

From: **Brian Keck** info@corncobcamps.com  
Subject: 2019 Corn Cob Camps - BEST UPPER WEIGHT CAMP IN THE NATION!!!  
Date: April 3, 2019 at 7:08 AM  
To: lanny@wrestlingusa.com



Dear Wrestlers Coaches and Parents,

The **CORN COB CAMPS** will take place June 16th - 20th, 2019. This camp will specialize in upper weight wrestling. The top half of all weight classes. All wrestlers are welcome to attend.

**THIS WILL BE THE BEST UPPER WEIGHT CAMP IN THE NATION. NO OTHER CAMP IN THE NATION WILL HAVE AS MANY TOP UPPER WEIGHT CLINICIANS AS THIS ONE HAS. IF YOU HAVE AN UPPER WEIGHT WRESTLER OR YOU COACH AN UPPER WEIGHT WRESTLER, THEY NEED TO BE AT THIS CAMP!!**

The Corn Cob Camps will take place at Simpson College which is just outside Des Moines, Iowa.

**If you need to fly to Des Moines, we will pick your wrestler up at the airport.**

This camp will be for beginners and advanced wrestlers.

We are bringing in 6 of the greatest upper weights in the world. Here is a list of the clinicians. **ALL OF THESE CLINICIANS HAVE COMMITTED AND WILL BE THERE.... ALL FLIGHTS ARE BOOKED.**

**Bruce Baumgartner**

Bruce is one of the most accomplished American wrestlers of all time., winning 4 Olympic medals (2 Gold, 1 Silver, 1 Bronze). 9 World Championship Medals (3 Gold, 3 Silver, 3 Bronze) . Bruce won 12 World cup Medals. NCAA Champion and runner-up.

**Rulon Gardner**

Rulon competed in the 2000 and 2004 Olympics and won the Gold Medal in 2000 defeating Aleksandr Karelin in the final. Karelin was previously unbeaten for 13 years in international competition. This was also the first Olympic Gold Medal won by an American Greco-Roman Wrestler in a full international field. Gardner also won a bronze medal in the 2004 Olympic Games.

**Nick Gwiazdowski**

Nick was a three-time All-American for the North Carolina State Wolfpack - twice a national

champion (2014/2015) and once a runner-up (2016) while competing at the 285 lb. heavyweight division. In 2017 he won a bronze medal at the World Championships.

**Adam Coon**

Adam is a 3x All-American and 2x NCAA Finalist for the Michigan Wolverines. Prior to that he was the 2016 U.S. Open Champ and Olympic Trials Runner-up. He recently made his first World Team on the U.S. Greco-Roman team. **Just recently took 2nd place in the world Greco Roman Championships.**

**Steve Mocco**

Steve won four NJ prep state titles and four prep national titles, two of which were at wrestling powerhouse Blair Academy in Blairstown, New Jersey. He also won three Junior National titles in wrestling. He was a 4x NCAA Finalist and 2x NCAA Champ.

**Gable Steveson (Camp Counselor)**

4x State champion from Minnesota powerhouse Apple Valley. The Golden Gophers commit is a three-time Freestyle world champion and ended his high-school career on a 173 match winning streak. **Gable just took 3rd place at the NCAA Championships as a TRUE Freshman.**

**We welcome ALL SIZES but we specialize in upper-weight wrestling.**

We can **ONLY** accept the first 200 resident campers that register. **This camp will sell out so make sure you register ASAP.**

\$200 deposit required (Non-refundable). Balance due at check-in.

For more information about the camp and to register, you can visit the camp web site at [www.CornCobCamps.com](http://www.CornCobCamps.com)

If you have any questions, feel free to email me at [info@CornCobCamps.com](mailto:info@CornCobCamps.com)

Thanks,

Brian Keck  
Camp Director

CORN COB CAMPS, UPPER WEIGHT CAMP, Des Moines, IA 50309

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