



## 3 day competition dates set, as well as Christmas break camps and a 2 day Leg Riding Camp

### Jan 4-6 competition camp

Where: My 6500 sq foot training facility near Kansas City Mo. 7710 Se Moore Dr, Holt, Mo. 64048.

Fee: 190: includes meals and overnight stay.

NOTE: Free DVD. If you sign up prior to Dec 25, you will receive a FREE Ground 'n' Pound leg riding Dvd. I have 30 registered so far, so we don't have many spaces left. This is a great tune up camp for the upcoming Tulsa Nationals, which is a tough tough meet. Many kids hit my competition camp prior to this meet, as we will get in 6 hours of live wrestling with great talent, in addition to technique training.

all info is on [www.tonypurler.com](http://www.tonypurler.com) including online registration.

**Leg attack camps:** If your wrestler is timid attacking a good opponent, then choose this camp. Completing the shot is the key, meaning memorizing a scoring routine to complete the shot AFTER the opponent sprawls.

I have 3 dates to choose from, and the schedule is on my site.

**Ground "N" pound leg riding camp:** Two days of learning to leg ride and leg riding defense. I began running these 14 years ago as well, and travel the US to run these for teams and clubs. As with all my camps, these camps are system based, not move based. We will not just blow through a ton of random moves. 90% of a wrestler's points comes from 10% of what they know. And this is what I mean by a system. I'm certain everyone will see the benefit of my camps, and I already have some good kids registered.

Purler Wrestling Academy is also taking registrations for our MO and KS locations.

All info is on [www.tonypurler.com](http://www.tonypurler.com)

### PRIVATE team camps

If you'd like to have me travel to your group for a camp, please email me. It's obviously more affordable for one person to travel/fly as opposed to several.

If interested, please email me at [tony@tonypurler.com](mailto:tony@tonypurler.com)

Purler Inc  
7710 Se Moore Dr  
Holt Missouri 64048  
United States

This email is intended for [lanny@wrestlingusa.com](mailto:lanny@wrestlingusa.com).

[Update your preferences](#) or [unsubscribe](#)