



# Get your Athletes to the Next Level



**Set training goals that will lead to wins**

Why make it more complicated for your wrestlers with all this talk about body

composition goals, when they can just focus on making weight?

Wrong!

Tracking changes in muscle and fat on the InBody 120 will help your wrestlers succeed at the right weight class for them. Read this article to learn how to set body composition goals for your wrestlers so that they can maximize their potential.

[Click Here to Read](#)

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Check with your State Association to see if InBody is an approved device in your state!

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## InBody Benefits

InBody uses [advanced bioelectrical impedance analysis \(BIA\) technology](#) to provide you with the most accurate body composition measurements.

- Ensure Wrestlers are Properly Hydrated Before and After Each Practice and Match
- Identify your Ideal Competition Weight
- Maximize Performance through the Evaluation of Body Composition and Weight

These advantages may make mFBIA [multi-frequency bioelectrical impedance analysis] attractive to...coaches, officials, and athletic trainers **who question the results of skin fold** testing performed by someone who may not be completely objective or impartial.”

[Evaluation of Multi-Frequency BIA in Assessing Body Composition of High School Wrestlers](#). *Medicine & Science in Sports and Exercise*



## Alan C Utter

PhD, Exercise Physiology

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# Develop Healthier, Stronger Wrestlers with InBody

[Get More Information](#)



"Studies have proved InBody products are the **most accurate body composition analyzer for high school wrestling weight certifications.**"

## Mike Moyer

Executive Director of the NWCA

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**\$1,500.00\*** ~~\$2,500~~

SPECIAL INTRODUCTORY PRICING





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*\*Regular price \$2,500. Prices and product availability are subject to change without notice. All specials and promotions limited to stock on hand. Cannot be combined with other offers.*



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