



Purchase your NFHS Fundamentals of Coaching Wrestling Course Today!

On behalf of the National Wrestling Coaches Association (NWCA) Board of Directors and our president, Coach Tom Ryan/Ohio State, I want to ask for your support of our efforts to encourage every head/assistant high school and middle school wrestling coach with less than five years of experience to become “NFHS Level 1 Certified.”

To secure this certification, it requires a coach to complete three informative online courses which are as follows:

- NFHS Safety/First Aid course
- NFHS Philosophy of Coaching course
- NWCA Coaching Wrestling course

The need to get our younger coaches certified has never been greater when you consider the following:

- There is a severe shortage of high school wrestling coaches with the average tenure today being 3-5 years.
- Research clearly indicates that better trained coaches will provide a more

educationally based experience for the student-athletes (which will result in much better retention).

- High school participation in wrestling has dropped for six straight years and it fell by 10,000 and 7,500 respectively over each of the past two years.
- On average, 29% of high school dual meet matches are forfeits and the average roster size has shrunk from 37/team in 1975 to 24/team today.

So, with all of this in mind, we need your help to identify all head/assistant wrestling coaches with less than 5 years of experience to complete this training so we can substantially improve upon the “vital signs” listed above. If you have not already done so, please go to the following link to register yourself and/or your assistants for one or more of these terrific courses:

<http://nfhslearn.com/courses/5000/coaching-wrestling>

I hope you enjoy the experience and good luck with your wrestling program.

Sincerely,
Mike Moyer

NFHS – NWCA Fundamentals of Coaching Wrestling Course

Overview: This 2-hour, online course is ideal for any junior high or high school coach with less than 5 years of coaching experience. The course was developed through a collaborative effort with the National Federation of State High School Associations (NFHS) and is uniquely designed to help the coach understand key principles outlined in this video.



Click on the picture above to purchase the NFHS Fundamentals of Coaching TODAY!

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You were added to the list by the NWCA as a High School Wrestling Coach.

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