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Subject: COLLEGE WRESTLING: Oklahoma State moves up after a pair of Top 10 wins
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Oklahoma State moves up after a pair of Top 10 wins

Manheim, Pennsylvania – Oklahoma State picked off a pair of top-10 opponents last week moving the Cowboys back into the nation's Top 10 as the most recent NWCA Division I Wrestling Coaches Poll was released on Tuesday.

Oklahoma State (11-2) beat then-No. 6 Michigan 24-15 at Globe Life Field in Arlington, Texas at the second Bout at the Ballpark and then beat then-No. 8 Missouri on criteria in front of over 5,000 fans at historic Gallagher-Iba Arena in Stillwater.

The top five teams remained steady as Penn State remained unbeaten after wins over No. 4 Ohio State and then-No. 22 Indiana. No. 2 Iowa beat No. 12 Minnesota 18-12, while Iowa State got past West Virginia 20-13 and pesky Pittsburgh 16-15. Cornell locked up another Ivy League title with a pair of wins on the weekend. The Big Red beat Penn and Princeton.

Methodology: The NWCA Division I Wrestling Coaches Poll is voted on by two coaches from each Division I wrestling conference. Each first-place vote is worth 25 points, 24 points from

each Division I wrestling conference. Each first-place vote is worth 25 points, 24 points for a second-place vote, 23 for a third-place vote and so on through to one point for a 25th-place vote. The poll is based on dual meet results.

NWCA Division I Wrestling Coaches Poll February 7, 2023

Rank	Team (First)	Record	Points	Conf.	Previous
1	Penn State (14)	(13-0)	350	Big Ten	1
2	Iowa	(13-1)	335	Big Ten	2
3	Iowa State	(14-2)	318	Big 12	3
4	Ohio State	(12-2)	307	Big Ten	4
5	Cornell	(11-2)	292	EIWA	5
6	NC State	(12-1)	271	ACC	7
7	Oklahoma State	(11-2)	255	Big 12	11
8	Virginia Tech	(8-3)	241	ACC	9
9	Michigan	(9-3)	239	Big Ten	6
10	Nebraska	(9-3)	237	Big Ten	10
11	Missouri	(7-3)	224	Big 12	8
12	Minnesota	(11-3)	188	Big Ten	12
13	Northwestern	(5-3)	173	Big Ten	13
14	Northern Iowa	(7-3)	165	Big 12	14
15	North Dakota State	(10-2)	142	Big 12	16
16	South Dakota State	(11-2)	126	Big 12	17
17	Pittsburgh	(9-3)	124	ACC	18
18	Wisconsin	(7-7)	122	Big Ten	15
19	Arizona State	(6-4)	103	Pac-12	19
20 (tie)	Appalachian State	(9-2)	70	SoCon	20
20 (tie)	Illinois	(6-6)	70	Big Ten	21
22	Indiana	(7-3)	47	Big Ten	22
23	Rutgers	(10-5)	44	Big Ten	23
24 (tie)	Michigan State	(8-6)	27	Big Ten	24
24 (tie)	Penn	(6-5)	27	EIWA	25

Dropped Out: None.

Others Receiving Votes: West Virginia 16, Northern Colorado 15, Cal Poly 9, Lehigh 5, Stanford 5, Air Force 2.

Coaches Poll Publication Dates

Feb. 14, Feb. 21

Mid-Major Poll Publication Dates