

From: Wrestling Coaches Insider - Saturday Edition coach@coachesinsider.com
Subject: Single Leg Trip Finish | Emphasize Circling to Execute a Double | A Common Mistake Made by Authority
Date: November 20, 2021 at 6:03 AM
To: lanny@wrestlingusa.com



Saturday, November 20, 2021

In Case You Missed It...

Coaching videos from this week you might have missed!



Single Leg Trip Finish

Nathan Tomasello
USA Wrestling

Watch Now!



Emphasize Circling to Execute a Double

Max Wessell
Colorado School of Mines

Watch Now!



A Common Mistake People in Authority..

Dr. Lee Dorpfeld
Univ. of South Florida

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Want to watch more? Go to [Wrestling Coaches Insider!](https://www.coachesinsider.com)

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