maximizing Your Resources"**

By Jeff "peanut" Bowyer

This Fall, the National Wrestling Coaches Association (NWCA) debuted our latest coaching education initiative with

the release of two 600-page coaching education manuals for both the scholastic and collegiate communities. This resource guide was put together through a collaborative effort with premier high school and college coaches, scholastic state adminis-

trators and college athletic directors. This manual serves two primary purposes that all coaches will find valuable. First, it will assist with the ever-increasing administrative demands of coaching and secondly, it will serve as a