

Wrestling USA

www.WrestlingUSA.com

February 15, 2022

Volume 57, No. 3

\$5.00



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AAU National Wrestling Hall of Fame
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Wrestling USA (ISSN) 0199-6258

Wrestling USA Magazine is printed six times yearly published by Wrestling USA Magazine, Inc., 101 Briar Lane, Pass Christian, MS 39571 as follows: October, December, February, April, June and August.

Editorial Office: Wrestling USA Magazine, Inc., 101 Briar Lane, Pass Christian, MS 39571. All contributions are welcome. Please enclose postage with manuscripts, illustrations and photographs submitted if they are to be returned. We assume no responsibility for unsolicited materials. All rights, in letters and photos sent to Wrestling USA Magazine, will be treated as unconditional assigned for publication and copyright purposes. They are subject to Wrestling USA Magazine's unrestricted right to edit and to comment editorially. Printed in the USA; entire contents © 2022 Wrestling USA Magazine; reprinting in whole or in part is forbidden except by written permission of publisher.

Subscriptions: One year (6 issues) \$25 in United States and Possessions. All other countries \$50 in US currency or international money order. Send to: Wrestling USA Magazine, 101 Briar Lane, Pass Christian, MS 39571.

Send National Record Proposals:

Wrestling USA Magazine
101 Briar Lane, Pass Christian, MS 39571
E-mail: cody@wrestlingusa.com

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Advertising: Rates available upon request. Contact Cody Bryant, Managing Editor,
Phone: (406) 360-9421 or e-mail: cody@wrestlingusa.com

Postmaster: Send address changes to Wrestling USA Magazine, Inc., 101 Briar Lane, Pass Christian, MS 39571. Periodical postage paid at Pass Christian, MS 39571 and at additional offices.

PRINTED IN THE USA

E-mail: cody@wrestlingusa.com
Website: <http://www.wrestlingusa.com>
Instagram: [@wrestlingusamagazine](https://www.instagram.com/wrestlingusamagazine)
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Wrestling USA Magazine

Letter from the Editor

High School and College Seasons Coming to an End

By Cody Bryant, Managing Editor

The All-Class high school rankings for both the boys' and girls' and the NCAA Division I Mid-Season rankings are in focus as the wrestling seasons are coming to an end.

The boys' rankings beginning on page 6 of this issue has six changes for the top-ranked individuals, with half the changes based on wrestlers moving to different weight classes. At 106 lbs., Beric Jordan coming from a strong bloodline of wrestling and a traditional powerhouse program at St. Paris Graham, Ohio, takes the top spot. Anthony Knox, previously ranked number one at 106 lbs., moves to the top of the list at 113 lbs. Marc-Anthony McGowan moves from the third spot to top ranked at 120 lbs. as previous top-ranked Nate Jeuroga moves to the top spot at 126 lbs. Brayden Thompson from Lockport, Illinois, moved from the 5th spot in our December rankings to the top-ranked wrestler at 170 lbs. The last change for the top-ranked boys in the country had the number two ranked wrestler at 170 lbs. Matthew Singleton from Georgia take the top ranked spot at 182 lbs.

As I mentioned in our December issue, the girls' wrestling has continued to grow at an amazing pace and the opportunities are limitless. The girls' rankings only had two changes for their top-ranked individuals at 132 lbs. and 144 lbs. Previous top-ranked Janida Garcia at 132 lbs. is now ranked 7th at 138 lbs., moving number two ranked Hanna Errthum from Mount Horeb, Wisconsin to the top spot. At 144 lbs. number two ranked wrestler Reese Larramendy from Reno, Nevada, moved to the top, and previous top-ranked Destiny Rodriguez from West Linn, Oregon is now number two ranked at 152 lbs. We would like to thank the *National Wrestling Hall of Fame*, *USA Wrestling*, and *FloWrestling* for giving us the opportunity to publish the national girls' high school rankings starting on page 38.

Only a couple of changes to the top-ranked wrestlers from the pre-season NCAA division I individual rankings printed in our October issue. None more significant as three-time NCAA champion Spencer Lee from Iowa has optioned out for season ending knee surgery. Former NCAA champion Nick Suriano (Rutgers), now wrestling for Michigan, is top ranked at 125 lbs. The other change comes at 165 lbs. as defending champion, Shane Griffith, Stanford, has moved down to the number three spot, and previously number four ranked Keegan O'Toole from Missouri is now ranked number one in our mid-season rankings as of 1-23-22. Tons of wrestling is left at the college level including the NCAA qualifiers to determine the 330 wrestlers for the NCAA Division I Wrestling Championships held March 17-19 at the Little Caesars Arena in Detroit, Michigan.

With both the high school and college seasons coming to an end, we want to thank all the coaches, wrestlers, families, and fans for all their support to this great sport. *Wrestling USA Magazine* would like to wish everyone a successful and blessed 2022!

"Be strong and courageous. Do not be afraid or terrified because of them, for the Lord our God goes with you; He will never leave you nor forsake you." Deuteronomy 31:6

As always, Let's be "On The Go Together,"

Cody

COVER PHOTO

2021 NCAA Division I Championship Finals - 165 lbs. Shane Griffith (Stanford) in on the leg of Jake Wentzel (Pittsburgh) as Wentzel works to counter. Griffith won by decision 6-2. Photo by Johnnie Johnson.

NATIONAL ACTION WRESTLING PHOTOS

Send your best action wrestling photos to cody@wrestlingusa.com. The best photos will be recognized each issue. All photos should be submitted digitally at 300 dpi.



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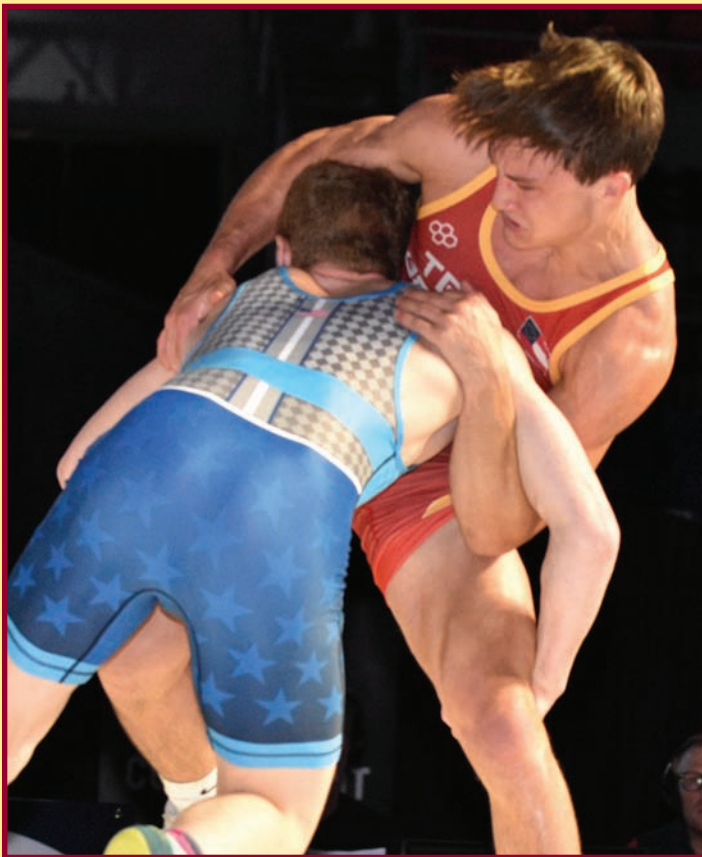
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2021 US Marine Corps Freestyle Junior Nationals Final - 152 lbs. Caleb Henson (Georgia) fighting off a takedown attempt by Daniel Wask (New Jersey). Henson won by VPO1 9-9. Photo by G Wyatt Schultz.



2021 US Marine Corps Greco-Roman Junior Nationals Final - 220 lbs. Andrew Blackburn-Forst scoring back points on Alex Semenenko (New York). Semenenko won by VPO1 16-10. Photo by G Wyatt Schultz.

NATION'S BEST 2021-2022 HIGH SCHOOL

ALL-CLASS RANKINGS

By Dan Fickel

Editor's Note: Here are rankings of the Nation's Best 2021-22 High School Wrestlers as of 1-27-22. These rankings represent wrestlers regardless of year in school. Six factors, which considered the overall accomplishments of the wrestlers, were used in determining these rankings. They include: (1) Accomplishments at the State High School Championships (folkstyle); (2) National Junior Freestyle and Greco-Roman Championships; (3) Achievements at prestigious regular season high school tournaments and club dual/tournament events; (4) Super 32 Challenge Tournament; (5) UWW Cadet and 16U National Championships; (6) FloWrestling Who's #1. **Weights are projected and subject to change.** For any corrections, E-Mail: dfickel@netlink.net

106 lbs.

TOP RANKED

Beric Jordan, 10

St. Paris Graham, Ohio

- Nathan Desmond, 9, (Bethlehem Catholic, PA)
- Louie Gill, 10, (Hickory, PA)
- Anthony Mutarelli, 9, (Malvern Prep, PA)
- Adrian DeJesus, 9, (St. Peter's Prep, NJ)
- Cooper Hilton, 9, (Wyoming Seminary, PA)
- Seth Mendoza, 9, (Mount Carmel, IL)
- Christian Forbes, 12, (Broken Arrow, OK)
- Mack Mauger, 10, (Blackfoot, ID)
- Christian Castillo, 9, (Valiant College Prep, AZ)
- Nikade Zinkin, 9, (Clovis, CA)
- Dedrick Navarro, 11, (Nampa, ID)
- Isaiah Quintero, 10, (El Dorado, CA)
- Christopher Kiser, 10, (Ponca City, OK)
- Canon Acklin, 10, (Collinsville, OK)
- Keyan Hernandez, 10, (Billings West, MT)
- Isaiah Cortez, 9, (Gilroy, CA)
- Brandon Morvari, 11, (Simley, MN)
- Edwin Sierra, 9, (Poway, CA)
- Gage Singleton, 10, (Roseburg, OR)
- Treshaun Tecson, 10, (Cascia Hall, OK)
- Zane Donley, 10, (Vinita, OK)
- Aaron Seidel, 9, (Northern Lebanon, PA)
- Carson Dupill, 9, (Greeneville, TN)
- Ayden Smith, 10, (Notre Dame GP, PA)
- Eren Sement, 9, (Council Rock North, PA)
- Blake Beissel, 10, (Hastings, MN)
- Nathan Smith, 12, (Southport, IN)
- Dru Ayala, 10, (Fort Dodge, IA)
- 30T. Isaiah Kainoa Medina, 12, (Vacaville, CA)
- 30T. Deion Johnson, 11, (Homewood-Flossmoor, IL)
- 30T. Kolter Burton, 10, (American Falls, ID)
- 30T. TJ Koester, 9, (Bettendorf, IA)

Special Mention:

- Carter Pearson, 9, (Southeast Polk, IA)
Jake Hockaday, 9, (Brownsburg, IN)
Matthew Dolan, 11, (Spring Mills, WV)
Jamarcus Smith, 12, (Detroit Mumford, MI)
Sebastian Degennaro, 9, (Jensen Beach, FL)
Brian Melamud, 10, (Bergen Catholic, NJ)
Patrick O'Keefe, 9, (St. John Vianney, NJ)

- Javaan Yarbrough, 10, (Copley, OH)
Tucker Bowen, 10, (Soda Springs, ID)
Dillon Perdue, 10, (Independence, WV)
Ronnie Ramirez, 9, (Walnut, CA)
Jake Goodin, 9, (Edmond North, OK)
Landon Reaux, 11, (Southside, LA)
Tyson Roach, 10, (Sam Houston, LA)
Brady Phelps, 9, (Schaumburg, IL)

113 lbs.

TOP RANKED

Anthony Knox, 9

St. John Vianney, New Jersey

- Marcus Blaze, 9, (Perrysburg, OH)
- Luke Lilledahl, 10, (Wyoming Seminary, PA)
- Leo Deluca, 9, (Blair Academy, NJ)
- Kael Lauridsen, 11, (Bennington, NE)
- Dominic Mendez, 12, (Righetti, CA)
- Zachary Jacaruso, 11, (Delaware Valley, PA)
- Nick Corday, 12, (Baylor School, TN)
- Codie Cuerdo, 12, (Aurora, OH)
- Ray Ray Harris, 11, (Buchanan, CA)
- Kaedy Williams, 10, (Manheim Township, PA)
- Brogan Tucker, 9, (St. Paris Graham, OH)
- Hunter Taylor, 10, (Liberty, MO)
- Daniel Guanajuato, 12, (Valiant College Prep, AZ)
- Marcello Milani, 11, (St. Mary's, MI)
- Tahir Parkins, 9, (Nazareth, PA)
- Nick Treaster, 11, (Newton, KS)
- Tommy Link, 11, (Malvern Prep, PA)
- Ethan Rivera, 10, (Lake Highland Prep, FL)
- Kale Petersen, 11, (West Fork, IA)
- Jackson Blum, 9, (Otsego, MI)
- Layne Kleimann, 9, (Mountain Ridge, UT)
- Billy Smith, 12, (Sandusky Perkins, OH)
- Ben Bast, 11, (West Bend West, WI)
- Wyatt Skebba, 11, (Hortonville, WI)
- Jameson Garcia, 11, (Marmion Academy, IL)
- Isiac Paulino, 12, (Monty Tech, MA)
- Drew Garfield, 12, (Central City, NE)
- Gavin Bradley, 12, (Athens, PA)
- 30T. Nolan Wertanen, 12, (St. Joseph's MI)
- 30T. Tyler Chappell, 11, (Seneca Valley, PA)
- 30T. Reid Spurley, 10, (Dodgeville, WI)

- 30T. Matthew Botello, 9, (Hingham, MA)

Special Mention:

- Elijah Cortez, 9, (Gilroy, CA)
Christian Guzman, 12, (Christopher Columbus, FL)
Otto Black, 10, (Ponderosa, CO)
Bryson Valdez, 10, (Aztec, NM)
Austin Laudenbach, 11, (Apple Valley, MN)
Kade Blume, 10, (Roland-Story, IA)
Brandon Wentzel, 11, (Montoursville, PA)
Daniel Jones, 10, (Delbarton, NJ)
Max Hermes, 11, (Milan Edison, OH)
Carson Wagner, 11, (Northampton, PA)
Cael Nasdeo, 11, (Williamsport, PA)
Gauge Botero, 9, (Faith Christian, PA)
Ashton Jackson, 11, (LaPorte, IN)
Evan Dickey, 12, (Cathedral, IN)
Koda Holeman, 12, (Clovis, CA)

120 lbs.

TOP RANKED

Marc-Anthony McGowan, 11

Blair Academy, NJ

- Caden Horwath, 11, (Davison, MI)
- Braeden Davis, 11, (Dundee, MI)
- Aden Valencia, 10, (Ann Sobrato, CA)
- Ben Davino, 10, (St. Charles East, IL)
- Zan Fugitt, 11, (Nixa, MO)
- Draegen Orine, 10, (Seckman, MO)
- Dillon Campbell, 10, (Legacy Christian, OH)
- Alan Koehler, 11, (Prior Lake, MN)
- Vincent Kilkeary, 11, (Greater Latrobe, PA)
- Cole Hunt, 12, (Cass, GA)
- Brandon Cannon, 11, (Ponderosa, CO)
- Brady Roark, 11, (Seneca, MO)
- Ethan Perryman, 12, (Temecula Valley, CA)
- Gabe Giampietro, 12, (Smyrna, DE)
- Carter Freeman, 10, (Waukee Northwest, IA)
- Conor Collins, 11, (Southern Regional, NJ)
- Evan Tallmadge, 12, (Brick Memorial, NJ)
- Jaxon Joy, 10, (Wadsworth, OH)
- Drew Heethius, 11, (Detroit Catholic Central, MI)
- Peyton Fenton, 12, (Elyria, OH)
- Alessandro Nini, 10, (Christian Brothers, NJ)
- Troy Hohman, 12, (Penn-Trafford, PA)

Rollie Lane Invitational

Where the Best Come to Meet

By Al Fontes

After experiencing a down year in team participation during the 2021 season due to the COVID pandemic, the Rollie Lane Invitational held in the Gem State of Idaho is back in full capacity in 2022. Spanning the large floor of the Ford Arena in the city of Nampa is twelve full size mats fielding teams (80 plus teams – boys/40 plus teams – girls) from the greater western United States, which include the home state of Idaho, California, Montana, Nevada, Oregon, Utah, and Washington. Founded in 2001, the tournament is named after well-respected National Hall-of-Fame Coach, Rollie Lane, who spent 28 years coaching in Colorado, New Mexico, and Idaho. The tournament's humble beginnings began in the gymnasium at Skyview High School in Nampa, which for several years ran a two day format where on day one wrestlers were placed in small group pods to compete for the opportunity to enter the day 2 bracket (16-man bracket) where the top six received medals. The tournament consisted primarily of local teams from the greater Treasure Valley, but today has expanded to a 64-man bracket format consisting of high level wrestlers from the greater Western United States. In the more recent past, prep standouts, such as Hayden Tuma (4x State Champ/Fargo Champ) and Ridge Lovett (4x State Champ/Fargo Champ) to name a couple, each won respective titles at Rollie. Additionally, the girl's division enters its fourth year and continues to grow exponentially.

This year's wrestling tournament left no doubt that it's among the top high school tournaments in the Western region of the United States. Throughout the two days of competition, the rubber met the road very early from the preliminary to semi-final match-ups. Overall, the medal matches in both the

boys and girl's divisions consisted of several state champions, state medalists, and consisted of 20 wrestlers with national All-American honors (i.e., Fargo, NHSCA, and Folkstyle) to their credit. The first match of the finals in the boy's division consisted of freshman standout Billy Jackson of Redmond, Oregon where he won a hard fought decision against returning state medalist Christian Kelly of Coeur d'Alene. At 106s, Fargo National Champion Kolter Burton of American Falls battled three hard rounds against Central Valley's Bennett Beard of Washington, winning by a takedown, 5-3 in sudden victory. Freshman standout Matthew Martino of Bishop Kelly (Folkstyle National Champ/Fargo All-American) made it very clear that he is among the top young wrestlers in the country at 113s. With three falls and one tech-fall entering the championship finals, Martino dominated returning state champion Talen Eck of Thunder Ridge, Idaho by a major decision, 13-3. The 120 pound final featured returning state champions Tanner Frothinger (Eagle, ID) and Tyson Barnhart of Post Falls, Idaho. Earning All-American honors at Fargo, Frothinger dominated the final by fall. The 126 weight group was among the most competitive in the tournament. The championship final consisted of sophomore standout Joshua Neiwert of Gonzaga Prep in Washington versus three-time Idaho state placer Simon Graeber of Columbia. With Fargo All-American honors and placing at the nation's top high school tournament Walsh Ironman to his credit, Neiwert battled Graeber for three solid rounds to win by decision 6-3. Among the most anticipated finals of the tournament, 6x All-American Christopher Martino (Bishop Kelly, ID) battled Cadet All-American Kyle Rice of New Plymouth, Idaho for a hard fought decision, 9-5.

2022 Rollie Lane Invitational Boy Results

Team Scores

1. Flathead (MT)	231.0
2. Meridian (ID)	206.0
3. Coeur d' Alene (ID)	152.0
4. Crook County (OR)	148.0
5. Post Falls (ID)	129.0
6. Minico (ID)	127.5
7. Columbia (ID)	118.0
8. Caldwell (ID)	116.0
8. New Plymouth (ID)	116.0
10. Wasatch (UT)	111.0

Individual Champions

98 - Billy Jackson (Redmond, OR)
106 - Kolter Burton (American Falls, ID)
113 - Mathew Martino (Bishop Kelly, ID)
120 - Tanner Frothinger (Eagle, ID)
126 - Joshua Neiwert (Gonzaga Prep, WA)
132 - Christopher Martino (Bishop Kelly, ID) *OW LOWER WTS
138 - Jason Mara (Meridian, ID)
145 - Fin Nadeau (Flathead, MT)
152 - Tayten Gillette (Gooding, ID)
160 - Seth Glenn (Sherwood, OR)
170 - Noah Poe-Hatten (Flathead, MT)
182 - Chase Youso (Flathead, MT)
195 - Carson Gooley (Meridian, ID)
220 - Brash Henderson (Silverton, OR)
285 - Nico Rodriguez (Columbia, ID) *OW UPPER WTS



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TulsaSportsCommission



NCAA DIVISION I MID-SEASON

INDIVIDUAL RANKINGS

By Dan Fickel

125 lbs.

TOP RANKED

**NICK SURIANO, SR
MICHIGAN**

2. Patrick Glory, Jr, (Princeton)
3. Vito Arujau, So, (Cornell)
4. Brandon Courtney, Jr, (Arizona State)
5. Drew Hildebrandt, Sr, (Penn State)
6. Killian Cardinale, Jr, (West Virginia)
7. Michael DeAugustino, So, (Northwestern)
8. Eric Barnett, So, (Wisconsin)
9. Trevor Mastrogiovanni, Fr, (Oklahoma State)
10. Patrick McKee, Jr, (Minnesota)
11. Malik Heinselmann, Jr, (Ohio State)
12. Drake Ayala, Fr, (Iowa)
13. Devin Schroder, Sr, (Purdue)
14. Brandon Kaylor, So, (Oregon State)
15. Taylor LaMont, Jr, (Utah Valley)
16. Jacob Camacho, So, (NC State)
17. Brody Teske, So, (Northern Iowa)
18. Noah Surtin, Fr, (Missouri)
19. Kysen Terukina, Fr, (Iowa State)
20. Sam Latona, Fr, (Virginia Tech)
21. Jaret Lane, Jr, (Lehigh)
22. Joey Prata, Sr, (Oklahoma)
23. Joe Manchio, Jr, (Columbia)
24. Dylan Shawver, Fr, (Rutgers)
25. Justin Cardani, So, (Illinois)
26. Ryan Miller, Fr, (Pennsylvania)
27. Fabian Gutierrez, Sr, (Chattanooga)
28. Antonio Lorenzo, Fr, (Cal Poly)
29. Gage Curry, Sr, (Pittsburgh)
30. Anthony Noto, Fr, (Lock Haven)

Special Mention:

- Caleb Smith, Fr, (Appalachian State)
 Jake Svihel, Jr, (Wyoming)
 Jake Ferri, Jr, (Kent State)
 Jared Van Vleet, Sr, (Air Force)
 Joseph Fischer, Fr, (Clarion)
 Jacob Allen, Sr, (Navy)
 Logan Heil, So, (Cleveland State)
 Korbin Meink, Sr, (Campbell)
 Brandon Seidman, Sr, (Bucknell)
 Tyler Klinsky, Fr, (Rider)
 Brock Bergelin, Jr, (Central Michigan)
 Oscar Sanchez, Fr, (Ohio)
 Tristan Daugherty, Fr, (Buffalo)
 Jacob Moran, Fr, (Indiana)
 Patrick McCormick, So, (Virginia)

133 lbs.

TOP RANKED

**RAMON BRAVO-YOUNG, JR
PENN STATE**

2. Daton Fix, So, (Oklahoma State)
3. Austin DeSanto, Sr, (Iowa)
4. Lucas Byrd, Fr, (Illinois)
5. Michael McGee, Jr, (Arizona State)
6. Korbin Myers, Sr, (Virginia Tech)
7. Micky Phillippi, Jr, (Pittsburgh)
8. Dylan Ragusin, Fr, (Michigan)
9. Chris Cannon, Fr, (Northwestern)
10. Brock Hudkins, Sr, (Indiana)
11. Rayvon Foley, Jr, (Michigan State)
12. Devan Turner, Sr, (Oregon State)
13. Haiden Drury, Fr, (Utah Valley)
14. Tony Madrigal, Sr, (Oklahoma)
15. Brayden Palmer, So, (Chattanooga)
16. Brian Courtney, So, (Virginia)
17. Jaime Hernandez, Jr, (North Carolina)
18. Chance Rich, So, (CSU Bakersfield)
19. Malyke Hines, Fr, (Lehigh)
20. Michael Colaiocco, So, (Pennsylvania)
21. Kai Orine, Fr, (NC State)
22. Joey Olivieri, Fr, (Rutgers)
23. Kyle Biscoglia, So, (Northern Iowa)
24. Josh Koderhandt, Fr, (Navy)
25. Dominick Serrano, Fr, (Nebraska)
26. Matt Ramos, Fr, (Purdue)
27. Kyle Burwick, Fr, (Wisconsin)
28. Jake Gliva, So, (Minnesota)
29. Dominic LaJoie, Sr, (Cornell)
30. Ramazan Attasauev, Fr, (Iowa State)

Special Mention:

- Gabe Tagg, So, (South Dakota State)
 Trey Crawford, Fr, (Missouri)
 Codi Russell Sr, (Appalachian State)
 Kellyn March, Fr, (North Dakota State)
 Jackson DiSario, So, (Stanford)
 Anthony Sobotker, Jr, (Binghamton)
 Job Greenwood, So, (Wyoming)
 King Sandoval, Jr, (Maryland)
 Brendon Fenton, So, (Kent State)
 Kurt Phipps, So, (Bucknell)
 Derek Spann, Sr, (Buffalo)
 Angelo Rini, So, (Columbia)
 Domenic Zaccone, Fr, (Campbell)
 Richie Koehler, So, (Rider)
 Sidney Flores, Sr, (Air Force)

141 lbs.

TOP RANKED

**NICK LEE, SR
PENN STATE**

2. Jaydin Eierman, Sr, (Iowa)
3. Sebastian Rivera, Sr, (Rutgers)
4. Real Woods, Jr, (Stanford)
5. Andrew Alirez, So, (Northern Colorado)
6. Kizhan Clarke, Sr, (North Carolina)
7. Chad Red, Sr, (Nebraska)
8. Dylan Duncan, Sr, (Illinois)
9. Dresden Simon, Sr, (Central Michigan)
10. Stevan Micic, Sr, (Michigan)
11. Allan Hart, Jr, (Missouri)
12. Clay Carlson, So, (South Dakota State)
13. Ian Parker, Sr, (Iowa State)
14. Grant Willits, Jr, (Oregon State)
15. Jake Bergeland, Jr, (Minnesota)
16. Dylan D'Emilio, Fr, (Ohio State)
17. Cole Matthews, So, (Pittsburgh)
18. Ryan Jack, Fr, (NC State)
19. Matt Kazimer, Jr, (Columbia)
20. Carter Young, Fr, (Oklahoma State)
21. CJ Composto, So, (Pennsylvania)
22. Quinn Kinner, So, (Rider)
23. Cael Happel, Fr, (Northern Iowa)
24. Joe Zargo, Fr, (Wisconsin)
25. Parker Filius, Jr, (Purdue)
26. Dylan Droegemueller, So, (North Dakota State)
27. Chase Zollman, So, (Wyoming)
28. Angelo Martinoni, So, (CSU Bakersfield)
29. Connor McGonagle, Fr, (Lehigh)
30. Ryan Anderson, So, (Binghamton)

Special Mention:

- Darren Miller, Jr, (Bucknell)
 Frankie Tal-Shahar, Fr, (Northwestern)
 Lawrence Saenz, So, (Cal Poly)
 Cayden Rooks, So, (Indiana)
 Collin Gerardi, So, (Virginia Tech)
 Anthony Brito, Jr, (Appalachian State)
 Cody Phippen, Jr, (Air Force)
 Thomas Deck, So, (Army)
 Kyran Hagan, Jr, (Ohio)
 Gabe Willochell, Fr, (Edinboro)
 Wil Gill, Sr, (Franklin & Marshall)
 Saul Ervin, So, (SIU Edwardsville)
 Seth Koleno, Jr, (Clarion)
 Shannon Hanna, So, (Campbell)
 Cole Handlovic, Fr, (Cornell)

Glen Brand Wrestling Hall of Fame of Iowa Announces Class of 2022

By Dan Gable Museum

Featuring 16 individual state championships, 12 NCAA All-Americans, three NCAA champions, two National Junior College Athletic Association champions, a four-time state championship high school coach, a record-setting college team, one of the top wrestling volunteers in the world, and a world bronze medalist, the Class of 2022 will be inducted into the Glen Brand Wrestling Hall of Fame of Iowa on June 24.

Joe Colon, Joel Sharratt, Jay Borschel, Barry Weldon, Luke Moffitt and the 2017 Grand View University wrestling team will be inducted while the Trizzino Family will be presented with the Bowlsby Family Legacy Award, Eric Whitcome will receive the Bob Siddens High School Coaching Excellence Award and Bie Gie Fenwick will be presented with the Russ Smith Community Impact Award.

Joe Colon was a two-time Iowa state high school champion for Clear Lake High School, capturing titles as a sophomore in 2007 and as a senior in 2009 while finishing third as a junior in 2008. Joe was a junior college national champion and was named Outstanding Wrestler in 2010 while helping Iowa Central Community College capture the NJCAA team title. He transferred to the University of Northern Iowa and compiled a career record of 62-6, including a perfect 24-0 mark in duals. Colon was 27-4 and reached the quarterfinals at the NCAA tournament as a redshirt sophomore in 2011-12. After sitting out the 2012-13 season, he went 35-2 and finished third at the NCAA tournament as a senior. Colon allowed bonus points only once in 68 career matches for UNI. He won the Bill Farrell International championship in 2014 while finishing fourth at the World Team Trials and fifth at the U.S. Open. The following year he finished second at the World Team Trials, third at the Cerro Pelado International and fourth at the U.S. Open. Colon won a bronze medal at the World Championships in 2018 and currently trains at the Cyclone Regional Training Center in Ames, Iowa.

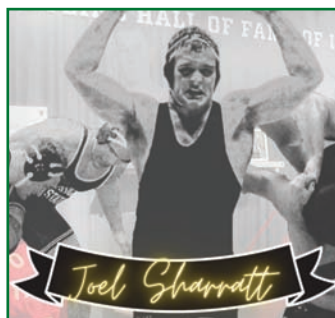
Joel Sharratt was a state champion from Bloomington-Kennedy High School in Minnesota before becoming a three-time All-American for the University of Iowa. Coached by 2002 Glen Brand Wrestling Hall of Fame of Iowa inductee Dan Gable, Sharratt advanced to the NCAA finals three times and won a national title in 1994. The two-time captain led the Hawkeyes to Big Ten and NCAA titles in 1995 while also helping Iowa capture national championships in 1992 and 1994. Sharratt was a two-time member of the U.S. National Team, earning the bronze medal at the 1996 Olympic Trials and the 1997 Pan American Championships. After stepping off the mat, Sharratt became a graduate assistant at the University of Minnesota and the top assistant coach at the United States Naval Academy. He was head

coach at the United States Air Force Academy before returning to the Naval Academy as head coach. A native of Bloomington, Minnesota, Sharratt was inducted into the Minnesota Wrestling Coaches Association Hall of Fame in 2011. He currently works as a business development specialist with SAGE Technologies, a certified Service Disabled Veteran Owned Small Business. Sharratt resides in St. Louis with his fiancé, Cassey Sawnsen, and is the proud father of four daughters.

Jay Borschel was a four-time Iowa state high school champion for Linn-Mar High School, the 16th wrestler in state history to win four titles. The Marion, Iowa native won his championships in four different weight classes, marking the greatest span of weight classes by any of the four-time champions. Borschel had a career record of 163-1 with three undefeated seasons and 98 pins. Signed by Tom Brands to wrestle at Virginia Tech, Borschel followed Brands to the University of Iowa, after a redshirt year at Virginia Tech. Borschel was a Big Ten champion and a two-time All-American in three seasons as a starter, helping the Hawkeyes win three Big Ten and NCAA championships while posting a 98-10 career record. He was undefeated as a senior while capturing the 174-pound national title and being named Iowa's Male Athlete of the Year. Borschel resides in Iowa City, Iowa with his partner, Jillian, and three children, Milo, Wilhelmina and Morrison.

Barry Weldon was a three-time Colorado state high school champion for Cherry Creek High School, after placing third as a freshman at the Oklahoma state high school championships. He was a two-time All-American for Iowa State and won the NCAA title at 177 pounds in 1997. Weldon was a graduate assistant for Bobby Douglas at his alma mater in 1998 and 1999 before becoming the head assistant coach at the University of Oklahoma. In six seasons with the Sooners, he helped coach five NCAA champions and 23 All-Americans while OU won two Big 12 team championships, finished third at the NCAA tournament three times and finished fourth twice.

Luke Moffitt wrestled for Estherville High School in Estherville, Iowa, winning an Iowa state high school championship in 1997. Moffitt won a national championship at 141 pounds for Iowa Central Community College before signing with the University of Iowa. Wrestling for Jim Zalesky and Tom Brands, Moffitt was a



Let's Get Physically Fit

By William A. Welker, Ed.D.

As a wrestling official, I firmly believe that us “whistle tooters” in all athletics should be in good physical condition. I have not always seen that with referees in wrestling or other sports -- and it bothers me. Let me explain.

I am a former athlete and coach who understands what it takes to stay in good shape. Of course, officials are not competitive athletes, but still, they should be in the proper condition to oversee their sports.

It bothers me when I observe some officials, who I believe could do something about it, with “Dunlap” (over the belt) disease and seem to have trouble keeping up with the athletes.

Don't misunderstand me, I am not talking about referees who have “body types” of which they have no control over. Some of the finest officials I have witnessed throughout the years were big men. In fact, one outstanding local baseball official immediately comes to my mind, and I have the utmost respect for his abilities on the field.

To be candid, I am referring to those athletic arbitrators who can improve their physical prowess and don't wish to do so. It is my contention that maybe they do not have the dedication needed to adequately perform the grueling act of officiating.

Most referees get into trouble during athletic contests when they are out of position, and then make difficult calls. Often it is due to conditioning. Spectators see this, which gives them much more “fuel for the fire” when voicing their displeasure.

Being right on top of a tough call might also bring some verbal displeasure from the fans, but not nearly as much. Keeping in shape for your sport is the key. Excuses for not doing so is no option.

The devoted referee should workout at least three days a week. The

conditioning process should include cardiovascular activity, muscle strength, and flexibility.

As for myself, I spent over an hour a day (seven days a week), squeezing wrist-strength grippers 50 times with each hand, performing 60 sit-ups, sweating on a stationary bike (60 minutes), and lifting a 20-pound dumbbell, 25 times per arm, before and after riding the bike.

I had the opportunity to interview Mr. Jerry Trembush, the WVSSAC assistant executive secretary, regarding the topic. Here's what he had to say about officials and physical fitness.

Trembush stressed, “First of all, I believe it is the personal responsibility of all registered officials to take care of their bodies.”

He further stated, “By being in the best possible shape as a referee, there is no doubt that their job performance will be at its peak. Furthermore, the spectators will perceive them as being totally prepared to oversee their teams, even before the competition begins. Appearance is so important.”

I agree.

Dr. Bill Welker, Wheeling, WV, was awarded the National Federation of State High School Associations (NFHS) Mideast Section All-Sports Distinguished Officials Award. He served as the West Virginia Secondary School Activities Commission wrestling rules interpreter, clinician and supervisor of state tournament officials for 28 years and was a member of the NFHS Wrestling Rules Committee for a four-year term.



2021 Salado Wrestling Turkey Throwdown - Nathan Rechtfertig (Salado) working on scoring back points on Jordi Martinez (Westwood). Rechtfertig won by pin in the second period. Photo by Tim Fleischer, Salado Village Voice.

NATIONAL GIRLS HIGH SCHOOL RANKINGS

By National Wrestling Hall of Fame, USA Wrestling, and FloWrestling

Editor's Note: National Wrestling Hall of Fame and Museum, USA Wrestling, and FloWrestling has published the January 2022 rankings for high school girls wrestlers for the 2021-22 season. This national ranking evaluates all girls enrolled in grades 8-12, and athletes from all 50 states are eligible for selection.

This ranking has evaluated results from the major girls high school in-season tournaments held at the state and local levels, along with a few competitions outside of the high school athletics structure. In addition, the state girls wrestling rankings were considered.

The first of the girls state high school championships was held in Alaska in December. There will be a few of the unofficial girls state tournaments held in January, with the majority of the state meets set for February and early March.

The committee is seeking input from leaders on the state level, with information on the strongest high school girls regular season tournaments on the state and regional level. In addition, information on athletes who score a ranked win (a victory over a ranked wrestler) is also appreciated.

Coaches, parents and athletes are encouraged to provide information about specific athletes and their achievements throughout the year for the committee to consider. If they have information on specific girls who should be considered for ranking or updates on their achievements, please send it by email to girlsrankings@usawrestling.org. The quality of these rankings continue to improve as people choose to share updated information.

100 lbs. TOP RANKED

**Brianna Gonzalez, Senior
Baldwin Park, California
Arroyo High School**

2. Ava Ward, Freshman, Centralia, MO, Centralia High School
3. Alex Szkotnicki, Junior, Riva, MD, Calvert High School
4. Erin Hikiji, Senior, Mililani, HI, Mililani High School
5. Angie Dill, Junior, Eagle Bridge, NY, Salem Cambridge High School
6. Emilie Gonzalez, Senior, Baldwin Park, CA, Arroyo High School
7. Angelina Cassioppi, Freshman, Roscoe, IL, Hononegah High School
8. Gabriella Gomez, Freshman, Carol Stream, IL, Glenbard North High School
9. Madison Avila, Senior, Madera, CA, Los Banyos High School
10. Gigi Bragg, Freshman, Anoka, MN, Anoka High School
11. Olivia DeGeorgio, Senior, Conroe, TX, Woodlands College Park High School
12. Valerie Solorio, Sophomore, Panama City, FL, Mosely High School
13. Mary Manis, Freshman, Orlando, FL, Ponte Vedra High School
14. Erica Pastoriza, Junior, Phoenix, AZ, Wyoming Seminary (PA)
15. Kealonia Vega, Junior, Kissimmee, FL, Osceola Kissimmee High School
16. Juliana Alejandro, Junior, Las Vegas, NV, Centennial High School
17. Riley Banyas, Junior, Amherst, OH, Elyria High School
18. Aspen Blasko, Freshman, Forest Lake, MN, Forest Lake High School

19. Isabella Morales, Senior, Toppenish, WA, Toppenish High School
20. Kayla McKinley-Johnson, Senior, Des Moines, WA, Federal Way High School
21. Hayley Snyder, Sophomore, Vincent, OH, Warren Local High School
22. Ashlyn Eli, Senior, Nixa, MO, Nixa High School
23. Jayleah Pletz, Junior, Shillington, PA, Governor Mifflin High School
24. Megan Spencer, Sophomore, Fairbanks, AK, Lathrop High School
25. Isabella Bocanegra, Junior, Glendale, AZ, Liberty High School

106 lbs. TOP RANKED

**Audrey Jimenez, Sophomore
Tucson, Arizona,
Sunnyside High School**

2. Paige Morales, Junior, Clovis, CA, Central High School
3. Nyla Valencia, Senior, Morgan Hill, CA, Ann Sobrato High School
4. Faith Cole, Senior, Pacific, MO, Wildwood High School
5. Karlee Brooks, Sophomore, Phoenix, AZ, Valiant College Prep High School
6. Sterling Dias, Senior, Las Vegas, NV, SLAM Academy
7. Julianna Ocampo, Freshman, Elhart, IN, New Haven High School
8. Ana Malovich, Freshman, Butler, PA, Butler Senior High School
9. Kaelani Shufeldt, Senior, Huntington Beach, CA, Marina High School
10. Sierra Chiesa, Freshman, West Springfield, PA, Northwestern High School
11. Molly Allen, Freshman, Underwood, IA, Underwood High School

12. Chloe Dearwester, Sophomore, Cincinnati, OH, Harrison High School
13. Reanah Utterback, Freshman, Eddyville, IA, Sigourney-Keota High School
14. Clare Booe, Sophomore, Tarpon Springs, FL, Palm Harbor University High School
15. Virginia Foard, Junior, Reva, VA, Wyoming Seminary (PA)
16. Makenzie Smith, Sophomore, Dale, IN, Heritage Hills High School
17. Eliana Martinez, Senior, Allen, TX, Allen High School
18. Morgan Johnson, Junior, Greeley, CO, Loveland High School
19. Marisol Rodriguez, Sophomore, Fremont, CA, James Logan High School
20. Heather Crull, Freshman, Modoc, IN, Northeastern Middle School
21. Avery Martinez, Senior, Amarillo, TX, Canyon Randall High School
22. Avery Kibelbek, Senior, Limestone, TN, Wyoming Seminary (PA)
23. Kaylee Annis, Junior, Thurston, OR, Thurston High School
24. Evelyn Holmes-Smith, Freshman, Enterprise, AL, Enterprise High School
25. Anna Cullens, Junior, Wellington, KS, Wellington High School

112 lbs. TOP RANKED

**Cecilia Williams, Freshman
Lansing, Michigan
Holt Lutheran School**

2. Zao Estrada, Sophomore, Hilton Head, SC, Hilton Head High School
3. Kiely Tabaldo, Junior, Sunnyvale, CA, Menlo-Atherton High School
4. Anaya Falcon, Sophomore, Yorba Linda, CA, Rowland High School