

Anabolic Steroids: The Serious Cost of Artificial Strength

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Once considered a problem associated only with body-builders and weightlifters, anabolic steroids now are used by athletes in a variety of sports. This includes sports that rely on strength, such

as football and wrestling, and those that depend on endurance, such as track and swimming. Athletes use these drugs to try to gain an "edge" over their competition and as a short cut to building muscle and becoming stronger. Unfortunately, some

athletes are unaware of the dangers of anabolic steroids, while others appear unconcerned about the long-term harm to their health.

What are anabolic steroids?