

BOONE, N.C. — Appalachian State's wrestling team swept two matches at the Mountaineer Duals on Saturday, beating Bloomsburg 28-7 and starting Southern Conference competition with a 45-0 victory against Davidson in Varsity Gym.

Laken Cook (157 pounds), Thomas Flitz (165), Forrest Przybysz (174), Alan Clothier (184), Randall Diabe (197), Cary Miller (285), Irvin Enriquez (141) and Gavin Londoff (149) won two matches apiece for the Mountaineers (2-0, 1-0 SoCon).

MATCH ONE: App State 28, Bloomsburg 7

Starting at 157 pounds, App State built a 20-0 lead by winning the first six matches before closing with major decisions from Enriquez and Londoff.

Cook and Flitz began the Bloomsburg match with 11-2 and 12-1 major decisions, and Przybysz posted a 6-2 decision. Clothier won a 2-1 decision against Trevor Allard by accumulating more than a minute of riding time during a sequence in which a lengthy escape allowed Allard to enter the third period with a 1-0 lead. Clothier opened the final period with a one-point escape and had exactly one minute of riding time, the minimum to gain an additional point, when the match ended.

Diabe's 8-4 decision pushed the Mountaineers ahead 17-0, and Miller won a 2-1 decision against Bruce Graeber. Trailing 1-0 as he entered the final period in the down position, Miller received two points in quick succession when he completed an escape moments after Bloomsburg committed a one-point violation for a hand lock.

Bloomsburg cut into its deficit with two straight victories before Enriquez and Londoff won 9-1 and 10-1, respectively.

App State 28, Bloomsburg 7

157: Laken Cook (APP) def. Kevin Laubach Jr. (BLM), 11-2 maj. dec.
165: Thomas Flitz (APP) def. Nate Newberry (BLM), 12-1 maj. dec.
174: Forrest Przybysz (APP) def. Kyle Murphy (BLM), 6-2 dec.
184: Alan Clothier (APP) def. Trevor Allard (BLM), 2-1 dec.
197: Randall Diabe (APP) def. Logan Womelsdorf (BLM), 8-4 dec.
285: Cary Miller (APP) def. Bruce Graeber (BLM), 2-1 dec.
125: Willy Girard (BLM) def. Logan Durham (APP), 16-0 tech. fall, 4:07
133: Andy Schutz (BLM) def. Codi Russell (APP), 15-6 maj. dec.
141: Irvin Enriquez Jr. (APP) def. Braden Stahlnecker (BLM), 9-1 maj. dec.
149: Gavin Londoff (APP) def. Evan Campbell (BLM), 10-1 maj. dec.

MATCH TWO: App State 45, Davidson 0

App State won in all 10 weight classes, using two pins and two victories by technical fall to register the SoCon win.

Przybysz won by fall in 3:37, and Logan Durham (125 pounds) won by fall in 46 seconds. The victories by technical fall came from Flitz (17-2 in 5:31) and 133-pound Codi Russell (25-10 in 6:43).

The tightest matches occurred at 184, where Clothier won 7-4 by breaking a tie with a takedown in the final 30 seconds before gaining a point via riding time, and 197, where Diabe won a 2-0 decision. Ahead 1-0 in the final period, he accrued riding time while preventing Konner Pritchard from escaping from the down position.

Cook, Miller (by forfeit), Enriquez and Londoff also contributed wins for the Mountaineers, who wrestle next weekend at the Keystone Classic in Philadelphia.

App State 45, Davidson 0

157: Laken Cook (APP) def. Tony Palumbo (DAV), 12-0 maj. dec.
165: Thomas Flitz (APP) def. Hunter Costa (DAV), 17-2 tech. fall, 5:31
174: Forrest Przybysz (APP) def. Noah Satterfield (DAV), fall, 3:37
184: Alan Clothier (APP) def. Ryan Devlin (DAV), 7-4 dec.
197: Randall Diabe (APP) def. Konner Pritchard (DAV), 2-0 dec.

197: Randall Diabe (APP) def. Konner Pritchard (DAV), 2-0 dec.
285: Cary Miller (APP) won by forfeit
125: Logan Durham (APP) def. Michael McClelland (DAV), fall, 0:46
133: Codi Russell (APP) def. Zamir Ode (D), 25-10 tech. fall, 6:43
141: Irvin Enriquez Jr. (APP) def. Dustin Runzo (D), 5-1 dec.
149: Gavin Londoff (APP) def. Will Baldwin (D), 12-1 maj. dec.

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