

From: Troy Nickerson noreply@active.com
Subject: Cougar Clash recap
Date: December 11, 2024 at 9:20 AM
To: lanny@wrestlingusa.com

TN

If you are having trouble viewing this email, [click here](#).



Bears Fans, Friends, and Alumni,

It was another successful weekend getting back on the mat as we traveled to Edwardsville, IL for the Cougar Clash. Overall, out of the 15 wrestlers we took with, we came home with 13 place finishers, led by 133lb Champion Dominick Serrano. Dom looked about as good as we have seen him, finishing the tournament with a win over a top 10 ranked opponent in the finals. We really like where he is at.

Other notable performances were at 165lbs where Clayton Ulrey finished in second place. Clayton has been a joy to be around over the past 4 months. I wish we had 4 more years with him. Clayton has developed a lot in his short stint in Greeley and I am confident he will continue to progress as we get into the thick of things second semester.

Andrew Donahue, competing at 197lbs, came away with a second-place finish and seems to really be coming into his own right now. Andrew has always had the talent to compete at this level

...really be coming into his own right now. I think he has always had the talent to compete at this level, and we are excited to see his progress right now.

I think we are walking away from this event with a lot to work on. As a whole, I don't believe we did a great job last weekend being the aggressor for 7 straight minutes. Fortunately, we have a nice little training cycle coming up where I believe we will make the necessary adjustments moving forward.

We will be back home on Saturday, December 21st for the UNC Quad Duals before we head to the Southern Scuffle in Chattanooga, TN after the new year.

<https://uncbears.com/news/2024/12/8/wrestling-bears-place-third-at-cougar-clash.aspx>

Wishing everyone a very Happy Holiday season!

GO BEARS!



Troy Nickerson
Head Wrestling Coach
University of Northern Colorado
O: 970-351-2090



This message was sent by University of Northern Colorado Men's Wrestling, 270D Butler-Hancock Athletics Center, Greeley, CO 80639, USA

If you would like to unsubscribe and stop receiving these emails, [click here](#).

Powered By

