

# Team Montana-Japanese 2017 Cultural Exchange

**What:** Cultural Exchange and Wrestling opportunity to compete in Japan, sponsored by USAW/AAU of Montana.

**Where/When:** We will travel to Japan approximately 6/20/2017 - 6/30/2017 to experience the Japanese culture and wrestle international local Japanese teams.

**Details:**

1. You must be competitive and prepared to wrestle Freestyle internationally.
2. The cost is approximately \$1,900 (most of the cost is airfare and uniform package). Lodging, meals and transportation is mostly taken care of by the host families.
3. We will travel to 3-4 different communities to wrestle different teams. In between competition we will experience local culture and sights.
4. There will be a Freestyle camp June 18 - 19 before we leave Missoula. Details to follow.
5. We will take a team from Montana. Maximum of 16 wrestlers.
6. If you are interested, contact Lanny Bryant to get your name on the list and pay the \$800 deposit to secure your spot. Once the team is full (16 wrestlers) no more will be taken.

**Check payable to:** MT Cultural Exchange

**Mail to:** MT Cultural Exchange  
109 Apple House Lane  
Missoula, MT 59102

Lanny Bryant - Cultural Exchange Chairman  
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John Doe – Coach 406-544-7434