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Bears Fans, Friends, and Alumni,

I apologize for getting this out a week late, however the first week of school has been a busy one. Our guys are back at it and looking primed for another record-breaking year.

One week ago, Derek Matthews competed in the U20 World Championships in Amman, Jordan at 77KG in the Greco Roman division. Derek was unable to bring home a medal but did face some of the best competition in the world, losing to the silver and bronze medalists. This summer was a great experience for Derek (minus the sickness he came home with) and we are proud of him for all he accomplished this summer.

The Northern Colorado Wrestling Club is continuing to train throughout this fall and I will have some exciting news to share within the next few weeks. Good things are ahead for the NCWC!

**GO BEARS!**

 **Troy Nickerson**  
Head Wrestling Coach  
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