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Subject: COLLEGE WRESTLING: Penn State unanimous No. 1 after beating Iowa in battle of Big Ten unbeatens
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Penn State unanimous No. 1 after beating Iowa in battle of Big Ten unbeatens

Manheim, Pennsylvania – Penn State stands alone as the last Division I unbeaten after the host Nittany Lions topped rival Iowa in a No. 1 vs. No. 2 matchup in front of a sold-out crowd of 15,998 at the Bryce Jordan Center. Penn State comes in as the unanimous No. 1 in the latest NWCA Division I Wrestling Coaches Poll on Tuesday.

Penn State (11-0) won six out of 10 bouts in the dual that tied the record for largest indoor dual meet crowd, a record set at Penn State against Iowa in 2018. Iowa remained No. 2.

Iowa State (12-2) moved up to No. 3 after sweeping Oklahoma and Oklahoma State at home. The Cyclones topped then-No. 10 Cowboys 18-11 and the Sooners 25-12. Ohio State made the big leap in the top 10 this week. The Buckeyes (11-1) moved up to No. 4 after beating then-No. 3 Michigan 23-15 and then-No. 22 Michigan State 36-3. Michigan slid three spots to No. 6, while Cornell remained at No. 5 after EIWA wins over Army West Point and Columbia.

Pittsburgh registered the biggest weekend upset as the then-No. 24 Panthers stunned then-No. 7

Virginia Tech 26-12.

In other ranked action, Oklahoma State beat Northern Iowa 17-15, Nebraska beat Wisconsin 23-11, Minnesota beat Illinois 24-9, Northwestern beat both Wisconsin and Rutgers, Northern Iowa beat Oklahoma, Arizona State won at Lehigh, South Dakota State swept Air Force and Northern Colorado, Appalachian State beat Duke and Gardner-Webb, while Michigan State beat Maryland and Indiana edged Purdue.

Lehigh fell out of the Top 25 after falling to both Arizona State and Columbia, while Penn re-entered the rankings after a pair of Ivy League wins. The Quakers (6-4) beat Brown 37-7 and Harvard 26-8.

Ranked Teams in Duals This Week

Friday: No. 1 Penn State at No. 4 Ohio State, No. 2 Iowa at No. 12 Minnesota, No. 3 Iowa State at West Virginia, No. 6 Michigan vs. No. 11 Oklahoma State at Arlington, Texas, No. 7 NC State at Virginia, No. 8 Missouri at Oklahoma, No. 9 Virginia Tech at Duke, No. 10 Nebraska at No. 21 Illinois, No. 16 North Dakota State at Air Force, California Baptist at No. 14 Northern Iowa, North Carolina at No. 18 Pittsburgh, Little Rock at No. 19 Arizona State.

Saturday: No. 3 Iowa State at No. 18 Pittsburgh, No. 10 Nebraska at Purdue, No. 16 North Dakota State at Northern Colorado, No. 23 Rutgers at Maryland, Princeton at No. 5 Cornell.

Sunday: No. 1 Penn State at No. 22 Indiana, No. 4 Ohio State at No. 13 Northwestern, No. 8 Missouri at No. 11 Oklahoma State, No. 14 Northern Iowa at West Virginia, No. 19 Arizona State at Oregon State, No. 21 Illinois at Michigan State, No. 25 Penn at No. 5 Cornell, Chattanooga at No. 20 Appalachian State.

Methodology: The NWCA Division I Wrestling Coaches Poll is voted on by two coaches from each Division I wrestling conference. Each first-place vote is worth 25 points, 24 points for a second-place vote, 23 for a third-place vote and so on through to one point for a 25th-place vote. The poll is based on dual meet results.

NWCA Division I Wrestling Coaches Poll

January 31, 2023

Rank	Team (First)	Record	Points	Conf.	Previous
1	Penn State (14)	(11-0)	350	Big Ten	1
2	Iowa	(12-1)	336	Big Ten	2
3	Iowa State	(12-2)	313	Big 12	4
4	Ohio State	(11-1)	304	Big Ten	6
5	Cornell	(9-2)	290	EIWA	5
6	Michigan	(9-2)	285	Big Ten	3
7	NC State	(11-1)	259	ACC	8
8	Missouri	(6-2)	243	Big 12	9
9	Virginia Tech	(7-3)	242	ACC	7
10	Nebraska	(7-3)	220	Big Ten	11
11	Oklahoma State	(10-2)	208	Big 12	10

11	Oklahoma State	(9-2)	200	Big 12	10
12	Minnesota	(11-2)	194	Big Ten	12
13	Northwestern	(5-2)	191	Big Ten	14
14	Northern Iowa	(5-3)	148	Big 12	15
15	Wisconsin	(7-7)	146	Big Ten	13
16	North Dakota State	(8-2)	136	Big 12	16
17	South Dakota State	(11-2)	133	Big 12	18
18	Pittsburgh	(8-2)	113	ACC	24
19	Arizona State	(4-4)	98	Pac-12	17
20	Appalachian State	(7-2)	62	SoCon	19
21	Illinois	(5-5)	57	Big Ten	20
22	Indiana	(7-2)	45	Big Ten	25
23	Rutgers	(9-5)	33	Big Ten	23
24	Michigan State	(8-5)	30	Big Ten	22
25	Penn	(6-4)	26	EIWA	NR

Dropped Out: No. 21 Lehigh (6-9).

Others Receiving Votes: Lehigh 23, West Virginia 22, Northern Colorado 14, Cal Poly 8, Air Force 5, Stanford 5, Oregon State 4, Columbia 3, Maryland 3, North Carolina 1.

Coaches Poll Publication Dates

Feb. 7, Feb. 14, Feb. 21

Mid-Major Poll Publication Dates

Feb. 3, March 1

Questions related to historical polls can be sent to Jason Bryant at jason@bryantwrestling.com

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