


  
**2004 Manager-of-the-Year Award**
  
 MAGAZINE

## Angela Meyerhoff

### Emerald Ridge High School, South Hills, Washington

**E**ditor's Note: Over the years this award has evolved. In the past WUSA has honored wrestling managers in addition to what was commonly called "mat maids", a group of young ladies who helped score and run duals and tournaments. Although "mat maids" still exist in some schools, most of the nominations we receive are for individuals who take care of a variety of duties, from statistics, uniform care, and publicity to managing tournaments and dual meets. In many cases they know wrestling well enough to act as assistant coaches. Their leaving after four years can be as big a loss to the program as is the graduation of a top wrestler. – Cal

For some people, involvement in the sport of wrestling seems to be a part of their destiny. Such is the case for our 2004 Wrestling Manager of the Year.

ANGELA MEYERHOFF of Emerald Ridge High School in South Hill, Washington, has grown up in a wrestling family. Her grandfather Jim is a former high school and college wrestling coach. Her father, Jim Jr., is currently the head wrestling coach at Emerald Ridge.

Angela has been the wrestling manager at Emerald Ridge for the past three years and has missed only one practice or competition over that time. The school is only four years old, so she has played an essential role in the growth of the young wrestling program.

Angela's duties have included scor-



ing matches and compiling statistics, video and still photography for the team, daily practice chores, preparing posters for publicity, managing uniform inventories, organizing storage facilities, and attending to medical needs of the wrestlers. At tournaments she helps out anywhere she is needed...from the scoring or pairing tables to helping with concessions. This season Angela helped train three new managers to help the program after she leaves for college at Western Washington University.

Meyerhoff's duties have not been

confined to the Emerald Ridge program. This past February, when an emergency arose with the league tournament, she stepped in and served as match-maker, operating the computer program that ran the tournament. She has helped with activities at the league and district levels, as well as helping in various capacities at the Mat Classic, the all-classification (4 classes, 24 mats) Washington State Tournament. The past three years Angela has worked in the media center, helping keep the 200+ reporters, radio announcers, and TV personnel up to date with results.

Outside of wrestling, Angela is very active also. She has been a four-year member of the Emerald Ridge girls' golf team, serving as captain this past year. As a member of the golf team she was a winner of the South Puget Sound League Scholar-Athlete Award. She is editor-in-chief for the school yearbook and has worked on the school's award winning literary magazine. She has also helped at the Class 3A and 4A State Softball Tournaments for the past six years.

Says Angela's father, who nominated her, "I could not be more proud of any manager. I don't know what we will do without her next year!"

WUSA salutes Angela Meyerhoff for a job well done!

Nominated by Jim Meyerhoff, Jr.