



Improve Your High School Athletes Eating Habits...**TODAY**



**[free webinar]**

***How to Improve the Eating Habits of Your High School Athletes...TODAY***

**Speaker:** Ronnie Harper Ed.D., ATC, LAT

**Host:** Tavis Piattoly MS, RD, LDN

**Date:** Thursday May 4th  
**Time:** 7:00 pm CST  
**Cost:** Free

## [Register for the Free Webinar](#)

### **What will be covered in the Webinar?**

- Why are High School athletes so challenging when it comes to improving their eating habits? You will be surprised at the answers!
- What is happening in the youth sport culture in the USA today? Does Sports Nutrition have a seat at the table?
- Discover 2 common reactions High School athletes have when they do not see the results they desire.
- Top 10 practical tips to quickly implement in order to improve the eating habits of your athletes TODAY!

**See you in the webinar,**

**Tavis Piattoly MS, RD, LDN**  
**Sports Dietitian**



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You were added to the list by the NWCA as a High School Wrestling Coach.