

Montana Japanese Cultural Exchange - MHSA Rules

MHSA rules and regulation must be met. We determined that there two formats to be able to have this event and stay within MHSA Rules:

From: Brian Michelotti <BMichelotti@mhsa.org>
Subject: RE: Montana Japanese Cultural Exchange
Date: December 9, 2014 at 2:16:46 PM MST
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Good Afternoon

In regard to your inquiry about the Japanese Wrestling Team and a cultural exchange event, because this is during the season all MHSA rules and regulation must be met. We determined that there two formats to be able to have this event and stay within MHSA Rules:

1 – Each Missoula area high school wrestling team could have a dual against the Japanese Team. All MHSA and NFHS rules would apply (weight classes, weigh-ins, counting as one contested event, one weigh in towards their 50 % rule, etc.)

2 – You could have a mixer that evening in Missoula. You could invite a variety of different wrestlers from different schools in the area. If a wrestler wrestles in this event, they would be representing their own high school and wear their own uniform, they could only be coached by one of their own high schools certified coaches. This would count as one of their 18 allowed contested events for the season and also the matches would be counted towards the season maximum of 50 matches. Again, all MHSA and NFHS rules would apply (weight classes, weigh-ins, counting as one contested event, one weigh in towards their 50 % rule, etc.). Also, please note the following MHSA rule in regard to mixers:

Schools may utilize the “mixer” format for regular season meets. Mixers are defined as inviting a set number of schools to one location, with meet administration matching up the wrestlers from different schools to provide each participating wrestler the opportunity to compete in several matches that day (pre-determined matches in specific weight classes; not bracketed competition). A mixer is an excellent option for teams that can not fill all of their weight classes. A one-day mixer will count as one contested event towards the season match limitations.

It is very important that **team scores are not kept** if a mixer format is used. Thanks and let us know if you have any questions.