

**From:** Wrestling Mindset mindset@wrestlingmindset.com  
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## Episode 3 of our New Podcast and Youtube Series: **How to Evaluate Fargo**

Fargo Recap, Success Stories, Mental Mistakes, how to access your Performance, and How to Improve from your Fargo Experience.

### Show Notes:

- Making a name at Fargo
- Success Stories at Fargo and "Magic Mike"
- Controlling nerves. Unstoppable Confidence.
- No success in Fargo? What Next?
- Avoid The Honeymoon Phase. Compete Frequently
- How to Evaluate a Match.
- Steps to take After a Match.

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