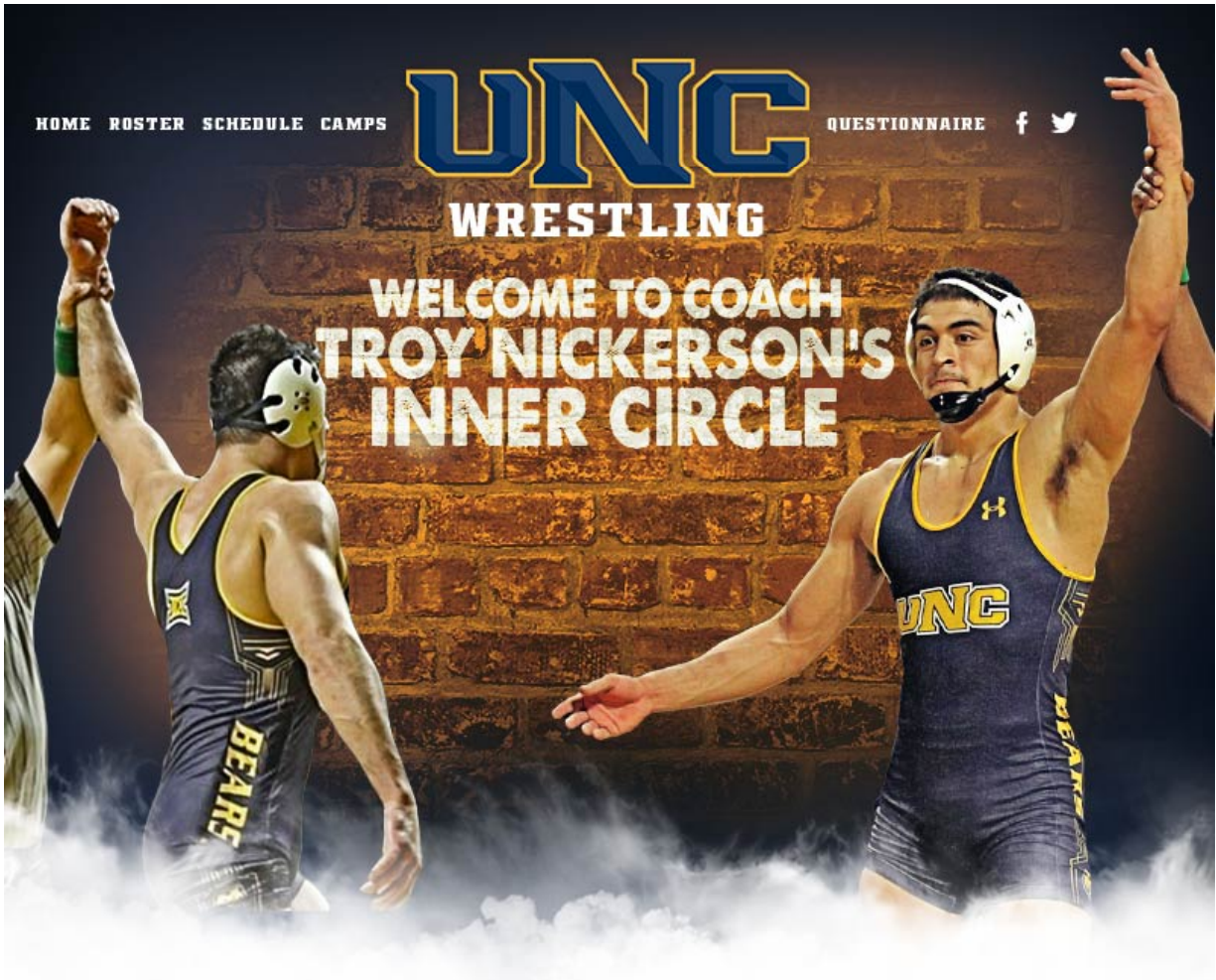


From: Troy Nickerson noreply@active.com
Subject: Pre-Season Update and UNC Wrestling Apparel
Date: September 14, 2022 at 12:55 PM
To: lanny@wrestlingusa.com

TN

If you are having trouble viewing this email, [click here](#).




Bears Fans, Friends, and Alumni,

Hope everyone is having a great end to their summer and gearing up for an exciting fall. Our young men have been training for the past two and a half weeks and so far are looking good. Early on, we focus primarily on our conditioning and technical skills. Our conditioning looks like it is right where we want it for this time of the year and our guys are primed to be ready to wrestle hard for 7 minutes come November. Our technical skills continue to improve. We currently have 15 new freshman that we added to the roster this season and certainly plenty to get them up to speed on. Regardless, I have been impressed so far! We have about 3 more weeks of pre-season conditioning before we get rolling full throttle October 10th!

If you are looking to refresh your wardrobe game for the upcoming season, our current UNC Wrestling Store is open for another 5 days via our partner BSN Sports. Click on the below link to purchase before the season starts!

[UNC Wrestling Team Store](#)

GO BEARS!


Troy Nickerson
Head Wrestling Coach
University of Northern Colorado
O: 970-351-2090





This message was sent by University of Northern Colorado Men's Wrestling, 270D Butler-Hancock Athletics Center, Greeley, CO 80639, USA

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