



Technique Thursday



Like What you See? Gain access to the entire video library by becoming a member today!

A scholastic coach's membership is **ONLY \$40** and here are just a few of the terrific benefits you receive:

• Access to over 500 technique videos housed in a video library

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- NWCA Convention presentations provided by international experts covering areas such as sport psychology, sports nutrition, injury prevention, periodization, and much more.
- An opportunity to participate in regular online surveys designed to improve wrestling rules and policies.
- Free Risk Management Course.
- Opportunity to participate in NWCA awards/recognition programs.
- Access to weekly coaching education blogs and a monthly newsletter.
- Click here to view the entire benefit program:
<http://www.nwcaonline.com/nwcawebsite/about/join.aspx>

Please know that our membership revenue is the lifeblood of our association and it helps to fund several critically important NWCA efforts such as:

- Since 2001, we've helped provide startup funds and support for many of the over 160 new college wrestling programs that have been established. Many of these programs are developing tomorrow's scholastic teachers and wrestling coaches.
- We have provided over 500 full scholarships for deserving head/assistant college coaches to go through our CEO Leadership Academy since 2010. This is our primary strategy to keep our existing college teams strong while ensuring a strong pool of well-trained assistants to lead all of the new programs being established.
- We will be releasing a FREE CEO Leadership Academy for all 50,000 middle school and high school wrestling coaches across America in the near future.

With all of this in mind, please take a few minutes to click on the following link so you can join approximately 10,000 wrestling coaches across America who are members of the NWCA:

<http://www.nwcaonline.com/nwcawebsite/about/join.aspx>

<http://www.nwcaonline.com/nwcawebsite/about/join.aspx>

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You were added to the list by the NWCA as a High School Wrestling Coach.

Our mailing address is:

NWCA
PO Box 254
Manheim, PA 17545

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