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June 15, 2024

Volume 59, No. 5

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Wrestling USA Magazine

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2024 Senior All-American Poster

By Cody Bryant, Managing Editor

This year's 2024 Senior All-American Poster will be the same format as last year with 13 Dream Team and 13 Academic Team members by weight class, along with 60 All-American Team members and 24 Honorable Mention Team members. Dan Fickel continues to assist me in the selection process with his great knowledge of the top high school seniors in the country.

Typically speaking I have felt that the Dream Team and the Academic Team are the easiest part of the Senior All-American Poster, but this year I felt like it was a bit more difficult than usual. These wrestlers are selected not only on their credentials, but by weight class so it narrows the selection process. This year's Wrestling USA Magazine/Cliff Keen Athletic 2024 Outstanding Wrestler is 2x National Prep Champion Luke Lilledahl, from Wyoming Seminary in Kingston, Pennsylvania. Luke's credentials include 2x Ironman Champion (3x finalist), Journeyman Fall Classic Champion, U17 US Open Freestyle Champion, Senior Nationals Freestyle Champion, and 2x U20 US Open Freestyle Champion. Wyoming Seminary has been one of the top high school wrestling programs in the country and this year is no exception. Wyoming Seminary has five senior wrestlers that made this year's poster including three on our Dream Team, and one each on our All-American Team and Honorable Mention Team.

Academic Team was not selected necessarily on the wrestlers' academic achievements. With so many great wrestlers out there with great credentials, it's hard not to list some of these amazing credentials. There wasn't one wrestler on the Academic Team that had a GPA below a 3.5! If I selected an Outstanding Academic Wrestler, I would have to lean towards Florida's Sawyer Bartelt at 215 lbs. Sawyer is a 4x State Champion, 16U Greco-Roman Champion and Freestyle All-American, Junior Nationals and U20 US Open Greco-Roman Champion and Freestyle 3rd place finisher, and the Southeast Region Dave Schultz Excellence Award winner from the National Wrestling Hall of Fame. With all this success, he still maintained a 4.28 GPA.

Every year there are outstanding high school seniors that do not get recognized on our Senior All-American Poster for a number of reasons. In most cases I didn't receive the information needed for me to consider the individual for one of the teams. I have the upmost respect for Dan Fickel's Senior Rankings and without those rankings it would be next to impossible to select these teams. The process isn't perfect, and I have to rely mostly on the information I receive from coaches, administrations, parents, etc.

I do want to thank all the coaches, administrations, and parents that sent the necessary information and head shots required to allow us to put together an outstanding group of young men. I wish them all the best in their future endeavors in wrestling or wherever it may lead them in life.

"Beloved, I pray that all may go well with you and that you may be in good health, as it goes well with your soul." 3 John 2

As Always, let's be "On The Go Together,"

Cody

COVER PHOTO

2024 U.S. Olympic Team Trials - 57 kg Spencer Lee (HWC/TMWC) with a takedown attempt against Zane Richards (IRTC/TMWC). Lee won by decision 13-6. Photo by Tom Elling.

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Send your best action wrestling photos to cody@wrestlingusa.com. The best photos will be recognized each issue. All photos should be submitted digitally at 300 dpi.



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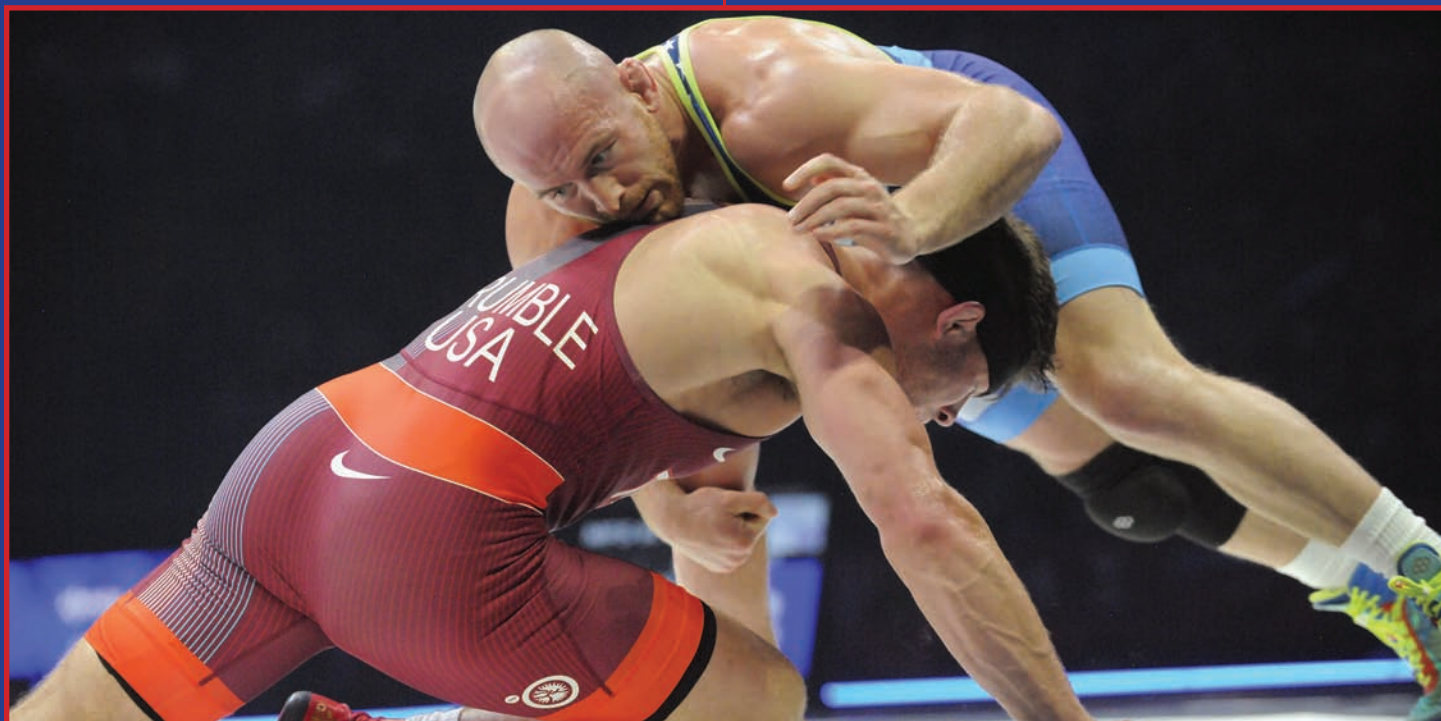


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The National Voice of High School Wrestling Since 1965

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2024 U.S. Olympic Team Trials - 95 kg Kyle Snyder (NLWC/TMWC) blocking a shot by Isaac Trumble (WRTC/TMWC). Snyder won his second consecutive match 4-0 to make his third Olympic Team. Photo by Tom Elling.

NATION'S BEST 2023-2024 HIGH SCHOOL **ALL-CLASS RANKINGS**

By Dan Fickel

Editor's Note: Here final rankings of the Nation's Best 2023-24 High School Wrestlers. These rankings represent wrestlers regardless of year in school. Nine major factors, which considered the overall accomplishments of the wrestlers, were used in determining these rankings. They include: (1) Accomplishments at the State High School Championships (folkstyle); (2) USA Wrestling National Junior Freestyle and Greco-Roman Championships; (3) UWW Cadet and 16U National Championships; (4) U17 Freestyle World Team Trials; (5) U20 Freestyle World Team Trials; (6) FloWrestling Who's #1; (7) Ironman Tournament and additional prestigious regular season events; (8) Super 32 Challenge Tournament; (9) Pittsburgh Wrestling Classic. Some wrestlers did not compete for a high school during the 2023-24 high school regular season for a variety of reasons, but are still listed because of their previous in-state high school accomplishments and national credentials. Rankings were finalized on 5-15-24.

106 lbs. TOP RANKED

Joe Bachmann, 9

Faith Christian, Pennsylvania

2. Dominic Deputy, 10, (Chestnut Ridge, PA)
3. Henry Aslikyan, 10, (Birmingham, CA)
4. Cameron Sontz, 9, (Delbarton, NJ)
5. Arseni Kikiniou, 9, (Poway, CA)
6. Shamus Regan, 9, (Wyoming Seminary, PA)
7. Caleb Noble, 9, (Warren Township, IL)
8. Rocco Cassioppi, 9, (Hononegah, IL)
9. Rocco Hayes, 11, (Sandburg, IL)
10. Killian Coluccio, 9, (Christian Brothers, NJ)
11. Vincenzo Anello, 9, (Blair Academy, NJ)
12. Julian Rios, 10, (Phillips Andover, MA)
13. Hayden Schwab, 9, (Don Bosco, IA)
14. Jarrett Smith, 10, (Lowell, MI)
15. Turner Ross, 9, (Simley, MN)
16. Liam McGettigan, 9, (Gilman, MD)
17. Brandon Bickerton, 9, (Medina Highland, OH)
18. Dominic Morrison, 9, (Hatboro Horsham, PA)
19. Caden Correll, 11, (Normal, IL)
20. Cason Craft, 9, (Sallisaw, OK)
21. Allen Woo, 9, (Montini Catholic, IL)
22. Peyton Schoettle, 10, (Roncalli, IN)
23. Anthony Mason, 10, (Southern Regional, NJ)
24. Ayden Dodd, 10, (Perrysburg, OH)

25. Nico DeSalvo, 9, (Southeast Polk, IA)
26. Blake Woodward, 10, (Buchanan, CA)
27. Lincoln Rohr, 9, (Massillon Perry, OH)
28. Aiden Herndon, 9, (Cedar Cliff, PA)
29. Jake Goodin, 11, (Edmond North, OK)
- 30T. Alexander Diaz, 12, (Council Rock North, PA)
- 30T. Oumar Tounkara, 11, (Teaneck, NJ)
- 30T. Charlie Esposito, 10, (Montvale St. Joseph, NJ)
- 30T. Drake VomBaur, 9, (Severance, CO)

Special Mention:

- Aidan Gruenfelder, 11, (Pecatonica-Argyle, WI)
Liam Adlfinger, 10, (Wilton, IA)
Mason Jones, 12, (Lake Central, IN)
Jordan Segal, 10, (Shawnee, NJ)
Kaison Schreier, 10, (Fort Osage, MO)
Emilio Albanese, 9, (Emmaus, PA)
Thomas Boyce, 9, (Conwell-Egan, PA)
Sam Wolford, 10, (Northern Lebanon, PA)
Tanner Guenot, 9, (Bald Eagle, PA)
William Du Chemin, 9, (Wilmot Union, WI)
Carter Shin, 10, (Chantilly, VA)
Anthony Lagala-Ryan, 9, (Longwood, NY)
Anthony Garza, 9, (Clovis, CA)
Weston Porter, 9, (Lewis Central, IA)
Mason Bauer, 9, (Ashland, OH)
William Soto, 9, (Newburgh, NY)
Royce Malone, 9, (Monrovia, IN)
Cooper Merli, 10, (Newburgh Free Academy, NY)

- Dunia Sibomana, 10, (Long Beach, NY)
Jensen Boyd, 9, (Delta, IN)

113 lbs. TOP RANKED

Domenic Munaretto, 10
St. Charles East, Illinois

2. Landon Sidun, 9, (Norwin, PA)
3. Davis Motyka, 12, (Wyoming Seminary, PA)
4. Ayden Smith, 12, (Notre Dame GP, PA)
5. Ignacio Villasenor, 9, (Pomona, CO)
6. Grey Burnett, 9, (Perrysburg, OH)
7. Nicolas Garcia, 10, (Marmion Academy, IL)
8. Haakon Peterson, 10, (Dodgeville, WI)
9. Tyler Harper, 12, (Norwalk, IA)
10. Paul Kenny, 9, (Christian Brothers, NJ)
11. Revin Dickman, 10, (Brownsburg, IN)
12. Ezekial Witt, 12, (Junction City, KS)
13. Rocklin Zinkin, 10, (Buchanan, CA)
14. Edwin Sierra, 11, (Poway, CA)
15. Ethan Timar, 11, (St. Edward, OH)
16. Tyeler Hagensen, 12, (Mount Olive, NJ)
17. Adam Mattin, 11, (Delta, OH)
18. Aydan Thomas, 11, (Stillwater, OK)
19. Nathan Rioux, 10, (Avon, IN)
20. Kaedyn Williams, 12, (Manheim Township, PA)
21. Alex Pierce, 10, (Iowa City West, IA)



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THE GOLDEN EFFECT OF A LIFELONG COACHING FIGURE

STEVE SIROY RETIRES AFTER FIVE DECADES AT CHABOT COLLEGE

By Al Fontes

The origin of the California Community College wrestling circuit (aka, C32A) dates back to the year 1958, the same year that the U.S. Congress formally created the National Aeronautics and Space Administration (NASA), “Hula Hoops” became a national craze, and golf enthusiast witnessed longtime legend Arnold Palmer win his first of four Masters tournaments. A few years later, Chabot Community College in Hayward, California was established and shortly thereafter fielded its first wrestling team and joined the C32A in what has become among the strongest wrestling traditions in the Bay Area ever since. From its humble beginnings in 1962, Chabot has produced its share of state-level teams, outstanding wrestlers, state and national HOF recipients, as well as future prep level and college coaches, many of which have gone on to achieve at the highest levels, not only on the mat, but also influenced and impacted thousands of lives in the process for the greater good of society.

Led by Chabot’s inaugural Head Coach Bob Thomsen (Chabot Athletic HOF, 2006), the Gladiators produced the school’s first California Community College State Champion and All-American in Mike Remer, who went on to earn a second title the following season in addition to winning an NCAA Division II title and All-American honors in the Division I for Cal Poly, SLO. What’s more, Thomsen also coached an additional State Champion and two-time All-American in Paul Weston along with World and Olympic Team member Buck Deadrich. To summarize, Coach Thomsen produced a top 5 state finish in only the second year of the program’s history coupled with coaching multiple state placers, 14 individual All-Americans as well as winning four team titles in both the Golden Gate Conference and Northern California Regional. In essence, Thomsen built a very strong foundation that was systematically built upon from his tenure on.

At the conclusion of the 1960s, Coach Thomsen was succeeded by legendary Hall-of-Fame coach Zack Papachristos, who prior to coming to Chabot achieved the unthinkable by leading Canyon High School in Castro Valley to its first North Coast Section (NCS) and Northern California championships only four years after the school had been established. During his storied thirteen year wrestling

tenure at Chabot, he produced five state championship teams, a multitude of state placers, and numerous All-American wrestlers that went on to compete in the NCAA Division I and II levels. Among them was Steve Siroy, an exceptionally talented athlete that during his prep career at Arroyo High School in San Lorenzo won individual titles at NCS and the Northern California Championships, respectively. Subsequently, Papachristos understood that his chances of recruiting Siroy was not going to be an easy task, especially since Siroy had his sights on joining the U.S. Navy after high school. One to never give up, Papachristos put his inspirational and motivational skills to the test and in the end convinced Siroy that Chabot was his future. Without a shadow of a doubt, from day one of joining the program in 1971, Siroy has been the common denominator of the Gladiator’s long successful history ever since.



Coach Siroy being inducted into the California Chapter of the National Wrestling Hall of Fame pictured with his long-time friend and former Coach Zack Papachristos.

Photo by John Sachs.

NATION'S BEST 150 CLASS OF 2024

HIGH SCHOOL SENIORS

By Dan Fickel

Editor's Note: Here are final rankings of the Nation's Best 150 Class of 2024 High School Seniors. Eight major factors, which considered the overall accomplishments of the wrestlers, were used in determining these rankings. They include: (1) Accomplishments at the State High School Championships (folkstyle); (2) USA Wrestling National Junior Freestyle and Greco-Roman Championships; (3) UWW Cadet and 16U National Championships; (4) U17 Freestyle World Team Trials; (5) U20 Freestyle Nationals; (6) Ironman Tournament and additional prestigious regular season events; (7) FloWrestling Who's #1; (8) Super 32 Challenge Tournament. Some wrestlers did not compete for a high school during the 2023-24 high school regular season for a variety of reasons, but are still listed because of their previous in-state accomplishments and national credentials. Rankings were finalized on 5-15-24.

1. Luke Lilledahl, Wyoming Seminary, PA 126 lbs
2. Ben Davino, St. Charles East, IL 132 lbs
3. Cody Merrill, Gilroy, CA 285 lbs
4. Angelo Ferrari, Melissa, TX 175 lbs
5. Aeoden Sinclair, Milton, WI 215 lbs
6. Zack Ryder, Minisink Valley, NY 175 lbs
7. Joseph Sealey, Wyoming Seminary, PA 165 lbs
8. Connor Mirasola, West Bend West, WI 190 lbs
9. Brock Mantanona, Palm Desert, CA 150 lbs
10. Dillan Johnson, Joilet Catholic, IL 285 lbs
11. Cole Mirasola, West Bend West, WI 285 lbs
12. Sawyer Bartelt, South Dade, FL 215 lbs
13. Navarro Schunke, Brandon Valley, SD 285 lbs
14. Koy Hopke, Amery, WI 285 lbs
15. Kyler Larkin, Valiant College Prep, AZ 138 lbs
16. Luke Simcox, Central Mountain, PA 144 lbs
17. Aden Valencia, Ann Sobrato, CA 144 lbs
18. Pierson Manville, State College, PA 144 lbs
19. Rune Lawrence, Frazier, PA 215 lbs
20. Carter Neves, Blair Academy, NJ 285 lbs
21. Beric Jordan, Noble, OK 120 lbs
22. Gage Wright, Parkersburg South, WV 175 lbs
23. LJ Araujo, Bismarck, ND 175 lbs
24. Ethan Birden, Dublin Coffman, OH 165 lbs
25. JJ McComas, Stillwater, OK 132 lbs
26. Jaxon Joy, Wadsworth, OH 150 lbs
27. Max Shulaw, Columbus DeSales, OH 215 lbs
28. Connor Harer, Montgomery, PA 157 lbs
29. Charlie Millard, Homestead, WI 157 lbs
30. Nick O'Neill, Malvern Prep, PA 132 lbs
31. Dillon Campbell, Legacy Christian, OH 132 lbs
32. Sean Kinney, Nazareth, PA 285 lbs
33. Alex Braun, Woodbury, MN 144 lbs
34. Jack Consiglio, Malvern Prep, PA 144 lbs
35. Paul Kelly, Poway, CA 138 lbs
36. Daniel Herrera, Ames, IA 285 lbs
37. Elias Navida, Poway, CA 132 lbs
38. Cameron Catrabone, Williamsville North, NY 157 lbs
39. Grigor Cholakyan, St. John Bosco, CA 157 lbs
40. Landyn Sommer, Stillwater, OK 157 lbs
41. Karson Tompkins, Midlothian, TX 190 lbs
42. Matt Henrich, Southern Regional, NJ 157 lbs
43. Colin Kelly, Mount Carmel, IL 175 lbs
44. Isaiah Quintero, El Dorado, CA 120 lbs
45. Jace Roller, Bixby, OK 138 lbs
46. Matt Lopes, Blair Academy, NJ 132 lbs
47. Logan Swensen, Wayzata, MN 132 lbs
48. Lou Cerchio, Delbarton, NJ 175 lbs
49. Laird Root, Poway, CA 150 lbs
50. Tucker Hogan, Daniel Boone, PA 190 lbs
51. Edward Neitenbach, Medina Buckeye, OH 190 lbs
52. Chris Kiser, Ponca City, OK 120 lbs
53. Louie Gill, Reynolds, PA 120 lbs
54. Ethan Rivera, Lake Highland Prep, FL 120 lbs
55. Ethan Parco, Los Gatos, CA 150 lbs
56. Miguel Estrada, Frontier, CA 150 lbs
57. Collin Guffey, Granite Hills, CA 165 lbs
58. Latrell Schafer, Veterans, GA 175 lbs
59. Layton Schneider, Edmond North, OK 144 lbs
60. Davis Motyka, Wyoming Seminary, PA 113 lbs
61. Hunter Taylor, Liberty, MO 120 lbs
62. Ayden Smith, Notre Dame GP, PA 113 lbs
63. Jaydon Robinson, Winter Springs, FL 144 lbs
64. Mack Mauger, Blackfoot, ID 126 lbs
65. Mason Gibson, Bishop McCort, PA 132 lbs
66. Adrian Meza, Valiant College Prep, AZ 132 lbs
67. Logan Rozynski, Blair Academy, NJ 144 lbs
68. Ryan Bennett, St. Edward, OH 144 lbs
69. Omar Ayoub, Dublin Coffman, OH 144 lbs
70. Wyatt Duchateau, Arrowhead, WI 150 lbs
71. Jake Dailey, Wyoming Seminary, PA 190 lbs
72. Nate Taylor, Greens Farm Academy, CT 190 lbs
73. Hoke Hogan, Commerce, GA 190 lbs
74. Jason Mara, Meridian, ID 150 lbs
75. Robert Pratt, Poway, CA 215 lbs
76. Ricky Thomas, Edmond North, OK 285 lbs
77. Gabriel Bouyssou, Scituate, RI 150 lbs
78. Aidan Fockler, Massillon Perry, OH 285 lbs
79. Parker Farrell, Christiansburg, VA 285 lbs
80. Cash Henderson, Woods Cross, UT 215 lbs
81. Gage Walker, Bixby, OK 126 lbs
82. Jake Crapps, Cass, GA 126 lbs
83. Brodie Dominique, Archbold, OH 144 lbs
84. Moses Mirabal, Gilroy, CA 144 lbs
85. Alessandro Nini, Christian Brothers, NJ 144 lbs
86. Anderson Heap, Osceola, FL 150 lbs
87. Casper Stewart, Attica-Batavia, NY 144 lbs
88. August Hibler, Leonia/Palisades Park, NJ 144 lbs
89. Gavin Linsman, Liberty, MO 150 lbs
90. Darius Marines, Detroit Catholic Central, MI 157 lbs
91. Spencer Lanosga, Jesuit, LA 285 lbs
92. Andrew Barbosa, Palm Desert, CA 157 lbs
93. Paul Ognissanti, Blair Academy, NJ 157 lbs
94. Jadon Skellenger, Bishop Kelly, ID 157 lbs
95. Dom Federici, Wyoming Seminary, PA 175 lbs
96. Owen Eck, Andale, KS 157 lbs
97. Clayton Giddens-Buttram, Bixby, OK 175 lbs
98. Gunner Cramblett, St. Paris Graham, OH 175 lbs
99. Damarion Ross, Fort Dodge, IA 175 lbs
100. Cameron Stinson, Mallard Creek, NC 126 lbs
101. Jermaine Peace, Cane Bay, SC 126 lbs
102. Brayden Robison, Westlake, UT 157 lbs
103. Porter Matecki, Whitfield, MO 126 lbs
104. Jed Wester, St. Michael-Albertville, MN 165 lbs
105. Teddy Flores, Maine South, IL 120 lbs
106. Dan Jones, Delbarton, NJ 120 lbs
107. Sonny Kling, Canyon Springs, CA 190 lbs
108. Shilo Jones, Mountain View, ID 285 lbs
109. Nick Pavlechko, State College, PA 285 lbs
110. Logan Fowler, Cleveland, TN 165 lbs
111. Ryan Garvick, Central Dauphin, PA 165 lbs
112. Hunter Hollingsworth, Edmond North, OK 138 lbs
113. Bryce Griffin, Civic Memorial, IL 157 lbs
114. Kael Voinovich, Iowa City High, IA 157 lbs
115. Tyler Guerra, St. Charles East, IL 138 lbs
116. Anders Thompson, Flathead, MT 190 lbs
117. Landon Desselle, Summit, TN 144 lbs
118. Eugene Harney, Sycamore, OH 157 lbs
119. Oscar Williams, Edmond North, OK 215 lbs
120. Ty Wilson, Dublin Scioto, OH 150 lbs
121. Tyson Charmoli, St. Francis, MN 144 lbs
122. Kane Naaktgeboren, Linn-Mar, IA 144 lbs
123. Talon McCollom, Edmond North, OK 190 lbs
124. Quin Morgan, Mounds View, MN 215 lbs
125. Dillon Bechtold, Owen J. Roberts, PA 215 lbs
126. Marcell Booth, Apple Valley, MN 190 lbs
127. Cole Han-Lindemyer, Farmington, MN 190 lbs
128. Eddie Enright, Mount Carmel, IL 157 lbs
129. Vincent Lee, Delbarton, NJ 215 lbs
130. Hudson Skove, Rumson-Fair Haven, NJ 215 lbs
131. Kade Brown, St. Edward, OH 138 lbs
132. Nick Kunstek, Pottsville, PA 165 lbs
133. Jack Nelson, Mound-Westonka, MN 138 lbs
134. Draegen Orine, Seckman, MO 132 lbs
135. Cody Miller, Sumner, WA 157 lbs
136. Thomas Sandoval, Vacaville, CA 190 lbs
137. Jeremy Ginter, Toledo Whitmer, OH 157 lbs
138. Wyatt Ingham, Amery, WI 190 lbs
139. Nate Blanchette, Central Catholic, MA 175 lbs
140. Cy Kruse, Totino-Grace, MN 215 lbs
141. Will Sather, Eden Prairie, MN 285 lbs
142. Isaias Jimenez, Valiant College Prep, AZ 157 lbs
143. Gianni Maldonado, Brandon, FL 157 lbs
144. Brenan Morgan, Central Valley, PA 285 lbs
145. Hudson Rogers, Meridian, ID 175 lbs
146. Matty Jens, Grayslake Central, IL 175 lbs
147. Adrian Meza, Valiant College Prep, AZ 132 lbs
148. Max Magayna, Waterloo East, IA 175 lbs
149. David Mayora, Montini Catholic, IL 150 lbs
150. Chris Coates, Liberty, MO 150 lbs

NATION'S BEST 150 CLASS OF 2025

HIGH SCHOOL JUNIORS

By Dan Fickel

Editor's Note: Here are final rankings of the Nation's Best 150 Class of 2025 High School Juniors. Eight major factors, which considered the overall accomplishments of the wrestlers, were used in determining these rankings. They include: (1) Accomplishments at the State High School Championships (folkstyle); (2) USA Wrestling National Junior Freestyle and Greco-Roman Championships; (3) UWW Cadet and 16U National Championships; (4) U17 Freestyle World Team Trials; (5) U20 Freestyle Nationals; (6) FloWrestling Who's #1; (7) Ironman Tournament and additional prestigious regular season events; (8) Super 32 Challenge Tournament. Rankings were finalized on 5-15-24.

- Marcus Blaze, Perrysburg, OH 132 lbs
- P.J. Duke, Minisink Valley, NY 157 lbs
- LaDarion Lockett, Stillwater, OK 165 lbs
- Anthony Knox, St. John Vianney, NJ 120 lbs
- William Henckel, Blair Academy, NJ 175 lbs
- Vince Bouzakis, Wyoming Seminary, PA 157 lbs
- Jude Correa, Wyoming Seminary, PA 215 lbs
- Seth Mendoza, Mount Carmel, IL 126 lbs
- Daniel Zepeda, Gilroy, CA 138 lbs
- Leo Deluca, Blair Academy, NJ 120 lbs
- Kody Routledge, Edmond North, OK 157 lbs
- Ryan Burton, Montvale St. Joseph, NJ 175 lbs
- Sergio Vega, Sunnyside, AZ 144 lbs
- Maddox Shaw, Thomas Jefferson, PA 138 lbs
- Landon Robideau, St. Michael-Albertville, MN 150 lbs
- Kollin Rath, Bethlehem Catholic, PA 150 lbs
- Aaron Seidel, Northern Lebanon, PA 120 lbs
- Ronnie Ramirez, Walnut, CA 120 lbs
- Nathan Desmond, Wyoming Seminary, PA 120 lbs
- Harvey Ludington, Brick Memorial, NJ 190 lbs
- Cade Ziola, Omaha Skutt, NE 190 lbs
- Christian Castillo, Valiant College Prep, AZ 120 lbs
- Dominic Babinelli, Mill Creek, GA 175 lbs
- Asher Cunningham, State College, PA 157 lbs
- Tyler Eise, Ponderosa, CO 175 lbs
- Sampson Stillwell, St. Michael Archangel, MO 285 lbs
- Collin Gaj, Quakertown, PA 150 lbs
- Alessio Perentin, Delbarton, NJ 165 lbs
- Nicholas Sahakian, St. John Bosco, CA 285 lbs
- Nikade Zinkin, Clovis, CA 126 lbs
- Cooper Hilton, Apex, TN 150 lbs
- Dorian Olivarez, Home School, TX 144 lbs
- Matt Kowalski, Springboro, OH 190 lbs
- Jarrel Miller, St. Edward, OH 190 lbs
- Joseph Antonio, St. John Bosco, CA 165 lbs
- Jordan Chapman, Cranford, NJ 165 lbs
- Austin Johnson, Muncy, PA 215 lbs
- Isaiah Cortez, Gilroy, CA 126 lbs
- Adrian DeJesus, St. Joseph Regional, NJ 132 lbs
- Billy Dekracker, Blair Academy, NJ 138 lbs
- Matthew Botello, Wyoming Seminary, PA 132 lbs
- Jackson Blum, Lowell, MI 132 lbs
- Jake Hockaday, Brownsburg, IN 132 lbs
- Drew Gorman, Buford, GA 138 lbs
- Tahir Parkins, Nazareth, PA 132 lbs
- Carter Pearson, Southeast Polk, IA 120 lbs
- Will Denny, Marist, IL 150 lbs
- Anthony Harris, St. Peter's Prep, NJ 215 lbs
- Jacob Levy, Carrollton, GA 285 lbs
- Brett Clatterbaugh, Eastern View, VA 285 lbs
- Elijah Cortez, Gilroy, CA 132 lbs
- Tyson Terry, Omaha North, NE 285 lbs
- Kyler Knaack, Don Bosco, IA 157 lbs
- Logan Paradice, Colquitt County, GA 150 lbs
- Brogan Tucker, St. Paris Graham, OH 144 lbs
- Gauge Botero, Faith Christian, PA 120 lbs
- Dalton Perry, Central Mountain, PA 138 lbs
- Rocco Dellagatta, Montvale St. Joseph, NJ 285 lbs
- Caedyn Ricciardi, St. Peter's Prep, NJ 138 lbs
- Chase Van Hoven, Brooke Point, VA 150 lbs
- Ben Hickman, Tuttle, OK 144 lbs
- EJ Solis, South Dade, FL 138 lbs
- Peyton Westfahl, Liberty, MO 175 lbs
- Leo Contino, Buchanan, CA 157 lbs
- Elijah Diakomihalis, Hilton, NY 190 lbs
- Claudio Torres, Lake Highland Prep, FL 157 lbs
- Matthew Martino, Bishop Kelly, ID 150 lbs
- Angelo Posada, Poway, CA 175 lbs
- Edwin Sierra, Poway, CA 113 lbs
- Emmitt Sherlock, Gilman School, MD 165 lbs
- Ethan Timar, St. Edward, OH 113 lbs
- Carson Thomas, Cincinnati La Salle, OH 175 lbs
- Noah Nininger, Staunton River, VA 150 lbs
- Brody Saccoccia, Steubenville, OH 150 lbs
- Ishmael Guerrero, Bixby, OK 150 lbs
- Micah Hach, Watertown, SD 285 lbs
- Rylan Kuhn, St. Pius X, MO 215 lbs
- Thomas Brown, Chelmsford, MA 285 lbs
- Brock Kehler, University, WV 285 lbs
- Connor Bercume, Detroit Catholic Central, MI 215 lbs
- Ty Miller, St. Edward, OH 175 lbs
- Bryce Burkett, Watertown Mayer, MN 175 lbs
- Cooper Martinson, Southeast Polk, IA 285 lbs
- Anthony Mutarelli, Council Rock South, PA 126 lbs
- Carlos Stanton Jr., Sunnyside, AZ 150 lbs
- DeAlcapon Veazy, Ponderosa, CO 190 lbs
- Jayce Paridon, Lake Highland Prep, FL 132 lbs
- Gunner Andrick, Point Pleasant, WV 138 lbs
- Sebastian Degennaro, Jensen Beach, FL 126 lbs
- Geronimo Rivera, Layton, UT 126 lbs
- Jeff Lopez, Clovis West, CA 126 lbs
- Caleb Dennee, Marshfield, WI 165 lbs
- Devon Miller, Edmond North, OK 120 lbs
- Aidan Ysaguirre, Santa Cruz Valley Union, AZ 215 lbs
- Anthony Evanitsky, Wyoming Seminary, PA 150 lbs
- Jackson Tucker, Hillsboro, MO 138 lbs
- Mitchell Younger, Bishop Watterson, OH 150 lbs
- Manuel Saldate, Slam Academy, NV 138 lbs
- Wyatt Bush, Grundy, VA 215 lbs
- Cole Evans, Perrysburg, OH 126 lbs
- Aiden King, Bishop Hartley, OH 132 lbs
- Casen Roark, Father Ryan, TN 132 lbs
- Carson Walsh, Pope John, NJ 132 lbs
- Paris Ruiz, Buchanan, CA 132 lbs
- Leo Maestas, Clovis West, CA 132 lbs
- Caio Aron, Woodlands College Park, TX 126 lbs
- TJ Koester, Bettendorf, IA 126 lbs
- Will Adkins, Moeller, OH 215 lbs
- Alex Smith, Lake Highland Prep, FL 215 lbs
- Leimana Fager, Corner Canyon, UT 190 lbs
- Caleb Close, Bald Eagle, PA 190 lbs
- Robert Kucharczk, Lake Highland Prep, FL 190 lbs
- Jacob Helgeson, Johnston, IA 165 lbs
- Beau Priest, Bakersfield, CA 157 lbs
- Hunter Sturgill, Baylor School, TN 157 lbs
- Isaiah Schaefer, Evansville Mater Dei, IN 126 lbs
- Devon Magro, Bishop McCort, PA 157 lbs
- Eren Sement, Council Rock North, PA 126 lbs
- Phoenix Contos, Toledo Waite, OH 126 lbs
- David Gleason, Staley, MO 144 lbs
- Ethan Uhrochuk, Signal Mountain, TN 132 lbs
- Zach Ballante, St. Joseph Regional, NJ 150 lbs
- Nathaniel Askew, Baylor School, TN 144 lbs
- Colin Martin, Staunton River, VA 132 lbs
- Taye Wilson, Pratt, KS 165 lbs
- Adrien Reyes, Clovis, CA 165 lbs
- Danny Heiser, Evansville, WI 150 lbs
- Jason Kwaak, Brentwood, NY 150 lbs
- Kyler Lauridsen, Bennington, NE 150 lbs
- Layne Kleimann, Mountain Ridge, UT 138 lbs
- Melvin Whitehead, Liberty, NV 215 lbs
- Brokton Borelli, Los Banos, CA 190 lbs
- Vincenzo Lavallo, Hanover Park, NJ 190 lbs
- Blue Stiffler, Mill Creek, GA 144 lbs
- Casen Howle, Greenwood, SC 190 lbs
- Eván McGuire, Mahtomedi, MN 190 lbs
- Adam Mattin, Delta, OH 113 lbs
- Grayson Meak, Cold Spring Harbor, NY 190 lbs
- Co'ji Campbell, St. Joseph Academy, WI 120 lbs
- Rocco Hayes, Sandburg, IL 106 lbs
- Aydan Thomas, Stillwater, OK 113 lbs
- Isaiah Harrison, Mountain View, CO 113 lbs
- Abdi Unle, Omaha Bryan, NE 113 lbs
- Ethan Teague, Tuttle, OK 175 lbs
- Brady Collins, Clearfield, PA 150 lbs
- Cameron Milheim, Warrior Run, PA 150 lbs
- Preston Marchesseault, Ponaganset, RI 175 lbs
- Vaughn Spencer, Pine-Richland, PA 175 lbs
- Luke James, Milan Edison, OH 175 lbs
- Leister Bowling IV, Mead, CO 175 lbs

NATION'S BEST 150 CLASS OF 2026

HIGH SCHOOL SOPHOMORES

By Dan Fickel

Editor's Note: Here are final rankings of the Nation's Best 150 Class of 2026 High School Sophomores. Eight major factors, which considered the overall accomplishments of the wrestlers, were used in determining these rankings. They include: (1) Accomplishments at the State High School Championships (folkstyle); (2) USA Wrestling National Junior Freestyle and Greco-Roman Championships; (3) UWW Cadet and 16U National Championships; (4) U17 Freestyle World Team Trials; (5) FloWrestling Who's #1; (6) Ironman Tournament and additional prestigious regular season events; (7) Super 32 Challenge Tournament; (8) NHSCA Nationals. Rankings were finalized on 5-15-24.

1. Bo Bassett, Bishop McCort, PA 138 lbs
2. Jax Forrest, Bishop McCort, PA 126 lbs
3. Dreshaun Ross, Fort Dodge, IA 215 lbs
4. Jordyn Raney, Union County, KY 132 lbs
5. Jayden Raney, Union County, KY 126 lbs
6. Coby Merrill, JW North, CA 215 lbs
7. Adam Waters, Faith Christian, PA 175 lbs
8. Domenic Munaretto, St. Charles East, IL 113 lbs
9. Michael Mocco, Cardinal Gibbons, FL 215 lbs
10. Aaron Stewart, Warren Township, IL 157 lbs
11. Nicolas Garcia, Marmion Academy, IL 113 lbs
12. Brandt Harer, Montgomery, PA 132 lbs
13. Nathan Carrillo, St. John Bosco, CA 120 lbs
14. Moses Mendoza, Gilroy, CA 120 lbs
15. Keanu Dillard, Bethlehem Catholic, PA 120 lbs
16. Tyler Dekracker, Home School, PA 120 lbs
17. Karson Brown, St. Edward, OH 120 lbs
18. Lincoln Sledzianowski, Bishop McCort, PA 120 lbs
19. Camden Baum, Bishop McDevitt, PA 132 lbs
20. Jayden James, Delbarton, NJ 138 lbs
21. Haakon Peterson, Dodgeville, WI 113 lbs
22. Antonio Mills III, Mill Creek, GA 120 lbs
23. Ryder Wilder, Camden County, GA 190 lbs
24. Jake Knight, Bettendorf, IA 120 lbs
25. Aiden Cooley, Allen, TX 190 lbs
26. Blake Cosby, Dundee, MI 144 lbs
27. Joseph Toscano, Buchanan, CA 144 lbs
28. Dominic Deputy, Chestnut Ridge, PA 106 lbs
29. Henry Aslikyan, Birmingham, CA 106 lbs
30. Victor-Alexander Gutierrez, Central Catholic, CA 132 lbs
31. Kellen Wolbert, Oconomowoc, WI 132 lbs
32. Dean Bechtold, Owen J. Roberts, PA 285 lbs
33. David Perez, Ponaganset, RI 132 lbs
34. Alex Rozas, Teurlings Catholic, LA 120 lbs
35. Joseph Uhorchuk, Signal Mountain, TN 120 lbs
36. Mark Effandian, Faith Christian, PA 285 lbs
37. Titan Friederichs, Watertown Mayer, MN 120 lbs
38. Mason Carlson, Syracuse, UT 120 lbs
39. Tylin Thrine, New Castle, IN 132 lbs
40. Mason Jakob, Dobyns Bennett, TN 120 lbs
41. Jackson Heslin, Greens Farms Academy, CT 120 lbs
42. John Murphy, St. Michael-Albertville, MN 190 lbs
43. Wyatt Medlin, Washington, IL 138 lbs
44. Trayyn Boger, South Summit, UT 285 lbs
45. Joseph Joyce, Ponaganset, RI 138 lbs
46. Tyler Traves, Mountain View, VA 144 lbs
47. Joseph Jeter, Edmond North, OK 150 lbs
48. Nolan Fellers, Bondurant-Farrar, IA 150 lbs
49. Revin Dickman, Brownsburg, IN 113 lbs
50. Rocklin Zinkin, Buchanan, CA 113 lbs
51. Thomas Verrette, Ponderosa, CO 138 lbs
52. Austin Paris, Grand County, UT 138 lbs
53. Lukas Littleton Mascaro, Malvern Prep, PA 120 lbs
54. Reagan Milheim, Warrior Run, PA 144 lbs
55. Justyce Zuniga, Toppenish, WA 132 lbs
56. Sam Herring, Bishop McCort, PA 144 lbs
57. Kai Calcutt, Loyola Academy, IL 215 lbs
58. Garrett Kawczynski, Port Washington, WI 215 lbs
59. Travis Cardenas, Chandler, AZ 138 lbs
60. Antonio Rodriguez, Los Gatos, CA 120 lbs
61. Zeno Moore, Lake Highland Prep, FL 144 lbs
62. Isaiah Jones, Bixby, OK 132 lbs
63. Nathan Rioux, Avon, IN 113 lbs
64. John Stewart, Scottsboro, AL 138 lbs
65. Jaxon Penovich, Prospect, IL 190 lbs
66. Cael Weidemoyer, Faith Christian, PA 157 lbs
67. Alex Pierce, Iowa City West, IA 113 lbs
68. Mikey Ruiz, Canyon Randall, TX 113 lbs
69. Walker Turley, St. Christopher's, VA 138 lbs
70. Trey Wagner, Northampton, PA 126 lbs
71. Griffin LaPlante, St. Francis, NY 150 lbs
72. Gage Wentzel, Montoursville, PA 157 lbs
73. Denarii Mickel, Ames, IA 190 lbs
74. Tyler Harrill, Omaha Skutt, NE 144 lbs
75. Michael Turi, West Scranton, PA 138 lbs
76. Kage Jones, Camden Catholic, NJ 157 lbs
77. Grayson Woodcock, Dublin Coffman, OH 157 lbs
78. Cooper Rowe, Mound-Westonka, MN 157 lbs
79. Pete Snyder, Blair Academy, NJ 190 lbs
80. Jaxon Miller, Carlisle, IA 157 lbs
81. Alex Taylor, Mount Vernon, OH 215 lbs
82. Liam Crook, Kaukauna, WI 165 lbs
83. James Bechter, Northfield Mt. Herman, MA 285 lbs
84. Caleb Rodriguez, Bishop McCort, PA 285 lbs
85. Lincoln Jipp, Bettendorf, IA 165 lbs
86. Waylon Cressell, Warren Central, IN 165 lbs
87. Seach Hibler, Leonia/Palisades Park, NJ 126 lbs
88. Mason Ontiveros, Pitman, CA 175 lbs
89. Travis Grace, Gilroy, CA 157 lbs
90. Joey Favia, Marmion Academy, IL 215 lbs
91. Jonathan Rocha, Clovis North, CA 175 lbs
92. Liston Seibert, Massillon Perry, OH 113 lbs
93. Rylan Seacrist, Brecksville, OH 113 lbs
94. Will Detar, Trinity, PA 113 lbs
95. Nevin Mattessich, Don Bosco, NJ 175 lbs
96. Jackson Barron, Northfield, MN 165 lbs
97. Josh Requena, Camarillo, CA 132 lbs
98. Ritson Meyer, Elgin, OK 215 lbs
99. Shawn Rounsaville, Tuttle, OK 190 lbs
100. Ashton Besmer, Buchanan, CA 126 lbs
101. Dalton Weber, Pope John, NJ 126 lbs
102. Sammy Spaulding, Camden Catholic, NJ 126 lbs
103. Charlie DeSena, Lake Highland Prep, FL 126 lbs
104. Luke Fugazzotto, Northwestern Lehigh, PA 175 lbs
105. Aiden Peterson, St. Edward, OH 165 lbs
106. Austin Collins, Wray, CO 126 lbs
107. Evan Sanati, Brentsville, VA 126 lbs
108. Wyatt Lees, Detroit Catholic Central, MI 113 lbs
109. Johnathon McGinty, Montvale St. Joseph, NJ 113 lbs
110. Nathan Attisano, Legacy Christian, OH 126 lbs
111. Nicolas Enzminger, Bismarck Legacy, ND 113 lbs
112. Dallas Russell, Jefferson, GA 150 lbs
113. Gavin Rangel, Newberg, OR 132 lbs
114. James Lindsay, Bishop Watterson, OH 138 lbs
115. Derek Barrows, Pomona, CO 144 lbs
116. Jack Baron, Germantown Academy, PA 113 lbs
117. Maximus Hay, Brown Deer, WI 120 lbs
118. CJ Huerta, Buchanan, CA 120 lbs
119. Nicholas Sorrow, Hudson, MI 120 lbs
120. Zaiyahn Ornelas, Wilbur-Clatonia, NE 113 lbs
121. Dale Gant, GR Catholic Central, MI 120 lbs
122. Mason Rohr, Massillon Perry, OH 120 lbs
123. Declan Koch, Neenah, WI 138 lbs
124. Jonathan Rulo, Belleville East, IL 285 lbs
125. Jason Singer, Faith Christian, PA 215 lbs
126. Dylan Pitzer, Mt. Pleasant, PA 285 lbs
127. Garrison Weisner, Oregon Clay, OH 120 lbs
128. Blake Fox, Osage, IA 138 lbs
129. Zach Stewart, Marmion Academy, IL 138 lbs
130. Kross Cassidy, Fairfax, VA 157 lbs
131. William Ward, Fargo North, ND 190 lbs
132. Max Matthias, Two Rivers, WI 190 lbs
133. Kalob Ybarra, Pomona, CO 190 lbs
134. David Calkins, Liberty, CA 190 lbs
135. Jake Miller, Broken Arrow, OK 138 lbs
136. Noah Bull, Layton, UT 144 lbs
137. Lorenzo Gallegos, Volcano Vista, NM 144 lbs
138. Mason Petersen, Columbus, NE 138 lbs
139. Ashton Honnold, Nodaway Valley, IA 215 lbs
140. Tavio Hoose, Southwestern, NY 190 lbs
141. Julian Rios, Phillips Andover, MA 106 lbs
142. Jarrett Smith, Lowell, MI 106 lbs
143. Rex Bryson, Centralia, MO 157 lbs
144. Blake Bartos, Medina Buckeye, OH 113 lbs
145. Joey Canova, Bergen Catholic, NJ 144 lbs
146. Riley Johnson, Omaha Skutt, NE 165 lbs
147. James Tildsley, Shawsheen Tech, MA 144 lbs
148. Carter Vannest, Pittman, CA 190 lbs
149. Isaak Chavez, Mullen, CO 157 lbs
150. Jake Robie, Christiansburg, VA 165 lbs

NATION'S BEST 100 CLASS OF 2027

HIGH SCHOOL FRESHMEN

By Dan Fickel

Editor's Note: Here are final rankings of the Nation's Best 100 Class of 2027 High School Freshmen. Seven major factors, which considered the overall accomplishments of the wrestlers, were used in determining these rankings. They include: (1) Accomplishments at the State High School Championships (folkstyle); (2) UWW Cadet and 16U National Championships; (3) U17 Freestyle World Team Trials; (4) Ironman Tournament and additional prestigious regular season events; (5) Super 32 Challenge Tournament; (6) U15 Freestyle Nationals; (7) NHSCA Nationals. Rankings were finalized on 5-15-24.

1. Joe Bachmann, Faith Christian, PA 106 lbs
2. Melvin Miller, Bishop McCort, PA 150 lbs
3. Landon Sidun, Norwin, PA 113 lbs
4. Ignacio Villasenor, Pomona, CO 113 lbs
5. Sonny Amato, Rumson-Fair Haven, NJ 144 lbs
6. Grey Burnett, Perrysburg, OH 113 lbs
7. Cameron Sontz, Delbarton, NJ 106 lbs
8. Maximus Konopka, Simsbury, CT 190 lbs
9. Arseni Kikiniou, Poway, CA 106 lbs
10. Paul Kenny, Christian Brothers, NJ 113 lbs
11. Ryan DeGeorge, Delbarton, NJ 126 lbs
12. Jesse Grajeda, St. John Bosco, CA 132 lbs
13. Shamus Regan, Wyoming Seminary, PA 106 lbs
14. Caleb Noble, Warren Township, IL 106 lbs
15. Rocco Cassioppi, Hononegah, IL 106 lbs
16. Israel Borge, Westlake, UT 126 lbs
17. Gabriel Logan, Delbarton, NJ 150 lbs
18. Jimmy Mastny, Marian Central, IL 157 lbs
19. Brody Sendele, Hononegah, IL 157 lbs
20. Gavin Landers, Denver, IA 113 lbs
21. Gavin Mangano, Shoreham-Wading River, NY 132 lbs
22. Dean Anderson, Valiant College Prep, AZ 132 lbs
23. Clinton Shepherd, Crown Point, IN 138 lbs
24. Dawson Youngblut, Don Bosco, IA 132 lbs
25. Tanner Hodgkins, Howell, NJ 165 lbs
26. Killian Coluccio, Christian Brothers, NJ 106 lbs
27. Broedy Hendricks, Humboldt, IA 165 lbs
28. Brayden Koester, Bettendorf, IA 190 lbs
29. Vincenzo Anello, Blair Academy, NJ 106 lbs
30. Hunter Snyder, Greater Latrobe, PA 175 lbs
31. Xavier Chavez, Santa Cruz Valley Union, AZ 144 lbs
32. Hayden Schwab, Don Bosco, IA 106 lbs
33. Nicholas Singer, Faith Christian, PA 175 lbs
34. Turner Ross, Simley, MN 106 lbs
35. Michael Romero, St. John Bosco, CA 126 lbs
36. Liam McGettigan, Gilman, MD 106 lbs
37. Brandon Bickerton, Medina Highland, OH 106 lbs
38. Michael Boyle, Bishop Watterson, OH 165 lbs
39. Zack Aquila, Brecksville, OH 150 lbs
40. Bruno Cassioppi, Hononegah, IL 113 lbs
41. Kane Shawger, St. Xavier, OH 132 lbs
42. Slater Hicks, Valencia, CA 120 lbs
43. Grayson Music, Bishop McDevitt, PA 120 lbs
44. Dominic Morrison, Hatboro Horsham, PA 106 lbs
45. Lucas Boe, Lake Highland Prep, FL 150 lbs
46. Gabe Ballard, Northampton, PA 113 lbs
47. Danny Zmorowski, Lake Catholic, OH 215 lbs
48. Gage Spurgeon, Eddyville, IA 120 lbs
49. Stephen Myers, Parkersburg, WV 126 lbs
50. Bradley Wagner, Mifflinburg, PA 120 lbs
51. Mario Carini, Poway, CA 144 lbs
52. Austin Bickerton, Medina Highland, OH 113 lbs
53. Mike Batista, Blair Academy, NJ 113 lbs
54. Brock Rothermel, Line Mountain, PA 113 lbs

55. Dale Corbin, Wyoming Seminary, PA 120 lbs
56. Konner Larkin, Valiant College Prep, AZ 113 lbs
57. Gage Lohr, Watertown, SD 120 lbs
58. Blaze Van Gundy, Dublin Coffman, OH 120 lbs
59. Cason Craft, Sallisaw, OK 106 lbs
60. Evan Stanley, Mount Carmel, IL 132 lbs
61. Kai Vielma, Connellsville, PA 132 lbs
62. Cayden Rios, Eastwood, TX 132 lbs
63. Austin Ellis, Davis, UT 132 lbs
64. Braylon Reynolds, Brownsburg, IN 126 lbs
65. Amari Vann, Delsea, NJ 113 lbs
66. Mac Crosson, Indianola, IA 113 lbs
67. Allen Woo, Montini Catholic, IL 106 lbs
68. Nico DeSalvo, Southeast Polk, IA 106 lbs
69. Lincoln Rohr, Massillon Perry, OH 106 lbs
70. Quinten Cassiday, Cedar Springs, MI 132 lbs
71. Aiden Herndon, Cedar Cliff, PA 106 lbs
72. Drake VomBaur, Severance, CO 106 lbs
73. Carter Temple, Kearney, MO 175 lbs
74. Cael Mielnik, Blair Academy, NJ 215 lbs
75. Legend Ellis, Coweta, OK 126 lbs
76. Grayson Fuchs, Detroit Catholic Central, MI 126 lbs
77. Brayton Feister, Akron Hoban, OH 285 lbs

78. Maximus Fortier, Fairmont Senior, WV 144 lbs
79. Salah Tsarni, Bullis School, MD 157 lbs
80. Maximus Dhabolt, Ankeny Centennial, IA 144 lbs
81. Ethan Christoffer, Don Bosco, IA 138 lbs
82. Jet Brown, Odessa, MO 126 lbs
83. Chris Grossman, Billings Skyview, MT 120 lbs
84. Logan Stewart, Reynolds, PA 126 lbs
85. Ivan Ivanov, Eagle, ID 157 lbs
86. William Ross, Lincoln, WA 126 lbs
87. Carnell Davis, Ponaganset, RI 150 lbs
88. Gavin Lewis, Crown Point, IN 113 lbs
89. Luke Hayden, Hickman, MO 165 lbs
90. Lukas Zalata, Malvern Prep, PA 175 lbs
91. Eli Esguerro, Dublin Coffman, OH 150 lbs
92. Gaige Horak, Massillon Perry, OH 175 lbs
93. Wyatt Lewis, Clovis, CA 138 lbs
94. Noah Mathis, Lansing, KS 190 lbs
95. Brady Brown, Derry, PA 190 lbs
96. Caleb Tyler, Delone Catholic, PA 215 lbs
97. Dane Renick, Bentonville West, AR 157 lbs
98. Mason Basile, Tampa Jesuit, FL 144 lbs
99. Chandler Moore, Chaminade Julianne, OH 285 lbs
100. Reid Clausi, West Essex, NJ 144 lbs



2023 Gut Check Tournament Championship Finals - 157 lbs Cody Miller (Sumner) with a half nelson and arm bar on Tennyson Kuntz (Columbia River). Miller won by fall in 2:57. Photo by Randall Tomaras.



MASTER OF WRESTLING

PAT PECORA

Johnstown, Pennsylvania

On February 7, 2020, Pitt-Johnstown's Pat Pecora became the All-Time Winningest Coach in college wrestling at all divisions of NCAA, plus NAIA and Junior College.

Pecora, who has also doubled as Pitt-Johnstown's Athletic Director since 2008, took over as head coach of the "Mountain Cat" wrestling program in 1976 following a stellar wrestling career at West Liberty State (WV) College.

Through 47 seasons at Pitt-Johnstown, Pecora holds college wrestling's all-time wins mark with 646. On February 7, 2020, Pecora earned his 617th career win and snapped a 46-year-old record to become college wrestling's all-time winningest coach when his fourth-ranked Mountain Cats dealt 11th-ranked Mercyhurst a 22-12.

He enters the 2023-24 season with a 646-152-5 overall record, and a .805 career winning percentage

Pecora, the National Wrestling Coaches Association (NWCA) National Coach of the Year in 1995, 1999, 2019, and 2022 has led Pitt-Johnstown to a pair of NCAA Division II National Championships, 25 NCAA Regional titles, and seven straight Pennsylvania State Athletic Conference (PSAC) Championships

His teams won five consecutive NCAA Regional titles from 2003 through 2007 and ten in a row from 1992 through 2001. Pecora has been named the NCAA Regional Coach of the Year 21 times.

Pecora's squads also have 37 Top-20 national finishes, 23 Top-10 finishes, and 11 Top-5 finishes.

Pecora has tutored 166 All-Americans and 14 individual national champions who have combined for 22 titles. Academically, his teams led the nation in NWCA All-

Academic Wrestling Team selections from 1997 through 2000. Since 1990, Pecora has coached nearly 200 NWCA All-Academic Wrestling Team members.

In 1996 and 1999, his teams captured the NCAA Division II National Championship, the first and second in school history. Along with the National Coach of the Year honor in 1999, Pecora also received the National Wrestling Coaches Association Coaching Excellence Award, given to the best coach in all divisions. Pecora coached the National All-Star Team, which showcased the best wrestlers in the nation from all divisions.

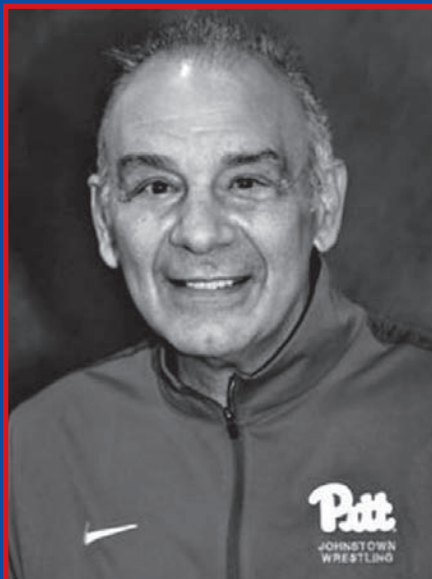
Pecora, a member of the NWCA Board of Directors, was also the president of that organization for two terms

Pecora has earned induction into nine halls of fame...Pennsylvania Sports Hall of Fame-East Boro Chapter (1994), Cambria County Sports (1998) West Liberty State (W.Va.) College Halls of Fame (1998), Pennsylvania Wrestling Coaches Hall of Fame (2001), NCAA Division II Wrestling Hall of Fame (2003), Pitt-Johnstown Athletics Hall of Fame (2015), Western Chapter of the Pennsylvania Sports Hall of Fame (2016), Pennsylvania Chapter

of the National Wrestling Hall of Fame (2017), and the Pittsburgh Chapter of the Italian-American Sports Hall of Fame (2021).

Pecora and his wife, Tracy, have four grown children, Cristina, Marco, Marina, and Nico.

Wrestling USA Magazine would like to congratulate Pat Pecora for all he does for the great sport of wrestling. We are honored to select him as the 2024 National Master of Wrestling Award Winner!





CO-COACH OF THE YEAR

ANTHONY LEON

Tucson, Arizona

Coach Anthony Leon has been the head coach for the Sunnyside High School wrestling team for the past 13 years and has amassed a lifetime of achievement in that time span. Anthony was tasked with taking over a wrestling program recognized as a dynasty in Arizona and was immediately challenged with the highest of expectations. Indeed, he had some big shoes to fill. Becoming the head coach of a program where state titles are routinely expected could make many falter, but Anthony accepted that challenge and has clearly succeeded. Sunnyside now has 37 state titles, as Coach Leon has amassed 8 consecutive state titles, including one in 2024, in 13 seasons as the head coach.

Not only has Coach Leon lived up to the expectations of the school and community but he has also surpassed them. He just had his first wrestler qualify for the Olympics, a first in Sunnyside's history. That wrestler is Roman Bravo Young who is the most accomplished high school wrestler in Arizona history. RBY was guided by Coach Leon at the beginning of his amazing career which currently has him as a representative for the Mexican national team. He has student-athletes who have committed to, or are attending, West Point, Air Force, Cornell, Lehigh, Penn State, Iowa, Iowa State, Arizona State, and Ohio State. This is telling of his impact on the Sunnyside team because he coached all these wrestlers from their youth days to their signing commitments to these prestigious universities. These wrestlers, in fact, regularly return to Coach Leon's wrestling room to continue being molded by him and to encourage the next generation of Sunnyside wrestlers.



Anthony is embarking on a career trajectory that suggests he may become the best wrestling coach in Arizona history. In a school as hallowed as Sunnyside, he has already been involved in so many firsts for its program. He is the first coach to coach an Olympian; to coach a multiple NCAA Division 1 national champion; to have a wrestler commit to Penn State, Iowa, West Point, Lehigh, Air Force, and Cornell; to coach a wrestler who has been labeled the national #1 pound for pound wrestler in the country (Audrey Jimenez); and to coach the first female to ever win a boys state individual title (2024).

Coach Leon came into a wrestling program at Sunnyside that had amassed 29 state titles and still found a way to revolutionize the program. He is a forward thinker who has always found ways to put his wrestlers on a bigger platform and help them find bigger pathways after high school. Moreover, he has found ways to create networks for his wrestlers that never existed before. Instead of just being a dominant program in Arizona, Coach Leon is now turning Sunnyside HS into a nationally relevant program. Coach Leon is now the best coach for the best program in the state's history of high school wrestling programs.

That's how you step into big shoes.

Wrestling USA Magazine would like to congratulate Coach Anthony Leon for all he does for the great sport of wrestling. We are honored to select him as the 2024 National Wrestling Coach of the Year Award Winner!





CO-COACH OF THE YEAR

RICK WELKER

Wheeling, West Virginia

In the fall of 2022, Coach Rick Welker, a charismatic middle school coach, decided to take on the challenge of coaching a high school team. This decision was made even more challenging when that high school, Wheeling (WV) Central Catholic High School, had not had a wrestling program for nearly two decades.

Coach Welker reinstated the wrestling program for the Maroon Knights, and what he and his coaching staff accomplished in two seasons is awe-inspiring.

In his first year as head coach, Rick sent two qualifiers to the West Virginia State Wrestling Championships held in Huntington. In 2023, he produced a third-place winner in the Class A Division.

His second year at the helm of Central's wrestling program can only be labeled as phenomenal. Coach Welker's squad had a dual meet record of 34-3, and the Maroon Knights wrestlers also won three invitational wrestling tournaments during the regular season.

Later, when his squad competed in the toughest postseason Class A/AA regional tournament in the state, Coach Welker still produced four state qualifiers. Those four qualifiers to the Class A Division included two freshmen, wrestling at 120 pounds and 157 pounds, and two sophomores, competing at 165 pounds and 215 pounds. In contrast, the returning Class A state championship team had qualified ten wrestlers to the state tournament, and eight of them were upperclassmen. They were predicted to repeat as state team champions.

Coach Welker recognized that his four young wrestlers would be competing mostly against upperclassmen at the state tournament and that it would be an uphill

battle for the Maroon Knights foursome to finish on top of the scoreboard. Indeed, to have any chance of challenging the reigning state team champions, all four Maroon Knights underclassmen would have to reach the championship finals – an almost impossible task.

However, Coach Welker's four wrestlers did just that! He continually motivated his young wrestlers throughout the tournament, which enabled them to overachieve. Under his leadership, they upset the state pre-tournament team favorite, outscoring them by 16 ½ team points at the final buzzer, producing three state runners-up and one state champion, sophomore 215-pounder, Isaac Martin who was later named the Class A/AA Most Outstanding Wrestler. After winning the state title (the first in Central's history), the quartet was dubbed by the news media as "The Phenomenal Four."

But there's more to this Cinderella story. Coach Welker and his coaching staff place just as much emphasis on academics. They incorporate periodic study sessions as part of their demanding practice plans because Coach Welker stresses "Success in the classroom is just as important as success on the mats." The Wheeling Central Catholic High School wrestling program might still be a program in its infancy, but as of 2024 the Maroon Knights have emerged as a wrestling power in West Virginia.

Wrestling USA Magazine would like to congratulate Coach Rick Welker for all he does for the great sport of wrestling. We are honored to select him as the 2024 National Wrestling Coach of the Year Award Winner!





SPORTSWRITER OF THE YEAR

LES LIEURANCE

Broken Arrow, Oklahoma

Les Lieurance, honored as the 2024 Sportswriter of the Year by Wrestling USA Magazine, demonstrates in his writing a dedication, a passion, and a deep love for wrestling. His journey began when his five-year-old son decided to compete in a youth wrestling program, and Les realized then the struggle new wrestling parents faced in finding information about the sport. This motivated him to create the website wrestleclub.com, a platform dedicated to providing informative articles for wrestlers, coaches, parents, fans, and anyone interested in wrestling.

For over 20 years, Les and wrestleclub.com have been an integral part of the wrestling community. A software developer by trade, Les has spent countless hours crafting useful and enjoyable content on wrestleclub.com. He believes that wrestling is not just a sport but a transformative experience that every child should have the opportunity to explore.

Although his son no longer wrestles, Les remains deeply involved in sports with two daughters who currently excel in competitive softball. He contributes significant time to helping them become better athletes, and he is excited to learn that his youngest daughter has decided to join her school wrestling program next year.

Les is committed to producing content that benefits and nurtures the wrestling community, ensuring its continued growth and success, as seen in his articles like "Wrestling Travel Tips: A Parent's Guide to Tournament Sanity," "Healthy Meal Plans for Wrestlers . . ." and "Wrestling Injuries – Common Treatments and Prevention Tips." His goal is to educate the wrestling community whether you're a new parent, an experienced wrestler, or a seasoned coach.

Having wrestled under the guidance of esteemed coaches like Andrew Niemczyk and Ernie Jones, Les experienced firsthand the transformative power of

wrestling. "Wrestling prepared me to tackle life and figure out how to persevere and excel," he says, emphasizing the invaluable traits of perseverance and resilience that he strives to instill in his own children.

Reflecting on his coaches, Les pays tribute to the other influential figures who shaped his wrestling journey. Ernie Jones, a renowned coach in Oklahoma wrestling circles, left an indelible mark not just on Les but also on his son, who was fortunate to be coached by Ernie's sons. "You can't mention Oklahoma wrestling without mentioning Ernie," Les remarks, highlighting the profound impact Ernie had on generations of wrestlers.

Looking ahead, Les's ambitions for wrestleclub.com extend far beyond its current scope. "I would love to grow wrestleclub.com and collaborate with other stakeholders in the wrestling community," Les declares. He envisions wrestleclub.com becoming a household name in wrestling, offering not just informative content but also a platform to showcase wrestling talents and stories. "Some of my ambitions are to start an apparel line like t-shirts and hats, conduct interviews, and highlight wrestlers and those who have contributed significantly to growing the sport," Les elaborates, showcasing his entrepreneurial spirit and dedication to promoting wrestling.

As he accepts this prestigious award, Les Lieurance looks ahead with excitement to continue writing content that enriches and grows the wonderful sport of wrestling for generations to come.

Wrestling USA Magazine would like to congratulate Les Lieurance for all he does for the great sport of wrestling. We are honored to select him as the 2024 National Wrestling Sportswriter of the Year Award Winner!





OFFICIAL OF THE YEAR

ZAK NOWELL

Santaquin, Utah

Zak Nowell has been involved with wrestling since he was seven years old. Wrestling was part of his family heritage. His dad was a wrestler when he was in high school and all of Zak's older brothers were mat-sport competitors as well.

Zak would tag along to his brothers' matches and loved watching them compete. Whether they won or lost, they always picked themselves up for the next match. Naturally, Zak Nowell followed in his brothers' footsteps.

In reference to wrestling, Zak Nowell describes it as a sport like no other. In team sports, your teammates help you through the whole season. This is true for wrestling, but in a much different way. When you step on the mat, you realize you are on your own; your teammates can't come in to help. However, you do not improve on the mats by yourself. Without teammates, you will never push yourself hard enough to improve as a competitive wrestler.

You go through challenging and painful workout sessions during practice, but you are not alone. You and your teammates go through the same struggle and share the same heartaches and victories in competition. At the end of the season, you realize your team has created an immense sense of community, making deep-rooted friendships that last for a lifetime.

Zak Nowell has been officiating wrestling for over 15 years and has coached at the junior and senior high school levels. He feels officiating is his way of giving back to the sport he loves. It gives him the opportunity to help young people to grow, just as he has grown through the sport of wrestling.

Zak Nowell points out that officiating may appear to be easy, but such is not the case. He describes officiating as

being like a conductor for a choir. If a conductor messes up, then the singers will become confused, ruining the whole performance. Likewise, if a referee messes up, it throws off the natural flow of the bout and unfairly determines the outcome of the match.

Zak Nowell believes that an official must stay completely focused throughout the entire bout. Thus, errors in judgment will rarely occur. He strives for refereeing- perfection during each-and-every match. It is tough, and anything, but easy.

Zak Nowell's officiating credentials are second to none. He has arbitrated eight Utah State Championships, multiple Super 32 Tournaments, the Senior Nationals, the National Duals, the Grandview and Missouri Valley Invitationals (College), the AAU Spring Youth Nationals, the AAU Music City Brawl, the AAU Elementary Duals, the Wrestling Freak Show, the Scholastic Disney Duals, and the Reno Tournament of Champions.

Zak Nowell has often stated, "Wrestling is unlike any other sport out there because once you have truly invested yourself in the mat sport, you truly understand the value of the sport of wrestling. It prepares

you for the ups and downs of life. Furthermore, you can look back and see the unbreakable bonds you have made with those around you as if you've been to hell and back, together."

Wrestling USA Magazine would like to congratulate Zak Nowell for all he does for the great sport of wrestling. We are honored to select him as the 2024 National Wrestling Official of the Year Award Winner!



NATIONAL GIRLS HIGH SCHOOL RANKINGS

By National Wrestling Hall of Fame, USA Wrestling, and FloWrestling

Editor's Note: The National Wrestling Hall of Fame, USA Wrestling and FloWrestling have published the May 2024 rankings for high school girls wrestlers for the 2023-24 season. This national ranking evaluates all girls enrolled in grades 8-12, and athletes from all 50 states are eligible for selection.

These rankings were heavily influenced by the major postseason national events, most specifically the USA Wrestling Women's Nationals in Spokane, Wash., the USA Wrestling Girls National High School Recruiting Showcase in Las Vegas, the NHSCA Nationals in Virginia Beach. A number of other major national-level competitions were also evaluated in these rankings. There were considerable changes in all weight classes, as the nation's best athletes competed against each other in the international styles as well as folkstyle.

Coaches, parents and athletes are encouraged to provide information about specific athletes and their achievements throughout the year for the committee to consider. If they have information on specific girls who should be considered for ranking or updates on their achievements, please send it by email to girlsrankings@usawrestling.org. The quality of these rankings continue to improve as people choose to share updated information..

100 lbs.

TOP RANKED

**Morgan Turner, Sophomore
Lockport, Illinois
Lockport High School**

2. Jaclyn Bouzakis, Freshman, Shavertown, Pa., Wyoming Seminary
3. Marie Sharp, Eighth Grade, Ridgewood, N.J., George Washington Middle School
4. Madison Nieuwenhuis, Sophomore, Plainwell, Mich., Plainwell High School
5. Valarie Solorio, Senior, Canonsburg, Pa., Canon-McMillan High School
6. Katey Valdez, Junior, Colorado Springs, Colo., Doherty High School
7. Makennah Craft, Junior, Minford, Ohio, Jackson High School
8. Sandy Breeden, Sophomore, Liberty, Mo., Liberty High School
9. Elizabeth Valenzuela-Smith, Freshman, Tucson, Ariz., Pueblo Magnet High School
10. Kendall Moe, Sophomore, Cicero, Ind., Hamilton Heights High School
11. Marlee Solomon, Freshman, Costa Mesa, Calif., Newport Harbor High School
12. Zuri Zamora, Senior, Amarillo, Texas, Amarillo Tascosa High School
13. Zoey Haney, Junior, Troy, Mo., Troy Buchanan High School
14. Lily Dizon, Freshman, Manteca, Calif., Pitman High School
15. Cassandra Medrano, Junior, Edinburg, Texas, Edinburg High School
16. Kennedy Farrar, Junior, Yuma, Ariz., Gila Ridge High School
17. Katie Biscoglia, Sophomore, Waukee, Iowa, Racoon River High School
18. Gabriella Barone, Eighth Grade, Sanborn, N.Y., Niagara Wheatfield High School
19. Jubilee Rendon, Sophomore, El Paso, Texas, El Paso Franklin High School

20. Brooke Corrigan, Junior, Wittenberg, Wis., De Pere High School
21. Mya Hairston, Junior, Festus, Mo., Festus High School
22. Jessica LeClair, Junior, Soldotna, Alaska, Soldotna High School
23. Anna White, Freshman, Wheatland, N.D., Central Cass High School
24. Lillian Zapata, Senior, Lewisville, Texas, Flower Mound High School
25. Hanna Perro, Sophomore, Lebanon, Maine, Noble High School
26. Khyla Lipumano, Sophomore, Yuma, Ariz., Yuma Catholic High School
27. Joslyn Johnson, Sophomore, Bunnell, Fla., Flagler Palm Coast High School
28. Camdyn Elliott, Sophomore, Gulf Breeze, Fla. Gulf Breeze High School
29. Lyric Hetzer, Eighth Grade, Liberty, Ohio, Lakota East High School
30. Ryleigh Sturgill, Freshman, Maryville, Tenn., Baylor School

105 lbs.

TOP RANKED

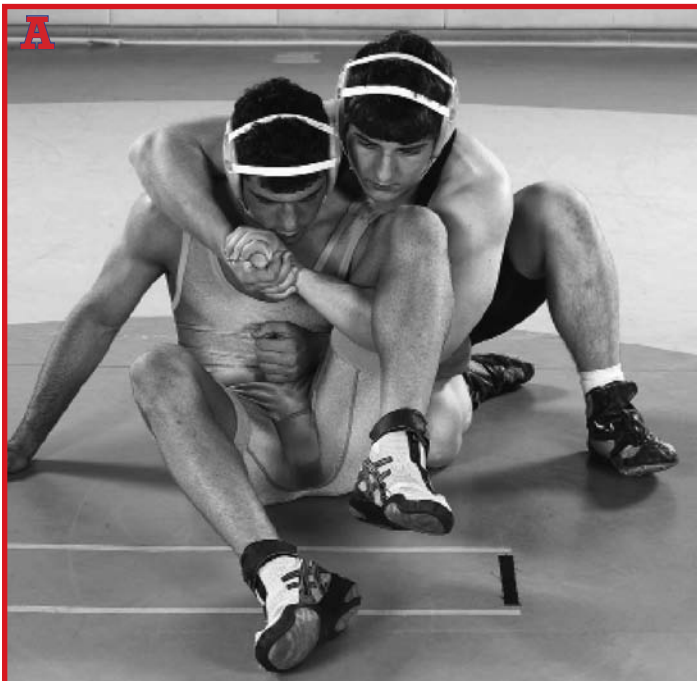
**Anaya Falcon, Senior
Yorba Linda, California
Walnut High School**

2. Heather Crull, Junior, Modoc, Ind., Northeastern High School
3. Chloe Dearwester, Senior, Cincinnati, Ohio, Harrison High School
4. Rianne Murphy, Senior, Valparaiso, Ind., Wyoming Seminary
5. Taylor Whiting, Sophomore, Oconto, Wis., Oconto Falls High School
6. Sarissa Tucker, Freshman, Midland, Va, Mountain View High School
7. Gabrielle Tedesco, Senior, Lakeland, Fla. Lake Gibson High School
8. Julia Horger, Sophomore, Bensalem, Pa., Bensalem High School

9. Jazmine Turner, Junior, Modesto, Calif., Grace M Davis High School
10. Bianca Eide, Sophomore, Shakopee, Minn., Stillwater High School
11. Jillian Wells, Junior, Sacramento, Calif., Central Catholic High School
12. Ashley Naranjo, Senior, Moses Lake, Wash., Moses Lake High School
13. Lexia Schechterly, Senior, Hunlock Creek, Pa., Lake Lehman High School
14. Rylee Balcazar, Senior, Fort Lupton, Colo., Fort Lupton High School
15. Olivia Lopez, Senior, Senior, Aguanga, Calif., Hamilton High School
16. Jada Chaves, Senior, Odenton, Md., Arundel High School
17. Alicia Serratos, Junior, Lake Forest, Calif., Santa Ana High School
18. Ava Gardner, Junior, Marshfield, Wis., Marshfield High School
19. Addison Morse, Sophomore, Harrah, Okla., Harrah High School
20. Leana Mercado, Senior, Lodi, N.J., Lodi High School
21. Sophia Torrez, Sophomore, Granger, Wash., Toppenish High School
22. Layla Phillips, Senior, Mason City, Iowa, Mason City High School
23. Nia Avelino, Senior, Caldwell, Idaho, Caldwell High School
24. Olivia Sackor, Senior, Minneapolis, Minn., Shakopee High School
25. Megan Morales, Junior, Fresno, Calif., Central High School
26. Madison Heinzer, Senior, Gilroy, Calif., Gilroy High School
27. Madilyn Enterline, Senior, Jamestown, Pa., Greeneville High School
28. Jady Roller, Junior, Bixby, Okla., Bixby High School
29. Jasintai Mallqui, Senior, Camden, N.J., Pennsauken High School
30. Kyrstan Perez, Sophomore, Oklahoma City, Okla., Westmoore High School

Cradle Counter to Sit-Out

By Bill Welker



Setup

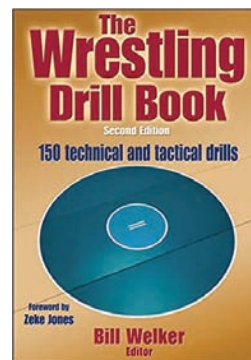
The wrestlers start in the referee's position.

Action

After W2 sits out, W1 simply drives his chest forward into W2's back and executes a cradle on either side (a and b). W1 then drives W2 to his back to complete the drill.

Coaching Points

Be sure that the offensive wrestler drives his chest into the defensive wrestler's back so the defensive wrestler's head is as close as possible to his knees before performing the cradle.



Excerpts from
The Wrestling Drill Book, 2nd Edition
Cradle Counter to Sit-Out
pp. 199



CONGRATULATIONS
TO OUR 2024

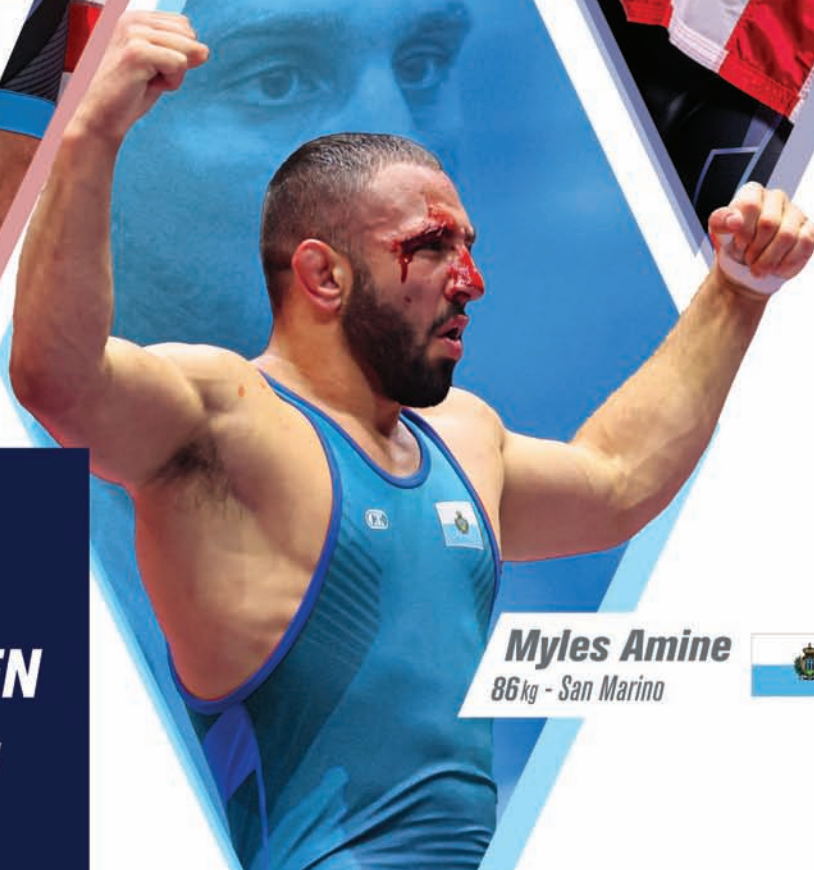
Olympians!



Mason Parris
125kg - United States



Adam Coon
130kg - United States



Myles Amine
86kg - San Marino



CLIFF KEEN

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