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Subject: NC STATE WRESTLING: Gwiazdowski Makes Third Straight World Team
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The banner features a red background. On the left is the NC State Wolfpack mascot logo. In the center, the text reads "PRESS RELEASE" in large white letters, with "NC State Wolfpack Wrestling" below it. On the right is a circular logo for the "#PackMentality Pop-Ins Podcast" featuring a microphone and a wolf head. Below the banner, contact information is listed: "bcreinha@ncsu.edu" on the left, "Brian Reinhardt @BCReinhardt" in the center, and "919.819.8" on the right.

Gwiazdowski Makes Third Straight World Team

Former NC State national champion advances to World Championships in Kazakhstan

PISCATAWAY, N.J. – Former NC State national champion Nick Gwiazdowski has made the U.S. World Team for the third straight year, winning both of his bouts at Final X. Gwiazdowski took two straight bouts in the best 2-of-3 championship series against Minnesota’s Gable Steveson Saturday night at Rutgers.

Gwiazdowski will will next compete for the U.S. at the 2019 World Championships Sept. 14-22 in Nur-Sultan, Kazakhstan. Each of the last two years, Gwiazdowski took Bronze at the World Championships.

“I train hard and I’m disciplined,” Gwiazdowski said in his post match interview. “I have so many friends and family around me, (this) means a lot to me.”

Gwiazdowski fell behind 1-0 in both of his bouts, but put enough offense together to come away with two straight victories.

In the first bout, Gwiazdowski won on criteria 4-4. After Steveson scored on a passivity point, Gwiazdowski quickly responded with a takedown and held a 2-1 lead at the break. Steveson tied it up with a push out, then scored his own takedown with 1:45 left to take the 4-2 lead. The winning takedown by Gwiazdowski came with 1:01 left on the clock, and he took the first bout.

The second bout also came down to criteria, and once again Gwiazdowski took the bout with a 3-3 win. Steveson once again took a 1-0 lead, on a push out, into the break. Gwiazdowski scored the bout’s lone takedown with 2:15 to go up 2-1. Steveson got an exposure for two points, but Gwiazdowski fought through and was awarded a point of his own and won on criteria.

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