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Iowa Women's Wrestling
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Hawkeyes Crown 3 National Champions, Claim Second Straight Team Title

CORALVILLE, Iowa – The University of Iowa women's wrestling team finished the 2025 National Collegiate Women's Wrestling Tournament with three champions and 15 All-Americans. The Hawkeyes brought home their second straight team title with 201.5 total points.

First-ranked **Macey Kilty** defeated North Central's and third-ranked Bella Mir, 7-2, to claim the 145-pound crown. Kilty concluded her 2025 season undefeated going 28-0.

At 160, top-ranked **Kennedy Blades** added to her lengthy resume, beating second-ranked Kaylynn Albrecht of McKendree in the title match by first period tech. fall, 10-0. Blades finished her first collegiate season with a perfect 25-0 record.

First-ranked **Kylie Welker** made quick work of second-ranked Sabrina Nauss from Grand Valley State in the 180-pound finals, winning by tech. fall, 10-0, in 58 seconds. Welker became the program's first back-to-back

national champion. The redshirt sophomore finished the season going 27-0.

Top-ranked **Jaycee Foeller** was the last Hawkeye to wrestle for a title. She fell to second-ranked Tristan Kelly of McKendree, 6-0, to finish runner-up at 207 pounds.

Other Hawkeyes who placed and earned All-American status include **Rianne Murphy** (103, 3rd), **Sterling Dias** (103, 4th), **Ava Bayless** (110, 4th), **Emilie Gonzalez** (110, 5th), **Brianna Gonzalez** (117, 5th), **Cali Leng** (124, 7th), **Emmily Patneaud** (131, 6th), **Nanea Estrella** (138, 3rd), **Reese Larramendy** (145, 3rd), **Naomi Simon** (180, 3rd) and **Alivia White** (207, 4th).

HEAR FROM HEAD COACH CLARISSA CHUN

"They deal with a lot of pressures, and we do a great job being able to manage such vigorous schedules, academic schedules, alongside the training schedule," said Chun. They're amazing, and they really all do love each other so much. We lift each other up and push each other forward, and I'm just so grateful for this team."

NOTABLES

- The Hawkeyes had the most tech. falls (29) in the least amount of time (75:23) in the tournament.
- Iowa grossed the most total match points with 437.
- Nanea Estrella scored the most total match points in the tournament with 70.
- Kennedy Blades was named the tournament's Most Outstanding Wrestler.
- Kylie Welker tied for the most team points in the tournament with 28.



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