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Volume 59, No. 2

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Wrestling USA Magazine

Letter from the Editor

High School Wrestling is Back in Season

By Cody Bryant, Managing Editor

The high school wrestling season is back in full swing now. We have our second All-Class Rankings of the year starting on page 6 of this issue by Dan Fickel. There are six changes at the top spot for each individual weight class since our October 15th issue. Joe Bachmann (Faith Christian, PA) made the largest move by jumping up from his previous #4 ranked spot to claim the top ranking at 106 lbs. Paul Kenny (Christian Brothers, NJ) moves up from his #2 spot to claim the top-ranked wrestler at 113 lbs, as previous top-ranked wrestler Christian Castillo (Valiant College Prep, AZ) moves up a weight class and is now ranked #4 at 120 lbs. Anthony Knox (St. John Vianney, NJ) maintains his top ranking at 120 lbs. Marcus Blaze (Perrysburg, OH) takes over the top-ranked spot at 126 lbs as he switches spots with Jax Forrest (Bishop McCort, PA) now ranked #3. Bo Bassett, ranked #3 at 138 lbs, moving down a weight and taking over the top spot at 132 lbs. This bumped top-ranked Ben Davino (St. Charles East, IL) to #2 in this weight class. There were no changes at the top spot in the next four weight classes as Daniel Zepeda at 138 lbs from Gilroy, California, Brock Mantanona at 144 lbs from Palm Desert, California, P.J. Duke at 150 lbs from Minisink Valley, New York, and Joseph Sealey at 157 lbs from Wyoming Seminary, Pennsylvania, all maintain their top rankings. William Henckel (Blair Academy, NJ) takes over the top spot at 165 lbs, as previous top-ranked wrestler Angelo Ferrari (Melissa, TX) moves up a weight class to take the top spot at 175 lbs. Previous top-ranked wrestler at 175 lbs Zach Ryder from Minisink Valley, NY will not be competing during the high school wrestling season and has been removed from the rankings. As mentioned in the Editorial Note: wrestlers not competing during the 2023-24 high school regular season for a high school are not listed in this set of rankings. Once the regular season is completed and the wrestlers return to competition against high school wrestlers, they will be included in the rankings. There were no changes in the last three weight classes as Aeoden Sinclair at 190 lbs from Milton, Wisconsin, Cody Merrill at 215 lbs from Gilroy, California, and Koy Hopke at 285 lbs from Amery, Wisconsin, continue to maintain their top ranking.

Also in this issue is a more comprehensive look at the best high school seniors, juniors, sophomores, and freshmen broken down by their class year in high school. The Senior Class, Junior Class, and Sophomore Class each have the top 150 wrestlers ranked, and the Freshmen Class are the top 75 wrestlers. You might notice that although Zach Ryder is not ranked in this issue's All-Class Rankings, you will find him ranked number one in our Nation's Best 150 Class of 2024 High School Seniors.

As we all know, the high school wrestling season can be grueling to say the least. Rankings at all levels are constantly changing and with so many competitive tournaments out there, it's next to impossible to keep up. I would like to thank Dan Fickel for all his hard work putting both the high school and college rankings together. I have learned these past two years how hard it is just to put together the High School All-American poster. I know I couldn't do it without Dan's help!

Wrestling USA Magazine would like to wish all the coaches, wrestlers, parents and fans of this great sport a successful and safe wrestling season. As for myself, being a competitive wrestler for 18 years and a wrestling coach for another 27 years, I understand all the sacrifices on both ends of this demanding sport. More importantly are the amazing rewards and friendships this sport has given me and my family that will last a lifetime. I will always be grateful for what wrestling has given me and what it continues to give me now. With that said I hope that this Holiday Season will bring you joy and peace! Wrestling USA Magazine would also like to wish you all a Happy Holiday Season and Happy New Year!

"Do not store up for yourselves treasures on earth, where moths and vermin destroy, and where thieves break in and steal.²⁰ But store up for yourselves treasures in heaven, where moths and vermin do not destroy, and where thieves do not break in and steal.²¹ For where your treasure is, there your heart will be also."

-Matthew 6:19-21

As always, Let's be "On The Go Together,"

Cody

COVER PHOTO

2023 World Championships Men's Freestyle - 97 kg Kyle Snyder (USA) in on a takedown attempt on Akhmed Magomed O Tazhudinov (Bahrain). Snyder would lose to the eventual gold medalist 11-0 but work his way back to win the bronze medal for his 9th World/Olympic medal. Photo by Randy Tomaras.

NATIONAL ACTION WRESTLING PHOTOS

Send your best action wrestling photos to cody@wrestlingusa.com. The best photos will be recognized each issue. All photos should be submitted digitally at 300 dpi.



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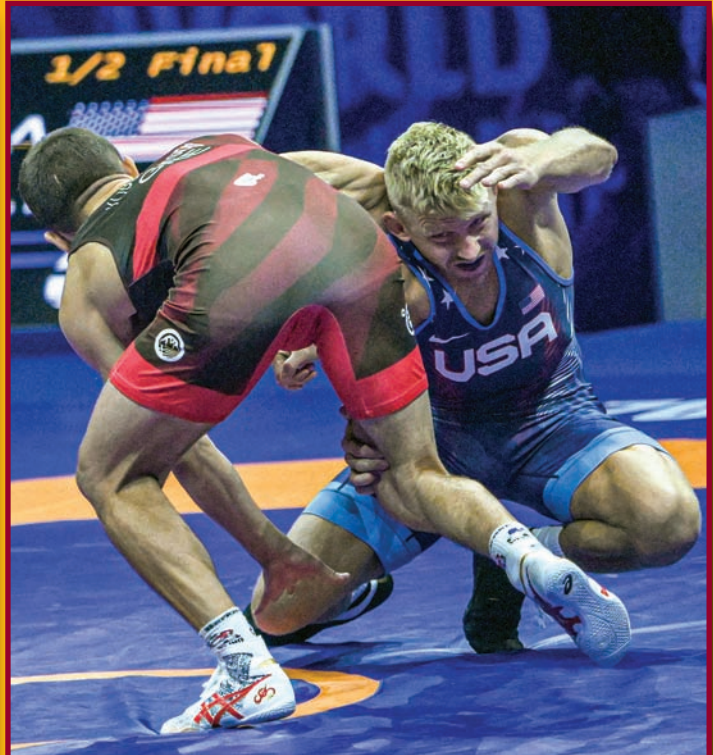


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2023 World Championships Men's Freestyle Final - 61 kg Vitali Arujau (USA) working tilt points on Abasgadzhi Magomedov (Russia). Arujau won the gold medal with a 10-9 decision to help the USA win back to back World Team titles. Photo by Randy Tomaras.



2023 World Championships Men's Freestyle Final - 74 kg Kyle Dake (USA) with a shot on Zaurbek Sidakov (Russia). Dake would lose the gold medal match 10-7. Photo by Randy Tomaras.



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NATION'S BEST 2023-2024 HIGH SCHOOL ALL-CLASS RANKINGS



By Dan Fickel

Editor's Note: Here are rankings of the Nation's Best 2023-24 High School Wrestlers as of 11-15-23. These rankings represent wrestlers regardless of year in school. Eight factors, which considered the overall accomplishments of the wrestlers, were used in determining these rankings. They include: (1) Accomplishments at the State High School Championships (folkstyle); (2) USA Wrestling National Junior Freestyle and Greco-Roman Championships; (3) UWW Cadet and 16U National Championships; (4) U17 Freestyle World Team Trials; (5) FloWrestling Who's #1; (6) Achievements at prestigious high school tournaments and club/dual events; (7) Super 32 Challenge Tournament; (8) NHSCA High School Nationals. Weights are projected and subject to change. Wrestlers not competing during the 2023-24 high school regular season for a high school are not listed in this set of rankings. Once the regular season is completed and the wrestlers return to competition against high school wrestlers, they will be included in the rankings. For any corrections, E-Mail: dfickel@netlink.net

106 lbs.

TOP RANKED

Joe Bachmann, 9

Faith Christian, Pennsylvania

- Rocco Hayes, 11, (Sandburg, IL)
- Grey Burnett, 9, (Perrysburg, OH)
- Ignacio Villasenor, 9, (Pomona, CO)
- Haakon Peterson, 10, (Dodgeville, WI)
- Dominic Deputy, 10, (Chestnut Ridge, PA)
- Tyler Harper, 12, (Norwalk, IA)
- Shamus Regan, 9, (Wyoming Seminary, PA)
- Ezekial Witt, 12, (Junction City, KS)
- Rocco Cassioppi, 9, (Hononegah, IL)
- Wyatt Lees, 10, (Detroit Catholic Central, MI)
- Caleb Noble, 9, (Warren Township, IL)
- Cameron Sontz, 9, (Delbarton, NJ)
- Rylan Seacrist, 10, (Brecksville, OH)
- Johnathon McGinty, 10, (Montvale St. Joseph, NJ)
- Henry Aslikyan, 10, (Birmingham, CA)
- Caden Correll, 11, (Normal, IL)
- Erik Egstad, 11, (Park Hill, MO)
- Mike Batista, 9, (Blair Academy, NJ)
- Gavin Landers, 9, (Denver, IA)
- Peter Rincan, 10, (Bedford, NH)
- Tyler Conroy, 10, (Malvern Prep, PA)
- Saxton Scott, 11, (Bonneville, ID)
- Aidan Gruenfelder, 11, (Pecatonica-Argyle, WI)
- Cooper Merli, 10, (Newburgh Free Academy, NY)
- Hayden Schwab, 9, (Don Bosco, IA)
- Kavin Muyleart, 9, (Cedar Cliff, PA)
- Luke Green, 11, (Aurora, OH)
- Caden Smith, 12, (Robinson, VA)
- 30T. Brady Byrd, 12, (Washington, IN)
- 30T. Kiyon Simon, 11, (Huntsville, AL)
- 30T. Eric Casula, 10, (Westmoore, OK)
- 30T. Gabe Ballard, 9, (Northampton, PA)

Special Mention:

- Jarrett Smith, 10, (Lowell, MI)
Colby Martinelli, 11, (Pennridge, PA)
Dillon Perdue, 12, (Independence, WV)
Santino Sloboda, 10, (Butler, PA)
Mason Brayfield, 10, (Park Hill, MO)

- Blake Woodward, 10, (Buchanan, CA)
Joel Friederichs, 10, (Watertown-Mayer, MN)
Dominic Thomas, 10, (Orting, WA)
Rider Sequine, 11, (Post Falls, ID)
Turner Ross, 9, (Simley, MN)
Cason Craft, 9, (Sallisaw, OK)
Brandon Bickerton, 9, (Medina Highland, OH)
Jensen Boyd, 9, (Delta, IN)
Austin Brown, 10, (Hannibal, MO)
Allen Woo, 9, (Montini Catholic, IL)
Grayson Fuchs, 9, (Detroit Catholic Central, MI)
Mason Katschor, 9, (Dundee, MI)
Carter Chunko, 9, (Saucon Valley, PA)
Killian Coluccio, 9, (Christian Brothers, NJ)
Daniel Alire, 11, (Kofa, AZ)

113 lbs.

TOP RANKED

Paul Kenny, 9

Christian Brothers, New Jersey

- Chris Kiser, 12, (Ponca City, OK)
- Aaron Seidel, 11, (Northern Lebanon, PA)
- Domenic Munaretto, 10, (St. Charles East, IL)
- Landon Sidun, 9, (Norwin, PA)
- Joseph Uhorchuk, 10, (Signal Mountain, TN)
- Jermaine Peace, 12, (Cane Bay, SC)
- Cadell Lee, 11, (Brooke Point, VA)
- Ayden Smith, 12, (Notre Dame GP, PA)
- Titan Friederichs, 10, (Watertown-Mayer, MN)
- Nicolas Garcia, 10, (Marmion Academy, IL)
- Davis Motyka, 12, (Wyoming Seminary, PA)
- Ethan Timar, 11, (St. Edward, OH)
- Dru Ayala, 12, (Fort Dodge, IA)
- Hudson Loges, 11, (Blair, NE)
- Johnny Green, 11, (Aurora, OH)
- Aydan Thomas, 11, (Stillwater, OK)
- Carter Pearson, 11, (Southeast Polk, IA)
- Isaiah Harrison, 11, (Mountain View, CO)
- Abdi Unle, 11, (Omaha Bryan, NE)
- Will Detar, 10, (Trinity, PA)
- Rocklin Zinkin, 10, (Buchanan, CA)
- Nathan Rioux, 10, (Avon, IN)
- Lincoln Sledzianowski, 10, (Bishop McCort, PA)

- Sean Willcox, 10, (St. John Bosco, CA)
- Brock Rothermel, 9, (Line Mountain, PA)
- Bruno Cassioppi, 9, (Hononegah, IL)
- Darren Florance, 12, (BG/A-H, NY)
- Roman Luttrell, 10, (Cleveland, NM)
- 30T. Raekwon Shabazz, 12, (Xavier, CT)
- 30T. Brett Swenson, 11, (Mounds View, MN)
- 30T. Alex Pierce, 10, (Iowa City West, IA)
- 30T. Konner Larkin, 9, (Valiant College Prep, AZ)

Special Mention:

- Cole Welte, 11, (Skutt Catholic, NE)
Tyler Garvin, 12, (Rising Sun, MD)
Abram Cline, 12, (Granite Hills, CA)
Jace Hedeman, 11, (Union, IA)
Dale Gant, 10, (GR Catholic Central, MI)
Zaiyahn Ornelas, 10, (Wilbur-Clatonia, NE)
Leo Pezone, 10, (Malvern Prep, PA)
Revin Dickman, 10, (Brownsburg, IN)
Lawson Eller, 11, (New Prague, MN)
Cadyn Coyle, 12, (Bennington, NE)
Trey Beissel, 10, (Hastings, MN)
Ethan Bast, 11, (West Bend East, WI)
Mikey Bautista, 10, (Montvale St. Joseph, NJ)
Nicolas Enzminger, 10, (Bismarck Legacy, ND)
Jake Goodin, 11, (Edmond North, OK)
Tommy Aiello, 11, (John Glenn, NY)
Liston Seibert, 10, (Massillon Perry, OH)
Mason Haines, 10, (Dundee, MI)
Ayden Dodd, 10, (Perrysburg, OH)
Bradley Wagner, 9, (Mifflinburg, PA)

120 lbs.

TOP RANKED

Anthony Knox, 11
St. John Vianney, New Jersey

- Leo Deluca, 11, (Blair Academy, NJ)
- Nathan Desmond, 11, (Wyoming Seminary, PA)
- Christian Castillo, 11, (Valiant College Prep, AZ)
- Beric Jordan, 12, (Stillwater, OK)
- Isaiah Cortez, 11, (Gilroy, CA)
- Jayden Raney, 10, (Union County, KY)
- Louie Gill, 12, (Reynolds, PA)
- Mack Mauger, 12, (Blackfoot, ID)

BILL WELKER'S WRESTLING BOOKS

A former Pennsylvania State Champion and one of the country's foremost authorities on Folkstyle wrestling, Dr. Bill Welker has published a national best-seller, *The Wrestling Drill Book*, a DVD, and hundreds of articles on the mat sport since 1974. Most recently, his memoirs, *The Sparrow's Spirit*, and his first novel, *A Wrestler's Curse*, were declared winners in the sports category by the Beverly Hills Book Awards judges.

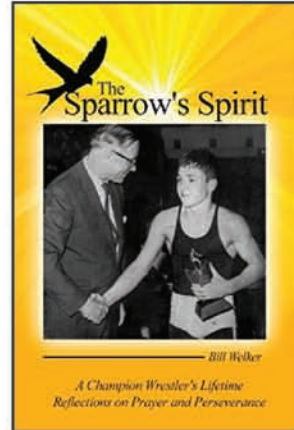
THE SPARROW'S SPIRIT

Bill Welker's road to adulthood was filled with many trial-and-error experiences in which he usually took the wrong path. He grew up under the dominion of a loving mother and an austere father. As an adolescent, Welker's life revolved around the sport of wrestling – and nothing else. Studying in high school was an unwanted necessity to stay eligible.

But the desire to continue on the mats in college decreased until the fire to compete burned out. Welker began to make very poor choices which resulted in his removal from the wrestling team and almost led to his expulsion from school.

Welker felt totally alone as his life began to collapse around him. There was nowhere to turn; he couldn't go home a failure. He was absorbed by self-doubt, uselessness, and fell into a deep depression.

Welker had lost all hope until he began to change priorities and found someone who believed in him. Still, the struggle wasn't over, but the struggle is the glory.

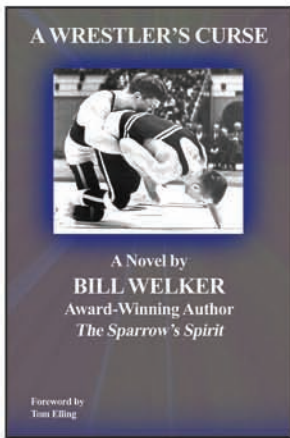


A WRESTLER'S CURSE

Jacob Christian is a highly intelligent boy who loves the sport of wrestling. He lives in a middle-class household with parents who raised him to be morally-minded, with strong spiritual convictions and values that respected the rights of others.

Diagnosed with Obsessive-Compulsive Disorder at a very young age, Jacob is in a constant battle with his own personal problems, as well as facing strong adversaries in wrestling and during his day-to-day matters. His "coming-of-age" experiences include falling in love, teenage drinking, and making choices that would affect him his entire life.

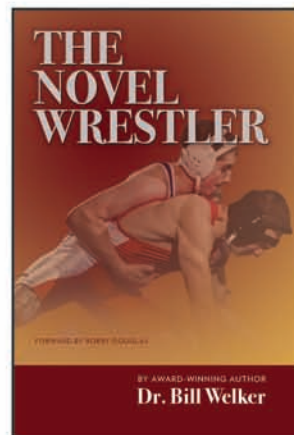
Jacob Christian's transformation from an adolescent to a college student was by no means mundane. There are twists and turns in the storyline that will keep the reader guessing on the various outcomes regarding Jacob's challenging road to adulthood.



THE NOVEL WRESTLER

Tommy St. Clair was a child prodigy in the literary field and was a bestselling author before reaching high school. Tommy also loved the sport of wrestling. His father and older brother were state champions. A student of the game, Tommy strived to accomplish the same goal. It never happened. Tommy lacked the mental and physical toughness his father and brother possessed. That all changed when Tommy's life was turned upside down.

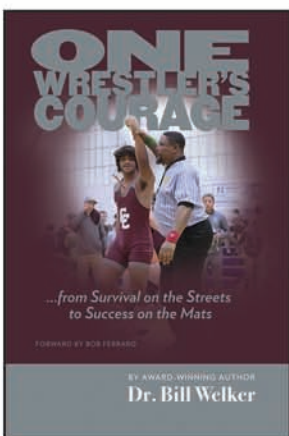
The Novel Wrestler will capture the hearts and souls of those who have traveled similar paths in life. Sometimes you will be amused, sometimes you will cry, and the ending will take you completely by surprise.



ONE WRESTLER'S COURAGE

One Wrestler's Courage is a candid narrative about a black adolescent who grew up in a very violent environment. It vividly demonstrates how he courageously defies the "darker elements" of his neighborhood and how he adjusts to a new life where he learns to judge people on a personal basis.

All his books can be viewed at www.billwelkerwrestling.com, where you can purchase them on Amazon.com.



FOLLOWING HIS DREAMS THE KURT ANGLE STORY

A Preview of the Documentary "ANGLE"



By Al Fontes

How well do you think you know Kurt Angle? Did you know that he was an Olympic and World Champion for Team USA, or for a better part of his adult life among the most accomplished professional wrestlers to have ever enter the squared circle? For those that followed him on either side of the wrestling spectrum, or both, the answer is with a high probability, YES! However, if you were to ask the same parties whether they had knowledge of his backstory or personal struggles in life, I believe a majority would not. Even if you were to bring up the name Kurt Angle to the average sports fan on the street, there is a high probability that they would only know him as the buffed guy with the bigger than life personality in professional wrestling all while being oblivious to the fact that he was actually one of the best top tier Olympic wrestlers to ever set foot on the mat in all US history. Personally, other than Kurt wrestling with a broken neck at the Atlanta Olympics,

I was not familiar of his true backstory, nor was I mindful of the major challenges and adversity that has consumed a good percentage of his adult life.

When I first became aware of the new wrestling documentary, "ANGLE," which began streaming on Peacock this September, I initially thought they were going to highlight his career in the WWE and brush over his accomplishments as a collegiate and international wrestler. This all changed within the first five minutes of watching. From the intro, my curiosities were sparked by the unknown. I realized firsthand; I did not have a clue of who he was as a person or the overall sacrifices he made to succeed. Without a doubt, my eyes were opened. In essence, I only understood the tip of the iceberg. Directed by Alex Perry and produced by Ben Hatta, Jeremy Bailer, and Ross Dinerstein, "ANGLE" takes us back in time to his strong family roots in Pittsburg, Pennsylvania and progresses on a





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Hall of Fame Will Host 47th Honors Weekend



The National Wrestling Hall of Fame announced that its Class of 2024 is Distinguished Members Tadaaki Hatta, Toccara Montgomery, Coleman Scott and Logan Stieber, Meritorious Official honoree J.R. Johnson, Order of Merit recipient Darryl Miller, Medal of Courage recipient Jonathan Koch, and Outstanding American honoree retired United States Army Infantry Colonel Steve Banach.

“We are thrilled with the exceptional quality of this year’s inductees and eagerly await their enshrinement into the Hall of Fame in the spring,” said Lee Roy Smith, Executive Director of the National Wrestling Hall of Fame. “From pioneers to visionary thinkers, these esteemed honorees have paved their own paths of excellence, whether it be on the mat or on the battlefield.”

The Class of 2024 will be honored and officially inducted during the 47th Honors Weekend on May 31 and June 1, 2024 in Stillwater, Oklahoma. For more information on Honors Weekend, please telephone (405) 377-5243.

Montgomery, Scott and Stieber were chosen as Distinguished Members for the Modern Era while Hatta was selected by the Veterans Committee. The newest honorees will bring the number of Distinguished Members to 212, since the Hall of Fame began in 1976.

Montgomery becomes the first Black female and the sixth female overall to be inducted as a Distinguished Member, joining Clarissa Chun (2022), Kristie Davis (2018), Sara McMann (2022), Patricia Miranda (2023) and Tricia Saunders (2006). It marks the third consecutive year that a female Distinguished Member has been inducted.

Hatta becomes the second Japanese wrestler to be inducted as a Distinguished Member, joining Oklahoma State teammate Yojiro Uetake Obata (1980).

Scott (2004) and Stieber (2010) become the first two national winners of the Hall of Fame’s Dave Schultz High School Excellence Award to be inducted as Distinguished Members. Presented annually since 1996, the DSHSEA is awarded to a male high school senior and based equally on outstanding wrestling success, scholastic achievement and citizenship or community service.





SPC BRIDGETTE DUTY
Freestyle Wrestling 62kg

Sport: Women's Wrestling
Event: Freestyle 62kg
Hometown: Needville, Texas
High School: Needville HS
College: University of the
Cumberlands
Joined Army: July 2021
MOS:31B, Military Police



SPC DALTON DUFFIELD
Greco-Roman Wrestling 55KG

Event: 55KG
Hometown: Moore, Oklahoma
High School: Westmoore High
College: University of Oklahoma
Joined Army: February 2020
MOS: 12N, Horizontal Construction
Engineer



SGT XAVIER JOHNSON
Greco-Roman
Wrestling 67kg

Sport: Wrestling Event:
Greco-Roman
Hometown: Orangeburg, SC High
School: Edisto High School College:
University of Maryland Global
Campus
Joined Army: March 2022
MOS:88M, Motor Transport
Operator



PFC ESTRELLA DORADO
Freestyle Wrestling 53kg

Sport: Wrestling
Event: Women's Freestyle - 53KG
Hometown: Denver, CO
High School: Springs Studio For
Academic Excellence
Joined Army: August 2020
MOS: 92F, Fuel Supply Specialist

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NATION'S BEST 150 CLASS OF 2024

HIGH SCHOOL SENIORS

By Dan Fickel

Editor's Note: Here are rankings of the Nation's Best 150 Class of 2024 High School Seniors as of 11-15-23. Eight major factors, which considered the overall accomplishments of the wrestlers, were used in determining these rankings. They include: (1) Accomplishments at the State High School Championships (folkstyle); (2) USA Wrestling National Junior Freestyle and Greco-Roman Championships; (3) UWW Cadet and 16U National Championships; (4) U17 Freestyle World Team Trials; (5) U20 Freestyle Nationals; (6) FloWrestling Who's #1; (7) Achievements at prestigious high school tournaments and club/dual events; (8) Super 32 Challenge Tournament. Some wrestlers are not competing for a high school during the 2023-24 high school regular season for a variety of reasons, but are still listed because of their previous in-state accomplishments and national credentials.

1. Zack Ryder, Minisink Valley, NY 190 lbs
2. Luke Lilledahl, Wyoming Seminary, PA 126 lbs
3. Koy Hopke, Amery, WI 285 lbs
4. Cody Merrill, Gilroy, CA 215 lbs
5. Angelo Ferrari, Melissa, TX 175 lbs
6. Ben Davino, St. Charles East, IL 132 lbs
7. Joseph Sealey, Wyoming Seminary, PA 157 lbs
8. Aeoden Sinclair, Milton, WI 190 lbs
9. Brock Mantanona, Palm Desert, CA 144 lbs
10. Connor Mirasola, West Bend East, WI 190 lbs
11. Dillon Johnson, Joilet Catholic, IL 285 lbs
12. Cole Mirasola, West Bend West, WI 215 lbs
13. Sawyer Bartelt, South Dade, FL 215 lbs
14. Carter Neves, Blair Academy, NJ 285 lbs
15. Aden Valencia, Ann Sobrato, CA 138 lbs
16. Pierson Manville, State College, PA 144 lbs
17. Kyler Larkin, Valiant College Prep, AZ 132 lbs
18. Mason Gibson, Bishop McCort, PA 138 lbs
19. Beric Jordan, Stillwater, OK 120 lbs
20. Rune Lawrence, Frazier, PA 190 lbs
21. LJ Araujo, Bismarck, ND 165 lbs
22. Ethan Birden, Dublin Coffman, OH 165 lbs
23. Lou Cerchio, Delbarton, NJ 175 lbs
24. Navarro Schunke, Brandon Valley, SD 285 lbs
25. Dillon Campbell, Legacy Christian, OH 132 lbs
26. Max Shulaw, Columbus DeSales, OH 215 lbs
27. Miguel Estrada, Frontier, CA 150 lbs
28. Charlie Millard, Homestead, WI 157 lbs
29. Conner Harer, Montgomery, PA 157 lbs
30. Jace Roller, Bixby, OK 138 lbs
31. Grigor Cholakyan, St. John Bosco, CA 150 lbs
32. Sean Kinney, Nazareth, PA 285 lbs
33. JJ McComas, Stillwater, OK 126 lbs
34. Jack Consiglio, Malvern Prep, PA 144 lbs
35. Jaxon Joy, Wadsworth, OH 144 lbs
36. Alex Braun, Woodbury, MN 138 lbs
37. Paul Kelly, Poway, CA 138 lbs
38. Daniel Herrera, Ames, IA 285 lbs
39. Louie Gill, Reynolds, PA 120 lbs
40. Mack Mauger, Blackfoot, ID 120 lbs
41. Nick O'Neill, Malvern Prep, PA 126 lbs
42. Cameron Catrabone, Williamsville North, NY 144 lbs
43. Luke Simcox, Central Mountain, PA 138 lbs
44. Omar Ayoub, Dublin Coffman, OH 144 lbs
45. Adrian Reza, Valiant College Prep, AZ 138 lbs
46. Laird Root, Poway, CA 150 lbs
47. Spencer Lanosga, Jesuit, LA 285 lbs
48. Parker Farrell, Christiansburg, VA 285 lbs
49. Chris Kiser, Ponca City, OK 113 lbs
50. Tucker Hogan, Daniel Boone, PA 190 lbs
51. Karson Tompkins, Midlothian, TX 190 lbs
52. Kael Voinovich, Iowa City High, IA 150 lbs
53. Ethan Parco, Los Gatos, CA 150 lbs
54. Isaiah Quintero, El Dorado, CA 120 lbs
55. Tyler Guerra, St. Charles East, IL 138 lbs
56. Jack Nelson, Mound-Westonka, MN 138 lbs
57. Latrell Schafer, Veteran's, GA 165 lbs
58. Nick Kunstek, Pottsville, PA 165 lbs
59. Wyatt Duchateau, Arrowhead, WI 144 lbs
60. Cash Henderson, Woods Cross, UT 215
61. Ethan Rivera, Lake Highland Prep, FL 120 lbs
62. Gage Walker, Bixby, OK 126 lbs
63. Jake Crapps, Cass, GA 126 lbs
64. Hoke Poe-Hogan, Commerce, GA 190 lbs
65. Jermaine Peace, Cane Bay, SC 113 lbs
66. Cole Han-Lindemyer, Farmington, MN 175 lbs
67. Gavin Linsman, Liberty, MO 150 lbs
68. Casper Stewart, Attica-Batavia, NY 150 lbs
69. Clayton Giddens-Buttram, Bixby, OK 150 lbs
70. Logan Swensen, Wayzata, MN 132 lbs
71. Matt Lopes, Blair Academy, NJ 132 lbs
72. Jed Wester, St. Michael-Albertville, MN 165 lbs
73. Paul Ognissanti, Blair Academy, NJ 150 lbs
74. Matt Henrich, Southern Regional, NJ 157 lbs
75. Darius Marines, Detroit Catholic Central, MI 157 lbs
76. Cory Thomas, Pontiac, MI 157 lbs
77. Nick Pavlechko, State College, PA 285 lbs
78. Aidan Fockler, Massillon Perry, OH 285 lbs
79. Collin Guffey, Granite Hills, CA 157 lbs
80. Jadon Skellenger, Bishop Kelly, ID 157 lbs
81. Ty Wilson, Dublin Scioto, OH 150 lbs
82. Ryan Bennett, St. Edward, OH 150 lbs
83. Shawn Taylor, West Allegheny, PA 165 lbs
84. Owen Eck, Andale, KS 150 lbs
85. Talon McCollom, Edmond North, OK 175 lbs
86. Nate Blanchette, Central Catholic, MA 175 lbs
87. Gage Wright, Parkersburg South, WV 175 lbs
88. Colin Kelly, Mount Carmel, IL 175 lbs
89. Max Magayna, Columbus Catholic, IA 165 lbs
90. August Hibler, Bergen Catholic, NJ 144 lbs
91. Chris Coates, Liberty, MO 144 lbs
92. Gabriel Bouyssou, Scituate, RI 144 lbs
93. Nate Taylor, Greens Farm Academy, CT 190 lbs
94. Shilo Jones, Mountain View, ID 285 lbs
95. Ricky Thomas, Edmond North, OK 285 lbs
96. Kade Brown, St. Edward, OH 138 lbs
97. Tyson Charmoli, St. Francis, MN 138 lbs
98. Alessandro Nini, Christian Brothers, NJ 138 lbs
99. Hunter Hollingsworth, Edmond North, OK 138 lbs
100. Ayden Smith, Notre Dame GP, PA 113 lbs
101. Davis Motyka, Wyoming Seminary, PA 113 lbs
102. Anders Thompson, Flathead, MT 190 lbs
103. Oscar Williams, Edmond North, OK 215 lbs
104. Marco Christiansen, Minnetonka, MN 190 lbs
105. Will Clark, Crown Point, IN 215 lbs
106. Robert Pratt, Brawley, CA 215 lbs
107. Quin Morgan, Mounds View, MN 215 lbs
108. Dillon Bechtold, Owen J. Roberts, PA 215 lbs
109. Mekhi Neal, St. Mary's Ryken, MD 157 lbs
110. Andrew Barbosa, Palm Desert, CA 157 lbs
111. Layton Schneider, Edmond North, OK 157 lbs
112. Hudson Skove, Rumson-Fair Haven, NJ 215 lbs
113. Jason Mara, Meridian, ID 150 lbs
114. Logan Fowler, Cleveland, TN 150 lbs
115. Dan Jones, Delbarton, NJ 120 lbs
116. Cy Kruse, Totino-Grace, MN 215 lbs
117. Kane Naaktgeboren, Linn-Mar, IA 144 lbs
118. Will Sather, Eden Prairie, MN 285 lbs
119. Aaron Ries, Wadsworth, OH 285 lbs
120. Wyatt Ingham, Amery, WI 175 lbs
121. Gunner Cramblett, St. Paris Graham, OH 175 lbs
122. Calvin Lachman, Quakertown, PA 285 lbs
123. Cameron Stinson, Mallard Creek, NC 120 lbs
124. Paul Clark, Crown Point, IN 285 lbs
125. Hunter Taylor, Liberty, MO 120 lbs
126. Dru Ayala, Fort Dodge, IA 113 lbs
127. Sonny Kling, Canyon Springs, CA 190 lbs
128. Porter Matecki, Whitfield, MO 126 lbs
129. Miles Anderson, Millard South, NE 132 lbs
130. Cooper Hornack, Burrell, PA 132 lbs
131. Aidan Schlett, St. Joseph Montvale, NJ 215 lbs
132. Jaydon Robinson, Winter Springs, FL 144 lbs
133. Justin Gates, Davison, MI 144 lbs
134. Draegen Orine, Wyoming Seminary, PA 132 lbs
135. Cole Bartram, Northern York, PA 190 lbs
136. Lars Michaelson, Bremerton, WA 175 lbs
137. Blake Beissel, Hastings, MN 120 lbs
138. Logan Roman, Old Bridge, NJ 120 lbs
139. Mason Zeigler, Quakertown, PA 126 lbs
140. Dom Federici, Wyoming Seminary, PA 175 lbs
141. Landon Jones, Harrison, GA 175 lbs
142. Jack Leshner, Marmion Academy, IL 190 lbs
143. Jake Stoffel, Appleton North, WI 165 lbs
144. Landyn Sommer, Stillwater, OK 165 lbs
145. Caeden Olin, Millard South, NE 215 lbs
146. Tyson Sherlock, Gilman School, MD 138 lbs
147. Javon Yarbrough, Copley, OH 120 lbs
148. Kolter Burton, American Falls, ID 126 lbs
149. Jake Stacey, Green Hill, TN 175 lbs
150. Canon Acklin, Collinsville, OK 126 lbs

NATION'S BEST 150 CLASS OF 2025

HIGH SCHOOL JUNIORS

By Dan Fickel

Editor's Note: Here are rankings of the Nation's Best 150 Class of 2025 High School Juniors as of 11-15-23. Eight major factors, which considered the overall accomplishments of the wrestlers, were used in determining these rankings. They include: (1) Accomplishments at the State High School Championships (folkstyle); (2) USA Wrestling National Junior Freestyle and Greco-Roman Championships; (3) UWW Cadet and 16U National Championships; (4) U17 Freestyle World Team Trials; (5) FloWrestling Who's #1; (6) Achievements at prestigious high school tournaments and club/dual events; (7) Super 32 Challenge Tournament; (8) NHSCA Nationals. Some wrestlers are not competing for a high school during the 2023-24 high school regular season for a variety of reasons, but are still listed because of their previous in-state accomplishments and national credentials.

- Marcus Blaze, Perrysburg, OH 126 lbs
- LaDarion Lockett, Stillwater, OK 157 lbs
- Anthony Knox, St. John Vianney, NJ 120 lbs
- P.J. Duke, Minisink Valley, NY 150 lbs
- William Henckel, Blair Academy, NJ 165 lbs
- Daniel Zepeda, Gilroy, CA 138 lbs
- Leo Deluca, Blair Academy, NJ 120 lbs
- Kollin Rath, Bethlehem Catholic, PA 150 lbs
- Vince Bouzakis, Wyoming Seminary, PA 150 lbs
- Jude Correa, Wyoming Seminary, PA 215 lbs
- Maddox Shaw, Thomas Jefferson, PA 138 lbs
- Landon Robideau, St. Michael-Albertville, MN 138 lbs
- Nathan Desmond, Wyoming Seminary, PA 120 lbs
- Christian Castillo, Valiant College Prep, AZ 120 lbs
- Sergio Vega, Sunnyside, AZ 132 lbs
- Dominic Babinelli, Mill Creek, GA 165 lbs
- Alessio Perentin, Delbarton, NJ 165 lbs
- Harvey Ludington, Brick Memorial, NJ 190 lbs
- Cooper Hilton, Apex, TN 138 lbs
- Tyler Eise, Ponderosa, CO 175 lbs
- Jarrel Miller, St. Edward, OH 190 lbs
- Isaiah Cortez, Gilroy, CA 120 lbs
- Sampson Stillwell, St. Michael Archangel, MO 285 lbs
- Claudio Torres, Lake Highland Prep, FL 150 lbs
- Kody Routledge, Edmond North, OK 150 lbs
- Collin Gaj, Quakertown, PA 150 lbs
- Nicholas Sahakian, St. John Bosco, CA 285 lbs
- Aaron Seidel, Northern Lebanon, PA 113 lbs
- Elijah Cortez, Gilroy, CA 126 lbs
- Jordan Chapman, Cranford, NJ 165 lbs
- Ryan Burton, Montvale St. Joseph, NJ 175 lbs
- Dalton Perry, Central Mountain, PA 138 lbs
- Adrian DeJesus, DePaul Catholic, NJ 126 lbs
- Seth Mendoza, Mount Carmel, IL 126 lbs
- Anthony Harris, St. Peter's Prep, NJ 215 lbs
- Austin Johnson, Muncy, PA 215 lbs
- DeAlcapon Veazy, Snider, IN 190 lbs
- Chase Van Hoven, Brooke Point, VA 138 lbs
- Rocco Dellagatta, Montvale St. Joseph, NJ 285 lbs
- Tyson Terry, Omaha North, NE 285 lbs
- Drew Gorman, Buford, GA 132 lbs
- Jacob Levy, Carrollton, GA 285 lbs
- Matthew Botello, Wyoming Seminary, PA 132 lbs
- Will Denny, Marist, IL 150 lbs
- Kyler Knaack, Don Bosco, IA 150 lbs
- Ronnie Ramirez, Walnut, CA 120 lbs
- Gauge Botero, Faith Christian, PA 120 lbs
- Tahir Parkins, Nazareth, PA 132 lbs
- Carlos Stanton Jr., Sunnyside, AZ 138 lbs
- Logan Paradice, Colquitt County, GA 144 lbs
- Brogan Tucker, St. Paris Graham, OH 144 lbs
- Beau Hickman, Tuttle, OK 144 lbs
- Eren Sement, Council Rock North, PA 126 lbs
- Anthony Evanitsky, Wyoming Seminary, PA 144 lbs
- Peyton Westpfahl, Liberty, MO 190 lbs
- Sebastian Degennaro, Jensen Beach, FL 126 lbs
- Jackson Blum, Lowell, MI 126 lbs
- Jake Hockaday, Brownsburg, IN 126 lbs
- Joseph Antonio, St. John Bosco, CA 157 lbs
- Leo Contino, Buchanan, CA 157 lbs
- Noah Nininger, Staunton River, VA 132 lbs
- Zach Ballante, Paramus Catholic, NJ 150 lbs
- Cade Ziola, Omaha Skutt, NE 190 lbs
- Cadell Lee, Brooke Point, VA 113 lbs
- Elijah Diakomihalis, Hilton, NY 190 lbs
- Matthew Martino, Bishop Kelly, ID 138 lbs
- EJ Solis, South Dade, FL 138 lbs
- Angelo Posada, Poway, CA 175 lbs
- Ethan Timar, St. Edward, OH 113 lbs
- Anthony Mutarelli, Council Rock South, PA 126 lbs
- Dylan Pile, Los Gatos, CA 157 lbs
- Adrien Reyes, Clovis, CA 165 lbs
- Brock Kehler, University, WV 285 lbs
- Mitchell Younger, Bishop Watterson, OH 150 lbs
- Thomas Brown, Chelmsford, MA 285 lbs
- Caedyn Ricciardi, St. Peter's Prep, NJ 132 lbs
- Blue Stiffler, Mill Creek, GA 138 lbs
- Max Norman, Baylor School, TN 165 lbs
- Caleb Dennee, Marshfield, WI 165 lbs
- Carson Thomas, Cincinnati La Salle, OH 175 lbs
- Bryce Burkett, Watertown Mayer, MN 175 lbs
- Cooper Martinson, Southeast Polk, IA 285 lbs
- Isaiah Schaefer, Evansville Mater Dei, IN 126 lbs
- Edwin Sierra, Poway, CA 120 lbs
- Billy Dekracker, Blair Academy, NJ 138 lbs
- Gunner Andrick, Point Pleasant, WV 138 lbs
- Ty Miller, St. Edward, OH 175 lbs
- Rylan Kuhn, St. Pius X, MO 215 lbs
- Nikade Zinkin, Clovis, CA 126 lbs
- Geronimo Rivera, Layton, UT 126 lbs
- Caio Aron, Woodlands College Park, TX 126 lbs
- Aidan Ysaguirre, Valiant College Prep, AZ 190 lbs
- Hunter Sturgill, Baylor School, TN 150 lbs
- Leo Maestas, Clovis West, CA 126 lbs
- Brett Clatterbaugh, Eastern View, VA 215 lbs
- Gunner Henry, Brownsburg, IN 190 lbs
- Vincenzo Lavelle, Hanover Park, NJ 190 lbs
- Jackson Tucker, Hillsboro, MO 138 lbs
- Emmitt Sherlock, Gilman School, MD 157 lbs
- Asher Cunningham, State College, PA 157 lbs
- Bradley Eaton, St. Edward, OH 157 lbs
- Wyatt Bush, Grundy, VA 215 lbs
- TJ Koester, Bettendorf, IA 126 lbs
- Beau Priest, Bakersfield, CA 150 lbs
- Jacob Helgeson, Johnston, IA 157 lbs
- Danny Heiser, Evansville, WI 144 lbs
- Cameron Milheim, Warrior Run, PA 157 lbs
- Anthony Lucchiani, Sherando, VA 138 lbs
- David Gleason, Staley, MO 144 lbs
- Phoenix Contos, Toledo Waite, OH 132 lbs
- Dorian Olivarez, Home School, TX 144 lbs
- Carson Walsh, Pope John, NJ 132 lbs
- Layne Kleimann, Mountain Ridge, UT 132 lbs
- Manuel Saldate, Slam! Nevada, NV 132 lbs
- Alex Smith, Yulee, FL 215 lbs
- Jake Conroy, Ringgold, PA 215 lbs
- Melvin Whitehead, Liberty, NV 215 lbs
- Casen Howle, Greenwood, SC 190 lbs
- Hudson Loges, Blair, NE 113 lbs
- Rocco Hayes, Sandburg, IL 106 lbs
- Johnny Green, Aurora, OH 113 lbs
- Aydan Thomas, Stillwater, OK 113 lbs
- Devon Miller, Edmond North, OK 126 lbs
- Adam Mattin, Delta, OH 120 lbs
- Carter Pearson, Southeast Polk, IA 113 lbs
- Micah Hach, Watertown, SD 285 lbs
- Bobby Conway, Brother Rice, IL 132 lbs
- Christian Fretwell, Lake Gibson, IL 132 lbs
- Isaiah Harrison, Mountain View, CO 113 lbs
- Abdi Unle, Omaha Bryan, NE 113 lbs
- Carson Dupill, Greeneville, TN 120 lbs
- Co'ji Campbell, St. Joseph Academy, WI 120 lbs
- Kyler Lauridsen, Bennington, NE 144 lbs
- Lincoln Shulaw, Columbus DeSales, OH 190 lbs
- Leister Bowling IV, Mead, CO 157 lbs
- Lucas Stuerenberg, Moeller, OH 285 lbs
- Vincent Paino, Montvale St. Joseph, NJ 126 lbs
- Gabe Kaminski, Nazareth Academy, IL 215 lbs
- Mark Marin, Clovis, CA 215 lbs
- Donny Almeyda, St. Joseph Regional, NJ 138 lbs
- Billy Townson, Poway, CA 126 lbs
- Jackson Heslin, Greens Farms Academy, CT 132 lbs
- Gunner Wilson, Catoosa, OK 215 lbs
- Kaden Purler, North Point, MO 132 lbs
- Maximus Brady, Mariner, FL 132 lbs
- Luke Geleta, Phillipsburg, NJ 144 lbs
- Bas Diaz, Waverly-Shell Rock, IA 150 lbs
- Landon Jobber-Spence, Fauquier, VA 175 lbs
- Brett Swenson, Mounds View, MN 113 lbs
- Gavin Craner, Belding, MI 175 lbs

NATION'S BEST 150 CLASS OF 2026

HIGH SCHOOL SOPHOMORES

By Dan Fickel

Editor's Note: Here are rankings of the Nation's Best 150 Class of 2026 High School Sophomores as of 11-15-23. Eight major factors, which considered the overall accomplishments of the wrestlers, were used in determining these rankings. They include: (1) Accomplishments at the State High School Championships (folkstyle); (2) USA Wrestling National Junior Freestyle and Greco-Roman Championships; (3) UWW Cadet and 16U National Championships; (4) U17 Freestyle World Team Trials; (5) FloWrestling Who's #1; (6) Achievements at prestigious high school tournaments and club/dual events; (7) Super 32 Challenge Tournament; (8) NHSCA Nationals.

1. Bo Bassett, Bishop McCort, PA 132 lbs
2. Jax Forrest, Bishop McCort, PA 126 lbs
3. Domenic Munaretto, St. Charles East, IL 113 lbs
4. Jayden Raney, Union County, KY 120 lbs
5. Jordyn Raney, Union County, KY 126 lbs
6. Dreshaun Ross, Fort Dodge, IA 215 lbs
7. Adam Waters, Faith Christian, PA 175 lbs
8. Kellen Wolbert, Oconomowoc, WI 132 lbs
9. Coby Merrill, Gilroy, CA 285 lbs
10. Michael Mocco, Cardinal Gibbons, FL 215 lbs
11. Sam Herring, Bishop McCort, PA 138 lbs
12. Aaron Stewart, Warren Township, IL 157 lbs
13. Jake Knight, Bettendorf, IA 120 lbs
14. Keanu Dillard, Bethlehem Catholic, PA 120 lbs
15. Brandt Harer, Montgomery, PA 132 lbs
16. Jayden James, Delbarton, NJ 132 lbs
17. Ryder Wilder, Camden County, GA 190 lbs
18. Joseph Uhorchuk, Signal Mountain, TN 113 lbs
19. Haakon Peterson, Dodgeville, WI 106 lbs
20. Aiden Cooley, Allen, TX 190 lbs
21. Moses Mendoza, Gilroy, CA 132 lbs
22. Karson Brown, St. Edward, OH 120 lbs
23. Antonio Mills III, Mill Creek, GA 120 lbs
24. Caleb Rodriguez, Bishop McCort 285 lbs
25. Mark Effandian, Faith Christian, PA 285 lbs
26. Joseph Toscano, Buchanan, CA 138 lbs
27. Thomas Verrette, Ponderosa, CO 138 lbs
28. Connor Bercume, Detroit Catholic Central, MI 215 lbs
29. Titan Friederichs, Watertown Mayer, MN 113 lbs
30. Tylin Thrine, New Castle, IN 132 lbs
31. Grayson Woodcock, Dublin Coffman, OH 157 lbs
32. Antonio Rodriguez, Los Gatos, CA 120 lbs
33. Pete Snyder, Blair Academy, NJ 175 lbs
34. Dominic Deputy, Chestnut Ridge, PA 106 lbs
35. Nicolas Garcia, Marmion Academy, IL 113 lbs
36. Alex Taylor, Mount Vernon, OH 220 lbs
37. Michael Turi, West Scranton, PA 138 lbs
38. Tyler Dekracker, Home School, PA 120 lbs
39. Justyce Zuniga, Toppenish, WA 126 lbs
40. Will Detar, Trinity, PA 113 lbs
41. Garrett Kawczynski, Port Washington, WI 215 lbs
42. Reagan Milheim, Warrior Run, PA 144 lbs
43. Nolan Fellers, Bondurant-Farrar, IA 144 lbs
44. Dean Bechtold, Owen J. Roberts, PA 285 lbs
45. Rocklin Zinkin, Buchanan, CA 113 lbs
46. Zeno Moore, Lake Highland Prep, FL 144 lbs
47. John Stewart, Scottsboro, AL 126 lbs
48. Travis Cardenas, Chandler, AZ 132 lbs
49. Isaiah Jones, Bixby, OK 126 lbs
50. Joe Curry, Bishop Watterson, OH 126 lbs
51. Lukas Littleton Mascaro, Malvern Prep, PA 120 lbs
52. Tyler Traves, Mountain View, VA 132 lbs
53. Wyatt Lees, Detroit Catholic Central, MI 106 lbs
54. Rylan Seacrist, Brecksville, OH 106 lbs
55. Mason Wagner, Faith Christian, PA 138 lbs
56. Nathan Rioux, Avon, IN 113 lbs
57. Lincoln Sledzianowski, Bishop McCort, PA 113 lbs
58. Joseph Jeter, Edmond North, OK 150 lbs
59. Jaxon Penovich, Prospect, IL 190 lbs
60. Arment Waltenbaugh, Faith Christian, PA 144 lbs
61. Tyler Harrill, Omaha Skutt, NE 144 lbs
62. Jaxon Miller, Carlisle, IA 150 lbs
63. Aiden Peterson, St. Edward, OH 165 lbs
64. Kai Calcutt, Loyola Academy, IL 215 lbs
65. David Calkins, Liberty, CA 190 lbs
66. Denarii Mickel, Ames, IA 190 lbs
67. Trayyn Boger, South Summit, UT 285v
68. Joey Favia, Marmion Academy, IL 215 lbs
69. Gage Wentzel, Montoursville, PA 157 lbs
70. Shawn Rounsaville, Tuttle, OK 165 lbs
71. Lincoln Jipp, Bettendorf, IA 157 lbs
72. Cael Weidmoyer, Faith Christian, PA 157 lbs
73. Travis Grace, Gilroy, CA 165 lbs
74. Ryan Rios, Walnut, CA 144 lbs
75. Jackson Barron, Northfield, MN 165 lbs
76. Derek Barrows, Pomona, CO 138 lbs
77. CJ Huerta, Buchanan, CA 120 lbs
78. Blake Cosby, Dundee, MI 138 lbs
79. Mason Jakob, Dobyns Bennett, TN 120 lbs
80. Mason Carlson, Syracuse, UT 120 lbs
81. Ritson Meyer, Elgin, OK 190 lbs
82. Nicholas Sorrow, Hudson, MI 120 lbs
83. Mason Rohr, Massillon Perry, OH 126 lbs
84. David Perez, Ponaganset, RI 126 lbs
85. John Murphy, Big Lake, MN 175 lbs
86. Mason Ontiveros, Pitman, CA 175 lbs
87. Gavin Rangel, Newberg, OR 126 lbs
88. Jonathan Rocha, Buchanan, CA 175 lbs
89. Austin Collins, Wray, CO 120 lbs
90. Evan Sanati, Brentsville, VA 120 lbs
91. Sean Willcox, St. John Bosco, CA 113 lbs
92. Tyson Martin, Aquinas, WI 190 lbs
93. Jason Singer, Faith Christian, PA 215 lbs
94. Johnathon McGinty, Montvale St. Joseph, NJ 106 lbs
95. Roman Luttrell, Cleveland, NM 113 lbs
96. Alex Pierce, Iowa City West, IA 113 lbs
97. Dale Gant, GR Catholic Central, MI 113 lbs
98. James Lindsay, Bishop Watterson, OH 138 lbs
99. Zaiyahn Ornelas, Wilbur-Clatonia, NE 113 lbs
100. Declan Koch, Neenah, WI 132 lbs
101. Dean Anderson, Valiant College Prep, AZ 132 lbs
102. Chris Belmonte, New Hartford-SV, NY 285 lbs
103. Zayne Candelaria, Sunnyside, AZ 285 lbs
104. Leo Pezone, Malvern Prep, PA 113 lbs
105. Josh Requena, Camarillo, CA 132 lbs
106. James Hartleroad, Dekalb, IN 285 lbs
107. Jake Miller, Blackwell, OK 132 lbs
108. Jonathan Rulo, Belleville East, IL 285 lbs
109. Camden Baum, Bishop McDevitt, PA 132 lbs
110. Dylan Pitzer, Mt. Pleasant, PA 285 lbs
111. Shane Wagner, Faith Christian, PA 144 lbs
112. Austin Paris, Grand County, UT 132 lbs
113. Walker Turley, St. Christopher's, VA 138 lbs
114. Santino Rodriguez, Don Bosco Prep, NJ 138 lbs
115. Henry Aslikyan, Birmingham, CA 106 lbs
116. Revin Dickman, Brownsburg, IN 113 lbs
117. Trey Beissel, Hastings, MN 113 lbs
118. Dante DeLuca, Don Bosco, NJ 190 lbs
119. Zach Stewart, Marmion Academy, IL 144 lbs
120. Matt Harrold, Haverhill, MA 220 lbs
121. Max Matthias, Two Rivers, WI 175 lbs
122. Tavio Hoose, Southwestern, NY 175 lbs
123. Mikey Bautista, Montvale St. Joseph, NJ 113 lbs
124. Nicolas Enzminger, Bismarck Legacy, ND 113 lbs
125. Kole Davidheiser, Faith Christian, PA 106 lbs
126. Blake Fox, Osage, IA 132 lbs
127. Xander Dossett, Ola, GA 165 lbs
128. Riley Johnson, Omaha Skutt, NE 165 lbs
129. Alias Raby, West Valley, CA 144 lbs
130. Joseph Joyce, Ponaganset, RI 138 lbs
131. Waylon Cressell, Warren Central, IN 165 lbs
132. Kiernan Meink, Millard South, NE 120 lbs
133. Isaak Chavez, Mullen, CO 150 lbs
134. Lorenzo Alston, Uwhairre Charter, NC 150 lbs
135. Nathan Carrillo, St. John Bosco, CA 126 lbs
136. Charlie DeSena, Lake Highland Prep, FL 126 lbs
137. Cael Leisgang, Seymour, WI 215 lbs
138. Victor-Alexander Gutierrez, Central Catholic, CA 126 lbs
139. Chris LaLonde, Roosevelt, CO 132 lbs
140. Ashton Honnold, Nodaway Valley, IA 215 lbs
141. Garrison Weisner, Oregon Clay, OH 120 lbs
142. Nathaniel Carter, Clarkston, MI 132 lbs
143. Hayden Yacoviello-Andrus, Bermudian Springs, PA 132 lbs
144. Carl Orchard, Corbett, OR 285 lbs
145. Peter Rincan, Bedford, NH 106 lbs
146. Ty Murray, Central Carroll, GA 126 lbs
147. Max Wirnsberger, Meadowbrook Christian, PA 126 lbs
148. Wyatt Medlin, Washington, IL 132 lbs
149. Isaac Ward, Fort Osage, MO 190 lbs
150. Tad Forsyth, OP BV-Southwest, KS 175 lbs

NATION'S BEST 75 CLASS OF 2027

HIGH SCHOOL FRESHMEN

By Dan Fickel

Editor's Note: Here are rankings of the Nation's Best 75 Class of 2027 High School Freshmen as of 11-15-23. Seven major factors, which considered the overall accomplishments of the wrestlers, were used in determining these rankings. They include: (1) UWW Cadet and 16U National Championships; (2) U17 Freestyle World Team Trials; (3) FloWrestling Who's #1; (4) Achievements at prestigious high school tournaments and club/dual events; (5) Super 32 Challenge Tournament; (6) Brian Keck Memorial Preseason Nationals, (7) U15 Freestyle Nationals.

1. Paul Kenny, Christian Brothers, NJ 113 lbs
2. Melvin Miller, Bishop McCort, PA 144 lbs
3. Joe Bachmann, Faith Christian, PA 106 lbs
4. Grey Burnett, Perrysburg, OH 106 lbs
5. Ignacio Villasenor, Pomona, CO 106 lbs
6. Landon Sidun, Norwin, PA 113 lbs
7. Hunter Snyder, Greater Latrobe, PA 165 lbs
8. Michael Romero, St. John Bosco, CA 120 lbs
9. Shamus Regan, Wyoming Seminary, PA 106 lbs
10. Dawson Youngblut, Don Bosco, IA 126 lbs
11. Gabriel Logan, Delbarton, NJ 150 lbs
12. Clinton Shepherd, Crown Point, IN 132 lbs
13. Rocco Cassioppi, Hononegah, IL 106 lbs
14. Caleb Noble, Warren Township, IL 106 lbs
15. Yandro Soto, Lake Highland Prep, FL 138 lbs
16. Jesse Grajeda, St. John Bosco, CA 132 lbs
17. Cameron Sontz, Delbarton, NJ 106 lbs
18. Tanner Hodgkins, Howell, NJ 165 lbs
19. Broedy Collins Hendricks, Humboldt, IA 165 lbs
20. Brock Rothermel, Line Mountain, PA 113 lbs
21. Bruno Cassioppi, Hononegah, IL 113 lbs
22. Jimmy Mastny, Marian CC, IL 150 lbs
23. Mike Batista, Blair Academy, NJ 106 lbs
24. Gavin Landers, Denver, IA 106 lbs
25. Slater Hicks, St. John Bosco, CA 120 lbs
26. Nicholas Singer, Faith Christian, PA 150 lbs
27. Hayden Schwab, Don Bosco, IA 106 lbs
28. Maximus Konopka, Simsbury, CT 215 lbs
29. Brayden Koester, Bettendorf, IA 190 lbs
30. Sonny Amato, Rumson-Fair Haven, NJ 144 lbs
31. Konner Larkin, Valiant College Prep, AZ 113 lbs
32. Brody Sendele, Hononegah, IL 144 lbs
33. Kavin Muyleart, Cedar Cliff, PA 106 lbs
34. Austin Ellis, Davis, UT 126 lbs
35. Zack Aquila, Brecksville, OH 150 lbs
36. Wyatt Fry, Wyoming Seminary, PA 126 lbs
37. Cayden Rios, Eastwood, TX 138 lbs
38. Dale Corbin, Wyoming Seminary, PA 120 lbs
39. Gabe Ballard, Northampton, PA 106 lbs
40. Gage Spurgeon, Eddyville, IA 120 lbs
41. Kane Shawger, St. Xavier, OH 120 lbs
42. Bradley Wagner, Mifflinburg, PA 113 lbs
43. Turner Ross, Simley, MN 106 lbs
44. Cason Craft, Sallisaw, OK 106 lbs
45. Braylon Reynolds, Brownsburg, IN 126 lbs
46. Quinten Cassidy, Cedar Springs, MI 138 lbs
47. Evan Stanley, Mount Carmel, IN 126 lbs
48. Blaze Van Gundy, Dublin Coffman, OH 120 lbs
49. Brandon Bickerton, Medina Highland, OH 106 lbs
50. Jensen Boyd, Delta, IN 106 lbs

51. Allen Woo, Montini Catholic, IL 106 lbs
52. Conner Giedd, Howard, SD 132 lbs
53. Mac Crosson, Indianola, IA 113 lbs
54. Gaige Horak, Massillon Perry, OH 175 lbs
55. Grayson Fuchs, Detroit Catholic Central, MI 106 lbs
56. Brayton Feister, Akron Hoban, OH 215 lbs
57. Danny Zmorowski, Lake Catholic, OH 190 lbs
58. Mason Katschor, Dundee, MI 106 lbs
59. Austin Bickerton, Medina Highland, OH 113 lbs
60. Carter Chunko, Saucon Valley, PA 106 lbs
61. Mason Basile, Tampa Jesuit, FL 144 lbs
62. Killian Coluccio, Christian Brothers, NJ 106 lbs
63. Justin Williamson, Mount Carmel, IL 106 lbs

64. Mat Prine, Southeast Polk, IA 106 lbs
65. Ned Kauffman, Trinity, PA 126 lbs
66. Ryan DeGeorge, Delbarton, NJ 126 lbs
67. Roman Thompson, Pittsburgh CC, PA 215 lbs
68. Cooper Driscoll, St. Edward, OH 165 lbs
69. Nico DeSalvo, Southeast Polk, IA 113 lbs
70. Janice Henry, Central Valley, PA 215 lbs
71. Lincoln Rohr, Massillon Perry, OH 106 lbs
72. Dominic Morrison, Hatboro Horsham, PA 106 lbs
73. Emilio Albanese, Emmaus, PA 106 lbs
74. Stanton Welch, Columbus DeSales, OH 157 lbs
75. CJ Pensiero, Bishop McCort, PA 157 lbs



2023 CIF Sac-Joaquin Section Masters Championships - 170 lbs Angelo Sardo (Folsom) working to pin John Hurtado, Jr. (Grace Davis) with a headlock. Sardo won by decision 11-4. Photo by Amber Pappé.

You Can't Improve What You Can't Measure: A Chat with One of Wrestling's Greats, Kyle Snyder

By James C. Foster

This summer, I had the privilege of sitting down with one of Wrestling's greats: Kyle Snyder. During our chat, Kyle shared his incredible journey of establishing his place in U.S. wrestling history at only the young age of 26. His resume is impressive: he's the youngest Olympic Gold medalist and World Champion in American wrestling history, and the youngest to ever win the World, NCAA, and Olympic Championships... all in the same year. Achieving that Olympic Gold didn't stop Kyle from going back to college to become the first three-time NCAA heavyweight champion in 30 years.

And yet, with 9 World Medals (including bronze at the World Championships in September), he's not done. In fact, according to Kyle, he's just getting started. He has a plan to wrestle at the world-level for another 17 years.

Kyle is different. Within five minutes of speaking with him, you will quickly learn that he is committed to a spiritual calling that is greater than himself, his ego, or desire to be famous. His journey is more important than money, and during our conversation he mentioned that his goal was not "to be the wealthiest wrestler of all time – it was to be the best."

His commitment to his process and his discipline are unlike anyone that I have ever met – in part this credit is due to his parents. One of the earliest stories that Kyle shared with me was his dad's whiteboard. After-school strength workouts in the garage started when Kyle and his brothers were young - and at the top of the workout whiteboard was his dad's saying, "What have you done to get better today?" This constant push for daily improvement has been inscribed into his DNA and stuck with him for his entire life. He went on to say how much he enjoys training and the process of getting ready for competition. Enjoying the journey and enjoying process hacking is what separates the good from the great. Enjoying this discipline is rare.

His daily improvement is tracked through a series of spreadsheets and journals where he measures sleep, strength workouts, time-on-the-mat, nutrition, weight, recovery, and energy. Everything in his life is measured. You can't improve what you can't measure. This commitment is next-level and always on display. He mentioned that over the last four years, he feels his best when he gets 8.32 hours of sleep per night and that he loses 1.3 kilograms the

night before an event. He can also tell you how many minutes he has spent on the mat or how many squats he has done in a given month, or for that matter in a year. This discipline has enabled him to vastly improve his tradecraft. His world and Olympic coaches have provided him with the systems to become his own "best coach."

Looking to the future, Kyle plans his full year in advance. His competition training cycles are 4 weeks on, 1 week off. And don't kid yourself, his off week would kill most of us. While these off weeks still include strength, endurance, and active recovery workouts, he finds time to remain balanced and spends conscious time with his wife Maddie and son Judah. The cycles are perfectly timed around the major events that he wants to compete at through the year. Each cycle is planned down to the day and each day is planned down to the hour. Like the majority of us, his plans frequently require change. Those changes can be based on personal obligations, injury, or changes in competition, but when a major change occurs he resets the remainder of the year again.

For those that know me personally, you know that wrestling is a personal passion of mine: both as a former competitor and coach. We can all learn a thing or two from Kyle about commitment, discipline, and forward-thinking both on and off the mat. Kyle puts his best foot forward today, so he can be the best version of himself not only tomorrow, but a year from now. He is committed to improvement, without fear of acknowledging where he still needs to grow.

I'll often tell my wrestlers to focus on mastering the basics first then to master the process, and Kyle is the perfect example of doing just that. Kyle plans his year in advance down to the hour, measures everything, adjusts his plans as necessary, and has a relentless discipline to his process. He was a great young wrestler because of his unique talents, passion, and support system – he will be one of the all-time great champions in his sport because of his unique ability to set and achieve his goals.



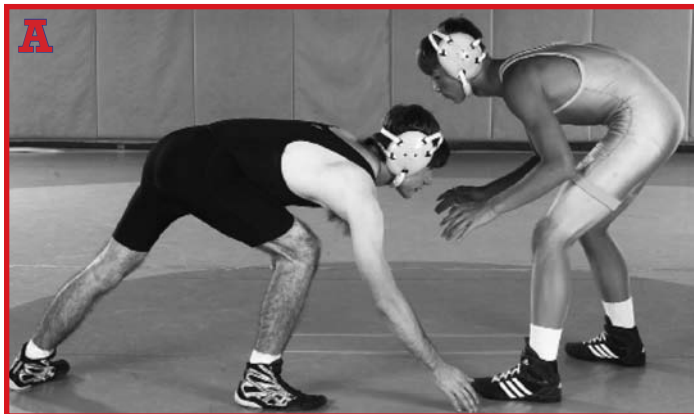
2023 World Championships Men's Freestyle - Kyle Snyder 97 kg working to finish a takedown on Radu Lefter (Moldova). Snyder won the match 12-1 and would later win the bronze medal for his 9th World/Olympic medal. Photo by Randy Tomaras.

Single-Leg Sweep

By Bill Welker

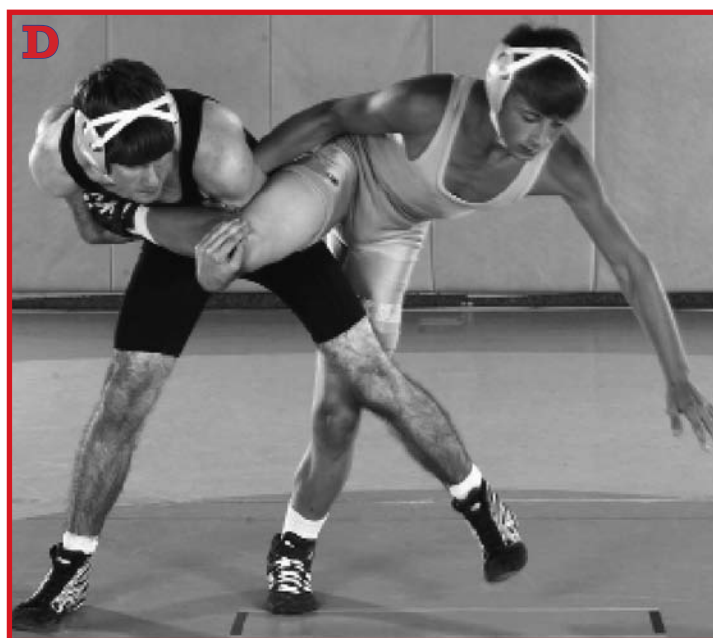
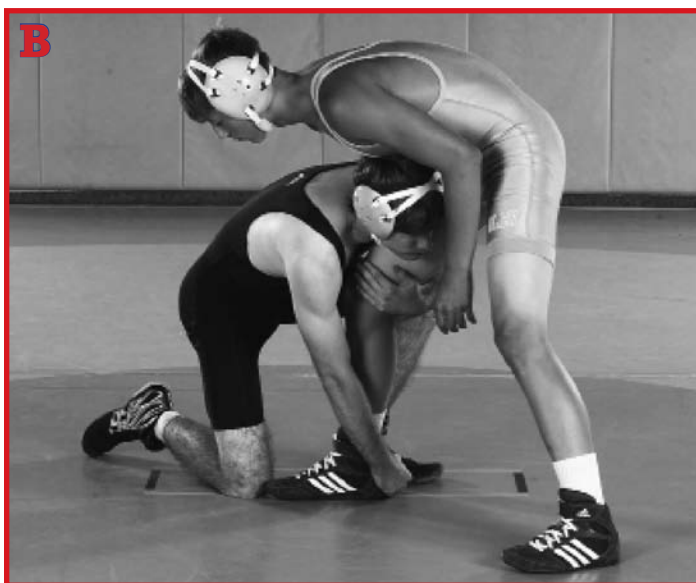
Setup

W1 is in the traditional breakdown position facing W2 but not tying up with him.



Action

W1 quickly fakes a single-leg attack to W2's left angle, slapping his right hand on the mat (a). This maneuver causes W2 to step his left leg back. Next, W1 sweeps to W2's right ankle and picks it up (b and c). Finally, W1 forward trips W2's left leg above the knee, forcing W2 to the mat (d).

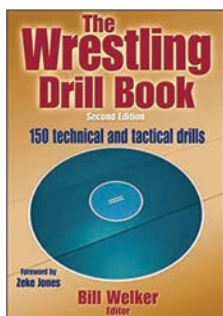


Coaching Points

It is imperative to stress that your wrestlers quickly change direction and sweep low on their opponents' ankles. Furthermore, they must also be instructed to stand up with the leg (ankle trapped with the left hand) as quickly as possible so they don't get stuck down on the mat. Of course, the single-leg sweep can also be performed on the opposite leg as well. This is a drill that can generally be taught to a youth wrestler who has been involved with wrestling for two years or more.

Common Error

Wrestlers will grasp the leg above the ankle and maneuver too slowly to the feet after sweeping the single leg.



Excerpts from
*The Wrestling
Drill Book,
2nd Edition*
Single-Leg Sweep
pp. 92-93



CLIFF KEEN

IF YOU
ALWAYS GO
THE EXTRA
MILE,
YOU WILL
END UP
STANDING
ALONE.



LOOKS GREAT
CUSTOMIZED

with full-coverage
spot sublimated
team graphics!



Mason Parris
2023 NCAA CHAMPION

The Sure Shot
COMPRESSION KNEE SLEEVE